



# AGAWAM

## Advertiser News

CAR-RT SORT \*\* CR11  
Central Library  
Cooper St.  
Agawam, MA 01001

Volume XVII Number 29

"Your Hometown Newspaper"

July 21, 1994

## Ag. Vets' Agent Named Number 1

by Peggy Showmaker  
Advertiser News Feature Writer

Veterans' Agent Ruth C. Bitzas of Agawam is the first woman to be awarded the Dan Watson Memorial trophy for outstanding service to Massachusetts veterans, making her the state's "Agent of the Year."

State Commissioner Thomas J. Hudner, a Congressional Medal of Honor recipient who served in the Korean War, made the presentation in June when veterans' agents from all over the state met in Falmouth for their summer conference.

Mrs. Bitzas, who served for three years with the 26th Air Division during the Korean conflict, is director of the Western Hampden District that includes Agawam, Southwick, Tolland, and Granville. Her office is in the Town Hall, former site of the Police Department. The office provides benefits and services to veterans and their dependents in this District.

The trophy is considered the most sought-after award among state veterans' agents and is presented annually. Hudner added to the suspense by referring to the recipient as a "he" while listing the winning agent's contributions.

Mrs. Bitzas said she coveted the award since she first saw it about 10 years ago because the trophy bears the famous logo of Father Flannigan's Boys' Town. It is a statue of a boy carrying a smaller boy on his back and the inscription "He ain't heavy Father, he's my brother."

SEE RUTH BITZAS - Page 2...

## Open Pantry Needs More Help

by Holly Pevzner  
Advertiser News Staff

It does not matter whether you are from a big city or a small town. It makes no difference if you are young or old. It does not care what your race or religion is. Hunger, homelessness, and misfortune knows no prejudice. No one organization knows that fact better than **The Open Pantry**.

The Open Pantry has been catering to the less fortunate of Western Massachusetts for 10 years. Not long ago, the West Springfield Open Pantry revised its name to "better define the area [they] serve," explained the President of the Board of Directors of the Open Pantry, Donald Conklin.

Forty percent of all the individuals helped by the efforts of The Open Pantry are from right here in town. This fact prompted the powers that be to rename the West Springfield Open Pantry the Agawam/West Springfield Open Pantry.

Although the name has changed, its purpose has not. The people of The Open Pantry continue to supply the disadvantaged with food, clothing, and counseling. Another thing that has not changed much over the past several years is the number of people who need the services of the Agawam/West Springfield Open Pantry. An estimated 11,000 local people have been assisted this past year. One would think that since the numbers in need haven't fluctuated too much, the funding would probably remain fairly steady. Not so.

SEE OPEN PANTRY - Families Section...



AGAWAM VETERANS' AGENT RUTH BITZAS was recently named the state's top agent. She is being congratulated by Mayor Christopher C. Johnson (left) and Town Council President James Taylor. Advertiser News photo by Jack Devine.



IT'S PEOPLE LIKE Joan Zinkin, Betty Sheldon, and Tina Albano who help the Agawam-West Springfield Open Pantry feed the hungry and homeless throughout the year. Advertiser News photo by Jack Devine.



**RUTH BITZAS - from Page 1...****Memorial To A Friend**

The trophy is also a memorial to Dan Watson, a friend of Mrs. Bitzas, who was veterans' agent for Athol. He was slated to be installed as president of the State Association of Veterans' Agents but died a few days before the installation.

The wording on the trophy, to be displayed in the local Veterans' office, is inscribed, *Dept. of Veterans Services, Commonwealth of Mass., Dan Watson Memorial Award, Presented to RUTH A. BITZAS, 1994.*

As district agent, her responsibilities are administering Chapter 115 (a needs program) of the Massachusetts General Laws, and assisting veterans and/or their dependents in obtaining benefits available to them on the federal level through the Department of Veterans' Affairs. She also serves as burial agent, providing proper burial for indigent veterans. And with Agawam Veterans' Council, she coordinates patriotic events for Agawam, including the Memorial Day ceremonies and Veterans' Day observances.

Mrs. Bitzas submitted a resolution in 1990 to Mayor Christopher C. Johnson requesting the Phelps School Green (School and Main Streets) to be named the Agawam Veterans' Memorial Green. It was approved by the Town Council.

At the request of Mayor Johnson, she initiated a Memorial Bench Program in 1991/92 to give residents an opportunity to buy a bench with an engraved (bronze) memorial plaque in memory of a loved one (\$100). Leftover funds form an account for repainting. Seventy-two benches were placed throughout the town. Mrs. Bitzas said in a recent interview that most of the applicants got the locations they requested.

**Instrumental In Raising Funds For Gazebo**

Along with fellow members of the Agawam Veterans' Council, she raised \$3,208 for construction of the Gazebo at Veterans' Green. Volunteers from Springfield Home Builders Association and area residents helped with the foundation, and the carpentry work was done by the town Building Department.

Upon the death of resident Andrew C. Gallano, who was chairman of the Memorial Bell Committee, Ruth oversaw the completion of the Agawam Veterans' Memorial, which is the centerpiece of Veterans' Green, and it was dedicated on Memorial Day in 1989.

A long range goal of Mrs. Bitzas's office is to work with Agawam Veterans' Council to raise funds to erect an Honor Roll of all town veterans

who served during a war time era who served their country honorably. "So far we have raised \$516.37 from a meatball supper, and have received a \$100 donation," she said.

Called The Graves Project, Mrs. Bitzas said that in 1987 they started raising veterans' graves that were sinking. The office is now completing power-washing of veterans' tombstones, especially the older ones. "When more state funds are available, we will do more work," she said. Agawam received \$4,300 for the project.

Mrs. Bitzas and her administrative assistant, Dianne Moreau, compiled a comprehensive listing and historical facts regarding Agawam's Civil War veterans at the Military Division of Historical Research in Natick. It will be published in booklet form and presented to the Agawam Library and to the public in 1995 on the occasion of the 130th anniversary of the end of the Civil War.

On the state level, Mrs. Bitzas served on an advisory committee addressing privatization of services. She wrote a guidebook of procedures for towns to use in forming legal districts to assure accessibility of an agent for veterans. The booklet is used statewide.

"I know district work," she declared. "Our office is open daily for veterans of my district and if they are unable to come in, I make home visits."

She has also served two terms as president of Western Mass. Veterans' Service Offices Association. She has been on the legislative, ethics, and advisory committees of that group.

**Known As Enthusiastic, Compassionate**

The wife of Harry Bitzas, she is the mother of four children, grandmother of seven, and has five step-grandchildren. She is known as an enthusiastic and compassionate person. She recalls attending a Columbus Day Parade with her tiny grandson shortly after she was appointed Veterans' Agent about 10 years ago. As representative units of the armed forces marched by, she cried because she was so happy thinking, "Now I will be able to help them." She was only in the job about two weeks, she said, "when I knew I had found my niche."

A letter of congratulations from State Deputy Commissioner Owen McNamara seems to confirm her thoughts. It states in part: "Commissioner Hudner and I appreciate the fine job you are doing. We respect you tremendously because your personality and commitment has always graced the compassionately constructive concerns you have raised. You have been a true and trusted leader of the highest standard and one who it is a pleasure to know and do business with."

**Regular Council Mtg. Agenda For August 1st**

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Special Council Meeting of 6/27/94; Minutes - Regular Council Meeting of 7/5/94; Minutes - Special Council Meeting of 7/11/94
5. Declaration from Council President.
6. Presentation of Petitions, Memorials & Remonstrances

**(a) Resolutions**

1. TR-94-19-Resolution-Zachary Estates Easement

2. TR-94-20-A Resolution Authorizing a Loan Order in the Amount of \$1,650,000.00 for the Acquisition of Property on Main Street; the Construction of a New Fire Headquarters; and the Acquisition of a New Fire Pump Truck (Mayor).

3. TR-94-21-A Resolution Authorizing an Order of Taking Under the Authority of Section 1 of Chapter 79 of the General Laws of the Commonwealth of Massachusetts for the Property known as 792 Main Street (Assessor's Map K9-2-17); 798 Main Street (Assessor's Map K9-2-16); and Main Street (Assessor's Map K9-2-15) in Agawam, Hampden County, Massachusetts (Mayor).

**7. Report of Council Committees****8. Elections**

None.

**9. Public Hearings**

None.

**10. Old Business****(a) Orders**

1. TOR-94-6-An Ordinance to Amend Chapter 49, Sections 7(1) and 7(8) of the Code of the Town of Agawam (Mayor)(Third Reading)(Tabled on 7/5/94).

**11. New Business****(a) Orders**

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**ADVERTISER NEWS**

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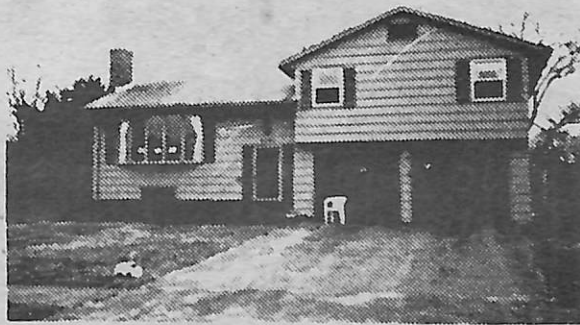
AFFORDABLE Starter home, Lots of Potential - needs TLC - nice large lot!

**Rose Caney** 732-8738  
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**FEEDING HILLS**

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**AGAWAM**

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**Rose Caney** 732-8738  
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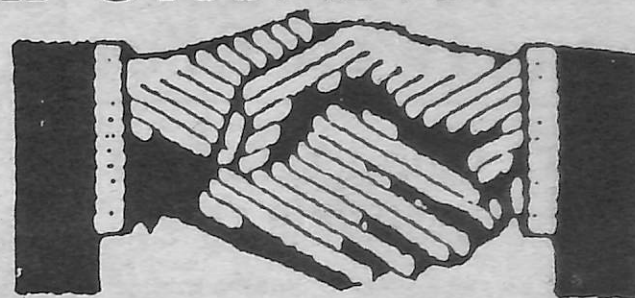
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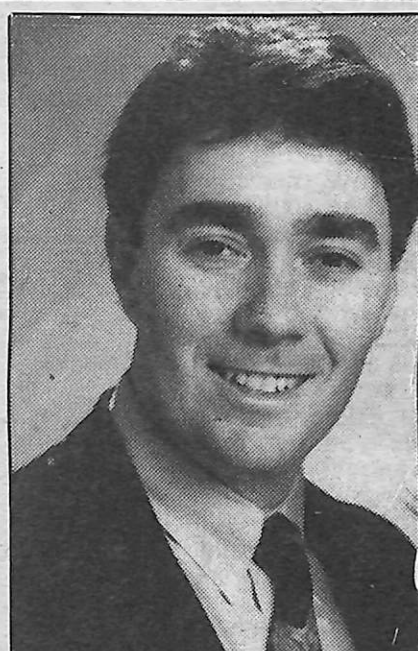
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## Letters To The Editor

### Cable TV Outreach To Send Ag. 5th Graders Into Orbit

#### To The Editor:

Though the idea of sending fourth and fifth graders into orbit may sound like a plot to decrease the student population, a plot it's not. This September, Continental Cablevision is reaching out to Agawam science teachers with an out-of-this-world science contest for fourth and fifth grade students.

The contest, dubbed "Suit Up for the Space Shuttle," has been launched by The Discovery Channel and Continental Cablevision to help teachers ignite a spark in the minds of young scientists.

Created by U.S. Space Camp educators, "Suit Up for the Space Shuttle" is a two-week lesson plan of activities that culminates with four-person student teams building space suits. In addition to local prizes, grand prize-winning teams and their teachers will go to U.S. Space Camp in Huntsville, Alabama, for a five-day "space mission."

"Suit Up for the Space Shuttle" is designed to generate excitement about studying science and promote teamwork in classrooms.

Parents and teachers of children in the fourth or fifth grades are encouraged to write for details about the contest by sending a self-addressed, stamped envelope to Science Contest, Continental Cablevision, 1127 Main Street, Springfield, MA 01103.

Sincerely,  
Dave J. Lusignan  
Educational Outreach Asst.  
Continental Cablevision  
1127 Main Street  
Springfield, MA 01103  
Phone: (413) 731-8298

### Staff Of Public Library Lauded For Commitment

#### To The Editor:

We would like to take this opportunity to publicly thank the staff of the Agawam Public Library for their commitment to our young people. The summer reading program is now in full swing and it is a huge success! We are very lucky to have such dedicated librarians and volunteers who go out of their way to make this program fun and educational.

We realize this is a statewide program, but we are also aware that in some communities the children are kept in the "Read to me" program until at least second grade. Agawam allows the child to be read to or to read, according to the child's ability.

If you have not been to the library lately, we encourage you to stop by. You will find the hallway lined with "passports"; each child "travels" 500 miles for each hour of reading. We know of children who are in the higher grades who have traveled to Australia, Paris, etc., but what we find

most encouraging are the children who, like our daughter, are entering first or second grade and are slowly making their way across the country!

We know that this year's program is a bit more involved than some have been, but that is precisely what makes it more encouraging for the children. Even if they never win a prize in the weekly drawings, they have a sense of accomplishment because they are reaching a goal.

Please join with us in traveling the world through reading, and especially in thanking our tour guides—the very special group of people who work at the Agawam Public Library!

Kathy & Bob Glista  
Feeding Hills

### Hosting Foreign Students Was Indeed A Pleasure

#### To The Editor:

From July 7th through the 13th, we had the pleasure of hosting two AFS students for the Bus Stop in Agawam.

Alex from Germany and Sam from Thailand quickly settled in and felt just like part of our family. It was hard to say goodbye, but we traded addresses, took pictures, and promised to keep in touch.

Thank you to the Gallerani family for getting us involved with AHS and this experience! It was wonderful and we can't wait to do it again next year. We're hooked!

Chris, Phil, Brian, and Evan Machos  
Agawam

### Activist "Facts" Given To Middle School On AIDS

#### To The Editor:

The people involved in presenting the AIDS subject matter to the parents at the Middle School this spring, were quoting information furnished by activist groups rather than real facts.

The subject matter was questioned with specific figures from the Center for Disease Control which were Federal figures. We were told that there is an epidemic that will overtake the heterosexual community by the year 2000. We were told that condoms would protect our children from this dreaded disease if they were instructed properly on the use of them. Well, the figures for 1993 have been gathered and guess what?....They were wrong.

When you go through the figures and remove all other diseases that are used to inflate the AIDS figures, you will find that the two percent drop among the heterosexual community stands out. That is right—a drop, not an increase.

Everyone must be using condoms, right? Wrong. The Food and Drug Administration still publishes that no condom company can advertise that condoms will prevent AIDS. Why do we advertise in our AIDS classes that they do?

In fact, on CNN during the *Larry King Show* a few weeks ago, two members from the Gay Alliance admitted that a known leader in their group died of AIDS and he believed in condoms as safe sex. The leader was one of the pushers for the use of condoms as a means of safe sex. He paid with his life.

We, the public, are being lied to by the activist groups who are receiving money as long as the panic is kept alive. On the *Vicki Lawrence Show*, she told her audience that 170,000 teenagers had been diagnosed with AIDS in 1991 and 1992. (The actual number was 318.)

It is time we clean out our School Committee of

the members that are pushing the present program. They are not doing their homework. They should be expelled for incompetence and for spreading indecency among our young people. Not to say, also, that they are putting lives of our children at risk. Can they be sued for contributing to the delinquency of a minor?

Very truly your,  
Stu Smith  
Agawam

### SHAA Is Positive Influence On Town's Young People

#### To The Editor:

I would like to respond publicly in a positive manner to the SHAA commissioner and all the coaches who volunteer their time each year to the sport of baseball!

My sons have enjoyed the SHAA since age five. I have three sons and each one of them has learned a great deal about the sport of baseball! I wish to personally thank the SHAA Commissioner, Mike Brunelle, as well as each and every coach that my sons have ever played with!

Their time and efforts have taught my sons more about this sport than I ever could have hoped to do! As a young boy, I didn't have the opportunity that the dedication of the coaches here in Agawam provide the youth in this town. My hat is off to all of them!!

As with any public work, the coaches are often unfairly criticized by a small minority of the people, in this case, by the angry parents of one particular youth in Agawam. As the old saying goes, "If you can't say something good, don't say anything at all."

The contents of the article titled "Winning Championship Only Goal Of Youth Baseball Team" didn't have one single positive comment. Are these parents minutely aware of how many young kids do not even get the chance to play in youth sport programs? I hope that they decide next year to volunteer their time to the SHAA and perhaps justify their unfounded, negative comments towards the SHAA commissioner and the coaches.

SEE LETTERS - Page 5...

## COMMUNITY CALENDAR

Sponsored By  
COLONIAL FUNERAL HOME

Saturday, July 23rd  
Fundraising car wash by  
AHS Wrestling Booster Club  
At Agawam Middle School  
9:00 a.m. to 3:00 p.m.  
Cost: \$2 per car

Tuesday, July 26th  
Free support group for widows  
and widowers (sponsored by  
Forastiere Family Funeral Homes)  
At St. Paul Lutheran Church,  
181 Elm St., East Longmeadow  
7:00 to 9:00 p.m.  
No pre-registration required  
Call 733-5311 for more info

Tuesday, July 26th  
Agawam Chapter of  
Mass. Citizens For Life  
At the Agawam Police  
Station Community Room  
7:30 p.m.  
Call 789-4117 for more info

Thursday, July 28th  
Concert by Agawam Summer Band  
At AHS circle (or in AHS  
in case of inclement weather)  
6:30 p.m.

Friday, August 5th  
Nocturnal Adoration Society of  
Agawam and West Springfield  
At Sacred Heart Church, F.H.  
7:00 to 11:00 p.m.



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## LETTERS - from Page 4...

I also hope that in future articles, the parents can remain truthful in their statements. I know for a fact that their statistics about attending 98 percent of all practices and 100 percent of all games is not correct. Other claims of not informing parents in schedule changes is also false, as is their claim of using the two female coaches to keep the young players preoccupied. What is it that Mr. & Mrs. LeFave are really angry with?

**Once again, "hats off" to the SHAA commissioner and all SHAA coaches!**

I challenge Mr. & Mrs. LeFave of Agawam to get actively involved in the SHAA instead of condemning it and the people who dedicate their time to helping the youth of our town!

Where would our kids be, and what would they be doing without the SHAA and the coaches? Let's get real! Most of us know it is easier to criticize than to give praise. Give the commissioner a call today and put your name in the hat for next year's coaching staff, help make changes you propose, and my hat will be off to you as well!

Thankful parent,  
Dale Wyman  
Agawam

## Treatment Of Town Employees A Disgraceful Affair

**To The Editor:**

**WHERE DOES PAUL SUTTON GET OFF?**

Apparently, Mr. Paul Sutton, of this Town, feels he has the right, as a personal friend of the Mayor, to harass and intimidate FEMALE Town employees.

During the week of June 20th, 1994, Mr. Sutton entered the Town Assessor's Office in a fit of rage. Apparently, Mr. Sutton was of the opinion that unlike the average citizen, he is not required to have the proper documentation in his possession when requesting a tax rebate.

When Mr. Sutton was informed that he lacked the necessary documentation, he flew into a rage (is it coincidence that this boorish behavior was directed at three FEMALE office employees?) and verbally assaulted the clerk who was attempting to do her job.

The clerk's assistance was based on Town/Office policy—not any self-devised plan to antagonize Mr. Sutton or any other citizen of the Town of Agawam. Mr. Sutton so intimidated and traumatized the ladies in the Assessor's Office that not one of them attempted to move for help out of fear that he would have physically attacked them.

Mr. Sutton (all six-foot-plus, 250-pounds-plus) found it necessary to get into the face of the clerk assisting him at the counter, shake the glass window, and pound his fists on the counter like a wild man. Screaming in her face, Mr. Sutton ordered the clerk to do as he directed because "...I pay your salary..."

For the past 2½ weeks, the Town of Agawam had paid the salary of this clerk with zero production in return. Because of Mr. Sutton's outrageous behavior, the town clerk who was verbally assaulted has been to counseling; has had to undergo an EKG as the result of a panic attack; and has been on medication to help calm her down while home on sick leave. How much of this cost to the Town did Mr. Sutton reimburse?

I believe Mr. Sutton forecasts weather for a living. The station which pays his salary makes money through advertisement revenue. We, the consumers, determine the cost the station can charge for advertising based on viewership percentages.

Does this mean that we pay Mr. Sutton's salary? If so, does that give us the right to assail Mr. Sutton each and every time an erroneous weather forecast spoils one of our picnics or ballgames?

I attempted to call both the Mayor and Mr. Sutton regarding this incident. I was expecting an "I'm sorry" from Mr. Sutton and perhaps some reassurance from the Mayor that he had discussed this inexcusable incident with his friend, and that no one else's wife, sister, or mother would be subjected to this type of behavior while working in the Town Hall.

As you've probably gathered, I received no response from either party, except Mr. Sutton hanging up the receiver in my ear when I identified who I was.

Unfortunately, citizens don't normally get involved unless the action strikes at home. Well, this incident did strike at home—the town clerk who was traumatized by Mr. Sutton's outrageous actions is my wife.

But whether it be my wife or someone else's wife, sister, or mother, I believe this type of behavior is totally inexcusable. How would the Mayor have reacted if it were a member of his family, or Mr. Sutton if it had been his daughter, sister, or mother?

I hope they both consider that possibility and address this situation accordingly. I further hope that the Mayor is concerned enough about Town employees to address this issue.

As the leader of the Town of Agawam, the Mayor should provide policy guidance to all department heads regarding the appropriate actions to be taken by Town employees to guarantee their safety should an incident of this type reoccur.

Armand S. Berthiaume  
Agawam

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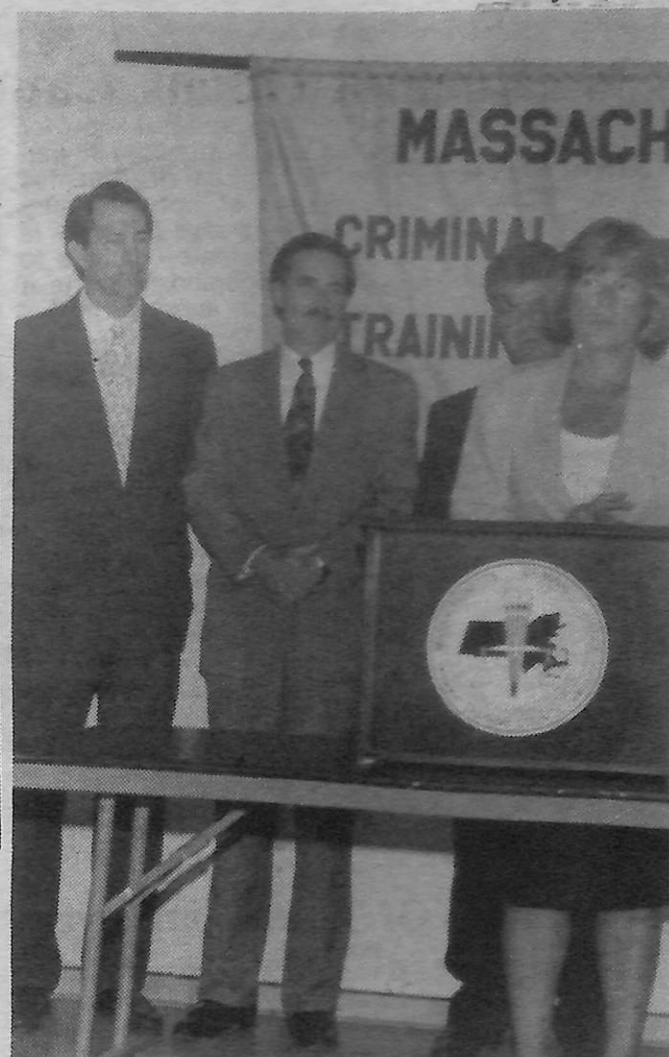
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Alexander's...**







STATE OFFICIALS CONVERGED ON THE WESTERN MASS. Law Enforcement Training Academy in Feeding Hills to announce the creation of a satellite crime lab at a cost of \$150,000. Advertiser News photo by Jack Devine.



STATE SENATOR LINDA J. MELCONIAN announces the creation of a crime lab at the Western Mass. Law Enforcement Training Academy in Feeding Hills. Looking on are District Attorney William Bennett (left) and State Rep. Michael P. Walsh. Advertiser News photo by Jack Devine.

## Melconian, Local Officials Praise Approval Of Satellite Crime Lab For Training Academy

Senator Linda J. Melconian (D-Springfield) has announced that after many years of advocating and pushing to establish a crime laboratory in Western Massachusetts, the Governor has approved \$150,000 in the FY'95 budget for a satellite crime lab in Western Massachusetts.

"Each year for the past six years, I have filed legislation, budgetary initiatives, or both, to equip and staff a Western Mass crime lab. After years of malignantly ignoring the criminal evidence needs of Western Mass, Boston has finally acquiesced," stated Melconian.

Hampden County District Attorney William Bennett praised Senator Melconian for "her pugnacious efforts in securing the necessary funding and congratulates her colleagues for their support."

The new Western Mass Crime Lab will be operated and staffed by the Massachusetts State Police for the benefit of all Western Massachusetts police and fire departments, joint arson squads, and the four county District Attorneys.

The laboratory, a satellite of the State Police Lab now located in Boston, will provide a more timely response by State Police technicians and

experts to the scene of the crime, allowing evidence to be expediently secured and gathered for analysis. According to the State Police, the Western Mass laboratory staff could include up to four chemists who will perform initial chemical analysis and testing.

Currently, according to the local police departments, there is often a several-month delay in the processing of evidence submitted to the State Police lab in Boston.

"The proximity of the lab to our Western Mass cities and towns will provide public safety officials quicker results of testing and drug analysis and enhance prosecution of cases in Hampden County," stated District Attorney Bennett.

Additionally, the location of the lab in Western Mass will also reduce expenses that city and town budgets now incur to have officers transport evidence for processing in Eastern Massachusetts. This satellite lab in Agawam will allow local police and fire departments to decrease costs associated with transporting evidence and redeploy these costs and personnel to other areas of crimefighting.

### LEGAL NOTICE

### LEGAL NOTICE

#### TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will meet on Thursday, July 28th, 1994 at 7:00 PM, in the Faolin Peirce Community Room, at the Agawam Police Station, 681 Springfield Street, Agawam, MA. The purpose of this meeting will be to hear the Request for Determination of Applicability for J.R.S. Realty for property located on Suffield Street.

Henry A. Kozloski, Chairman  
Agawam Conservation Commission  
Published: July 21, 1994

## Obsession Hair Design

*Harry*

(Formerly Of Hair & Co.)

*& Beth*

(Formerly Of Haircrafters)

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Kids' Cuts - \$2 Off (Reg. \$10 - \$12)

Adult Cuts - \$3 Off (Reg. \$12 - \$15 - Blow Dry Extra)

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Perms - \$8 Off (Reg. \$45 & Up)

Must Bring This Ad In With You To Get Discounts  
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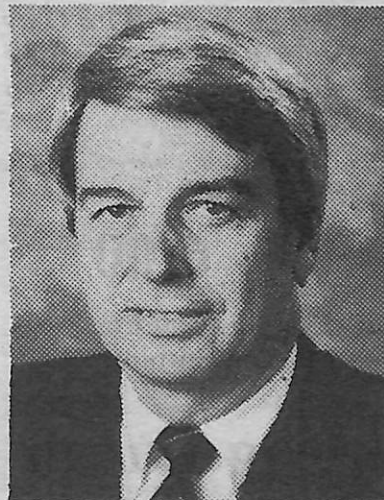
Feeding Hills

Phone 789-2611

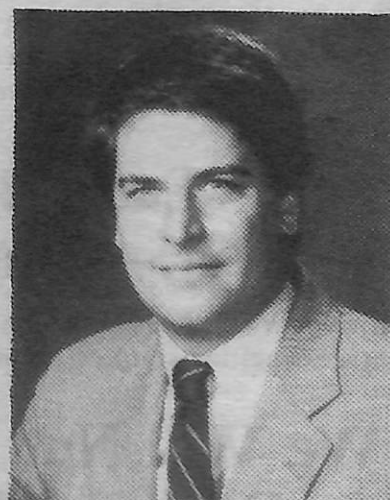
Walk-Ins Welcome

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**PEOPLE WHO KNOW YOU,  
PEOPLE YOU CAN RELY ON...  
TODAY AND TOMORROW.**



Richard J. Curran



Joseph D. Curran



**CURRAN-JONES FUNERAL HOMES**

109 Main St., West Springfield  
745 Cooper St., Agawam

EDWARD F. DAY FUNERAL SERVICES, 134 Chestnut St., Holyoke



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## Keenan Opens Campaign Headquarters



STATE REP. CANDIDATE DANIEL KEENAN (D) has opened his campaign headquarters at 333 Walnut Street Extension, Agawam. IN PHOTO BELOW, Art & Ernie Book of Agawam prepare campaign literature to be distributed. Keenan and supporters are officially opening the headquarters on Wednesday, July 27th.



## Fire Wise

by Fire Chief David Pisano

### Be Careful - Electricity Causes Fires

We rely on electricity to do so many things in our daily lives, from that first cup of coffee in the morning to the nightly news before we go to bed, and countless activities in-between.

To keep you and your family safe from electrical fires, the Agawam Fire Department encourages you to use the following guidelines:

- When you shop for appliances or tools, look for the mark of a recognized testing laboratory, i.e., Underwriters Laboratories (UL) or Factory Mutual (FM), on the box or appliance itself.
- If an appliance is hot to the touch, sparks, or does not operate properly, unplug it immediately and have it repaired or replaced.
- Portable appliances should only be plugged in when you intend to use them. Otherwise, keep them unplugged.
- On appliances with removable power cords, always unplug them at the source of power first.
- Be on the lookout for damaged or frayed cords and wires and replace when necessary. Take care not to kink, twist, or cut any cord.
- If an appliance has a three-prong plug, do not attempt to use it in a two-slot electrical outlet by

cutting off the third prong or bending it out of the way.

- Keep appliances clean and lubricated according to the manufacturer's instructions.
- Minimize the use of extension cords. They are designed for temporary use only and should be the right capacity for the tools or appliances on which they are used.
- If you are experiencing problems with blown fuses or tripped circuit breakers, have a qualified electrician check your electrical system.

If you have an electrical fire, remember you shouldn't use water to extinguish it; you could receive a severe shock. If you know the fire's source is electrical, turn the power off or pull the plug.

If the fire is small, put it out, but be prepared to evacuate the area and call the fire department. If you can't turn the power off, a multi-purpose (ABC), dry chemical extinguisher can be used.

As long as it's used safely, electricity can greatly improve the quality of life. For additional information, contact the Agawam Fire Department at 786-2662.

## Agawam Crime Prevention... The Dangers Of Speed (Methamphetamine)

by Detective Wayne Macey  
Agawam Police Department

Otherwise known as crystal, crank, or speed, methamphetamine is an extremely powerful stimulant affecting the nervous system. Used for many years as the chief ingredient in the manufacture of diet pills, "meth" has enjoyed widespread popularity.

Officials of the Drug Enforcement Administration are now acknowledging that usage of this particular drug is out of control. One of the main advantages to the marketing of methamphetamine is the fact that unlike cocaine and marijuana, there is no dependency on foreign countries for the cultivation and exportation of the crude product.

Speed is processed in total through the cooking of certain easily-obtained chemicals in "crank labs" throughout the western part of the country. Properly processed, \$175 worth of raw chemicals will yield one pound of pure methamphetamine.

Diluted to half-strength through the use of any number of adulterates, the resulting two pounds will sell on the street for \$32,000. Combine the ease of production and marketing with the benefit of a longer lasting high, and it's easy to understand why methamphetamine looms as a potential national drug crisis for the 1990's.

\*\*\*

While its current abuse is most prevalent in western states such as Texas, California, Oregon, and Arizona, speed markets are opening up in states as far east as Florida. Increased pressure on dealers and the closing of many crank labs in the western states have forced operations further east.

A popular pastime among some motorcycle groups, the production of methamphetamine can be accomplished with the renting of a house, some basic cooking utensils, and the right "precursor chemicals." The number of clandestine labs capable of producing "meth" have tripled since 1983, with 775 of them being shut down last year alone.

It is estimated that for every lab shut down, five remain untouched; in 1987, the production in San Diego reached 20,000 pounds. Law enforcement is simply unable to supply enough manpower and equipment to cope with this rapidly expanding problem.

A number of California-based companies have been seized by federal and state authorities for knowingly selling drugs in the processing of methamphetamine. Hospitals are reporting cases involving complications from this drug have doubled, and related deaths are up 80%.

Doctors, counselors, and law enforcement officials are coming in contact with addicts exhibiting a pattern of agitated behavior bordering on paranoid schizophrenia. Also on the increase is the number of speed-related homicides.

According to Ron D'Ulisse, a federal D.E.A. agent, "The problem is astronomical." Another reason for its popularity is the misguided belief that methamphetamine does not carry the deadly reputation associated with cocaine.

\*\*\*

Methamphetamine is only one on a long list of drugs available to those who seek an "edge" in the day-to-day struggle to survive. Competition is keen and stress loads will sometimes become exaggerated to the point where an inability to cope is experienced.

Caught without the inner strength and character to adjust, methamphetamine becomes temporary relief at a very permanent price.

#### LEGAL NOTICE

#### LEGAL NOTICE

#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, on 68 Main St., on THURSDAY, AUGUST 4, 1994 at 6:45 P.M. o'clock, for all parties interested in the appeal of BENJAMIN DELISO, who is seeking a Special Permit in accordance with Sections 180-69 and 180-71, Paragraphs G 5 and A of the Zoning Ordinances, which would allow for the construction of a single family residence in an area of Town which has been found to lie within the flood plain at the premises identified as LOT NO. 5, SCHOOL STREET.

By order of the Board of Appeals,  
Ronald A. Hebert, Chairman

Published: July 21, 1994



## Melconian Applauds New Finance Law On Political Campaigns

Senator Linda J. Melconian (D-Springfield) has announced the recent signing of a new campaign finance law that will change the relationship between lobbyists and legislators, and which will also require more detailed reporting by both parties.

"The state's new campaign finance law, Chapter 43 of the Acts of 1994, will become effective January 1st, 1995. This legislative initiative was the second of four major legislative measures prioritized by the Massachusetts State Senate this year," pointed out Senator Melconian.

She continued, "With the enactment of this legislation, Common Cause, the Citizens lobby, decided that it would not seek a referendum for a new campaign finance law on the November ballot."

Highlights of the new legislation are:

- Reporting requirements are dramatically increased for lobbyists and their employers by requiring reports which must now detail which bills they lobbied for, whom they contributed to, and listing their expenses in relation to the bills that they were lobbying. Any gifts from lobbyists are strictly prohibited.

- Public financing only affects candidates who are running for a statewide office and requires that people who are running for a statewide office agree to spending limits in order to qualify for these moneys. Public funds will first, fully fund the gubernatorial race and then proportionally disperse the remaining funds among other statewide offices.

- Current \$1 tax add-ons will be switched to a tax check-off which will then be applied to the state election campaign fund; tax liability will not be increased for the individual filer.

- Also, the new law reduces the maximum individual campaign donation from \$1,000 to \$500. Individuals will not be allowed to donate more than a total of \$12,500 to candidates in any year.

- Lastly, Chapter 43 of the Acts of 1994 will provide equal media time for candidates for office on either radio, television, or in newspapers.

Because of the timing of this new legislative initiative, the state's new campaign finance law will not be in effect for the candidates who are currently running in the 1994 races; they will be reporting under the 1994 statutes.

If you have any questions or would like a copy of this law, please feel free to contact Senator Melconian's district office at (413) 786-6033.

## Bitzas & His Family Campaign In Southwick



STATE REP. CANDIDATE GEORGE BITZAS had his first "Meet the Candidate Night" at the Southwick Congregational Church on Tuesday, July 12th. Bitzas would like to thank everyone who came to meet him. Bitzas said it was important to go out and meet the people to discuss the issues and listen to their problems and concerns. His second "Meet the Candidate Night" will be in Feeding Hills on Tuesday, July 26th from 7:00 to 9:00 p.m. It will be held at the new campaign headquarters at 886 Springfield Street, Feeding Hills. All residents of the Third Hampden District are invited to stop by and meet the candidate. Bitzas is pictured with his wife, Peggy, and their children - Chris, Peter, and Katherine, greeting motorists in Southwick.

### LEGAL NOTICE

#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main Street, on THURSDAY, AUGUST 4, 1994 at 6:30 P.M. o'clock for all parties interested in the appeal of BENJAMIN DELISO, who is seeking a Special Permit in accordance with Sections 180-69 and 180-71, Paragraphs G 5 and A of the Zoning Ordinances, which would allow for the construction of a single family residence in an area of Town which has been found to lie within the flood plain at the premises identified as LOT NO. 4, SCHOOL STREET.

By order of the Board of Appeals,  
Ronald A. Hebert, Chairman

Published: July 21, 1994

### LEGAL NOTICE

#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main Street, on Thursday, July 28, 1994 at 6:30 P.M. o'clock, for all parties interested in the appeal of McLEAN REALTY CO., INC. DBA ALLEN LAWNMOWER

### LEGAL NOTICE

CO., INC., which is seeking a Special Permit in accordance with Section 80-7, Paragraph B-2 of the Zoning Ordinances, which would allow for the construction of an addition with less than the required side yard at the premises identified as 197 MAIN STREET.

By order of the Board of Appeals.

Ronald A. Hebert  
Chairman

Published: July 21, 1994

### LEGAL NOTICE

#### TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main Street, on THURSDAY, JULY 28, 1994 at 6:45 P.M. o'clock, for all parties interested in the appeal of ALAN L. FERRIGNO, ESQUIRE, who is seeking a Special Permit in accordance with Section 180-88 of the Zoning Ordinances; which would allow for the installation of a sign within the setback at the premises identified as 546 SPRINGFIELD STREET.

By order of the Board of Appeals.

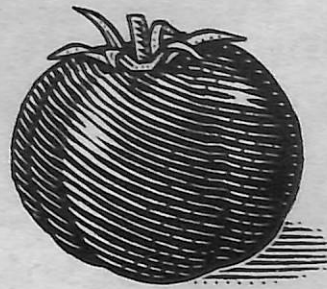
Ronald A. Hebert  
Chairman

Published: July 21, 1994

**You turn our pages  
every week for all  
the hometown news  
ADVERTISER NEWS**

*It's tomato time!*

*It's the end of July, and that can only mean one thing: fresh tomatoes from our field! Red, ripe, and juicy, they're perfect for salads and sandwiches—or just bite into one—they're delicious any way you eat 'em. And we have all the fixin's for that salad as well: fresh lettuce, cukes, peppers, radishes, summer squash—and tasty salad dressings, too.*



**E. Cecchi Farms**  
ROUTE 57, FEEDING HILLS

*"Everything you'd grow if you had 40 acres."*





## Families

### AAA Travel Agency Offers Tips On How To Hold Family Reunions

Getting your relatives together for a family reunion can be a wonderful experience. But like most things, its success depends on proper planning, said the AAA Travel Agency.

"Arranging such a gathering of family members may seem impossible," stated Cathleen Novak, Travel Agency Manager of AAA, "but it's manageable once you answer some basic questions about location, accommodations, and date."

When choosing a destination, there are as many possibilities as there are family members. Here are some criteria to consider:

- **Convenience** - Select a location near a major airport so it is easily accessible and offers service from a variety of airlines.

- **Activities** - Choose an area that offers sightseeing and lots of activities. You may have family members who will want to extend their vacations beyond the reunion or take side trips to local attractions.

- **Price** - Exotic locations may be nice but are not practical for a wide range of budgets, ages, and interests. Choose an area that will give you a price most everyone can afford. Cruise ships and resorts are popular for reunions because of their all-inclusive pricing packages that include meals, activities, and shows. Baby-sitting is often available.

- **Preference** - The family hometown can be a wonderful site for a reunion. So can a resort by the ocean, or a cruise ship or a big hotel in a major metropolitan area. Developing a consensus among your relatives will help ensure greater participation.

\*\*\*

Many kinds of accommodations are appropriate for a family reunion, from huge resorts to cozy inns. Depending on your family size, you'll want a place that can hold at least one large reunion dinner. It also should have separate areas so relatives can congregate as a group, separate into smaller parties, or spend time as couples.

When picking a date, consider that relatives with school-age children may find it easier to attend a reunion in the summer or around a long holiday weekend. Depending on the activities planned, choose the time of year with appropriate weather. Your travel agent can tell you when a destination is less crowded and whether off-season discounts are available.

Remember, the larger the gathering, the longer the planning time. It may take 18 to 24 months to coordinate a reunion for a large family scattered across the country.

For help, contact a travel agency experienced at arranging group tours. This type of expertise is necessary to help put your family reunion together. A full-service travel agency, such as AAA Travel, can provide information on locations, accommodations, transportation, and group discounts.

Through its network of AAA offices across the United States and Canada, AAA Travel Agencies can assist your relatives wherever they live. Locally, visit or call your local AAA Travel Agency in West Springfield (150 Capital Drive, [413] 785-1381) for advice.

"The main things to remember are to keep the price affordable, the food plentiful, and to have activities for everyone to enjoy," Novak said. "If you've got all this, and good weather too, your reunion should be a success no matter where you hold it."

### Doreen And Jeffrey Dower Announce Birth Of Daughter, Nicole

Congratulations to Doreen and Jeffrey Dower on the birth of their daughter, Nicole Jeanne.

Nicole was born on May 12th, 1994 at 1:17 a.m. She weighed six pounds, eight ounces, and measured 20½ inches long.

The proud grandparents are Dick and Jeanne Sardella of Feeding Hills, and John and Mieke Dower of Freeport, Illinois.

Best wishes to the new addition to the Dower family!

*For all the local news, you turn our pages every week!*

### Site Of Proposed New Fire Station

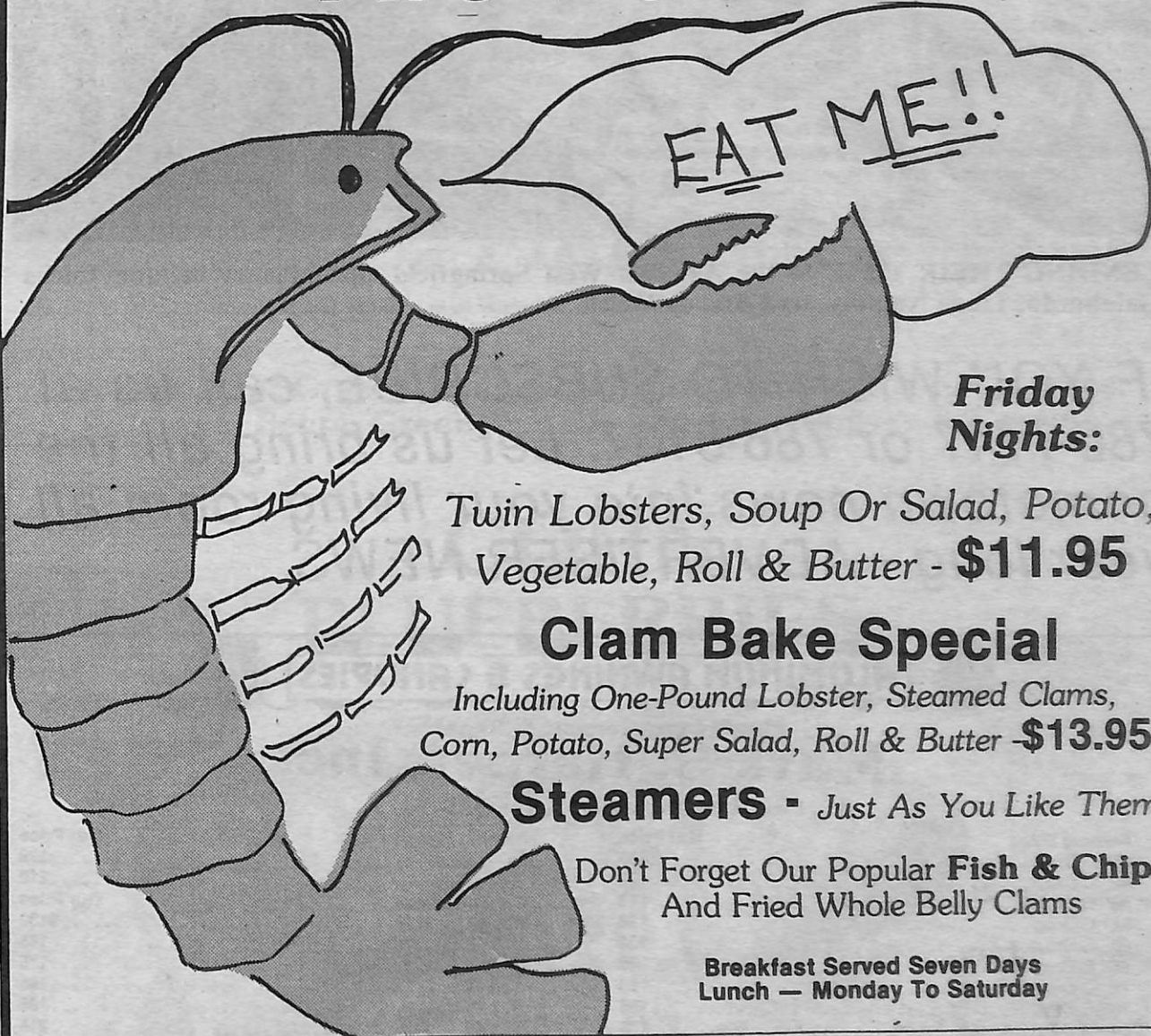


MAYOR CHRISTOPHER C. JOHNSON has proposed the above site on Main Street, just south of Agawam Center for the new Agawam Fire Station. Town Council is scheduled to vote on the proposal at its next meeting. Members of the Fire Department support the site.

Advertiser News photo by Jack Devine.

**BIRTHDAY CARD ADS are \$25 with photo, \$15 for smaller ad without photo.**

## Twin Lobsters Are Back!



**Friday Nights:**

Twin Lobsters, Soup Or Salad, Potato, Vegetable, Roll & Butter - **\$11.95**

### Clam Bake Special

Including One-Pound Lobster, Steamed Clams, Corn, Potato, Super Salad, Roll & Butter - **\$13.95**

**Steamers** - Just As You Like Them

Don't Forget Our Popular **Fish & Chips** And Fried Whole Belly Clams

Breakfast Served Seven Days  
Lunch — Monday To Saturday

**PARTNERS**

485 Springfield Street  
Agawam 786-0975





THE AGAWAM/WEST SPRINGFIELD OPEN PANTRY is located at 1023 Main Street, West Springfield. Advertiser News photo by Jack Devine.



LENDING THEIR TIME to the Agawam/West Springfield Open Pantry include Telena Galoburdo, Linda Nummy, and Brenda Welch. Advertiser News photo by Jack Devine.

**IF YOU WISH TO SUBSCRIBE, call us at 786-7747 or 786-8137. Let us bring all the hometown news into your living room all year long - ADVERTISER NEWS.**

### ALUMINUM AWNINGS & CANOPIES

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East Longmeadow, MA • 525-7477

#### Awning Sizes

	Our Price
36" C Drop	\$95
42" C Drop	104
48" C Drop	119
54" C Drop	126
60" C Drop	138
66" C Drop	149
72" C Drop	158
78" C Drop	165
84" C Drop	175
90" C Drop	185

#### Awning Sizes

	Our Price
96" C Drop	199
102" C Drop	210
Canopy Sizes	Our Price
48 x 42	\$130
60 x 48	165
66 x 48	175
72 x 48	185
78 x 48	195
84 x 48	215
90 x 48	225

• Roll-Up or Fixed • Wide Variety of Colors • C Drop fits up to 60" High Windows

• NEW OR REPAIR • WASH & WAX • QUICK INSTALLATION & SERVICE

If Units are not installed within 2 weeks from the time order is placed, a 10% DISCOUNT will be given. MA. Registration No. 111601

### OPEN PANTRY - from Page 1...

#### Forty-Four Percent Reduction In Donations

There has been a reduction of 44 percent of donations from 1992. This wonderful organization cannot run on good intentions alone. Much money is needed. Conklin told *The AAN*, "Donations need to increase or we will be forced to reduce our number of days of operation."

The Open Pantry has already had to cut back its meals. As of July 7th, food is no longer distributed on Thursdays. Before this, the Agawam/West Springfield Open Pantry served breakfast and lunch five days a week, and dinner once a week.

Conklin first got involved with the Open Pantry 10 years ago. He said, "A poor child I had seen was in need of all the help that could be given." Since then, he has been working hard at the Open Pantry, putting in seven years on the board and now serving as the president.

Conklin explained how The Open Pantry is doing more than feeding some hungry mouths. "There is a new Child-Parent Program which helps young, single mothers get back into the mainstream. Young, single mothers aren't aware of government programs that may help them. We secure help. There are also advocates available to help people with an abuse problem."

One thing that the Agawam/West Springfield Open Pantry is never low on is volunteers. The good people of Agawam put in about "25 to 30 percent" of the individuals who donate their time to the Open Pantry. "We have plenty of volunteers from the very young to the old," said Conklin.

All in all, there are about 50 to 75 volunteers to help out the five staff members at The Open Pantry. These giving people spend their time preparing food, sorting clothes, bagging groceries, and performing maintenance.

#### In Need Of Food And Clothing

Besides time and money, The Agawam/West Springfield Open Pantry needs food and clothing. Conklin said since The Open Pantry operates solely on donations and grants, the public's support is a must.

Conklin broke down how many are helped by The Agawam/West Springfield Open Pantry for *The AAN*: 25,000 free meals are served; 1,900 households receive clothing; 2,900 get groceries, and of that number, 1,400 are children.

If it were not for the services of The Open Pantry, "a lot of [these people] would have major problems," stated Conklin. Even though the funds have been diminishing, Conklin remains optimistic. "When the communities of Agawam and West Springfield have been asked to do something for the Open Pantry, they always come through with flying colors. Once they understand [our need], I am confident the donations will grow."

To help raise money for The Agawam/West Springfield Open Pantry, a golf tournament will be held at the Shaker Farms Country Club on August 10th. The day will include Danish and coffee in the morning, followed by golf and dinner. There will be plenty of great prizes to be handed out; from a stereo and VCR to a vacation and Red Sox tickets. It is \$79 per player for all the day's events. Call The Open Pantry for more information.

Another fundraiser coming up this summer is a pancake breakfast at the Agawam Lions Den on the Eastern States Exposition grounds. On August 28th, from 8:00 a.m. to 12:00 noon, people of UNICO will be flipping the flapjacks for the public. Tickets will be \$3 for those over 12 years-old at the door. The Open Pantry expects between 500 and 600 hungry locals (netting about \$1,400).

The Agawam/West Springfield Open Pantry needs public support and money in order to operate. "Right now, money is our biggest crisis," says Conklin.

If you would like to help out, donations are accepted at 1023 Main Street, West Springfield.

Spring is here!! And the time is now to make sure that you have the most attractive home or business on the block.

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Edward White (413) 786-2366





**SPECIAL OLYMPICS ROLLERSKATER** Cathy Rahilly and her coach, Patricia Smith, are all smiles at the Rollaway Skating Rink last week. Also in photo are Heather Shary and Pat Shary who have worked with Cathy to prepare her for the competition. Advertiser News photo by Jack Devine.

## Rollerskater Cathy Rahilly Returns From Special Olympics With Gold Medals

Cathy Rahilly of Feeding Hills won gold medals in all three divisions (figures, dance, and freestyle) at the 1994 Regional Special Olympics held recently at MIT in Boston.

Skating to "There's No Business Like Show Business," Cathy was a show-stopper with her jumps, spins, and graceful interpretation of the music. Having won three gold medals, she has been nominated for international competition and, if selected, will compete in 1995 in Windsor Locks, CT, at the international level.

Cathy, the daughter of Ann and Ed Rahilly of 25 Hickory Street, is a student at Minnechaug Regional High School and skates at the Rollaway in Agawam. The owner, Susan Maiolo, as well as her son David and daughter Gay, have supported the Special Olympics for many years. They donate their facility for the athletes to practice in on a weekly basis and are very excited about the possibility of Cathy being chosen for the interna-

tional games.

"Cathy is an exciting, enthusiastic student, and a real pleasure to work with," says her coach, Pat Smith, also of Feeding Hills. "I will be thrilled if Cathy is selected, but even if she isn't, I am so proud of how far she has come this year. We have given her new music, a new routine, and a whole new look! She has worked very hard this year, and we are all so excited for her."

Special thanks for Cathy's achievements go to Pat Shary and her daughter Heather of Broadbrook, CT, who have volunteered their time to work with all the special athletes for several years now. They supervise their practices and help with their routines and give much encouragement. As Susan Maiolo put it, "We wouldn't be able to do it without them; they are very dedicated."

All the members at the Rollaway with Cathy the best of luck as the selection committee chooses their candidates.

## Support Group For Widows And Widowers Offered By Forastiere Funeral Homes

Monthly support groups designed specifically for those whose spouse has died are provided by the FORASTIERE FAMILY FUNERAL HOMES.

The next meeting will be held on Tuesday, July 26th, from 7:00 to 9:00 p.m. at St. Paul Lutheran Church, 181 Elm Street, in East Longmeadow. It is ongoing, 12 months a year. There is no pre-registration, nor commitment to attend.

Those wishing to participate need merely to go to the group of choice. The group is facilitated by Grief Counselor Lila Forastiere.

This support group is just one of the many programs included in the Forastiere's *OPTIONS*... for a brighter tomorrow. As part of the Forastiere Family Funeral Homes' continuous commitment to helping those who are grieving, the *OPTIONS* programs are offered to anyone in the community at no charge.

For further information, call 733-5311.

## Girl Scout Council To Celebrate 75th At Camp Bonnie Brae

Pioneer Valley Girl Scout Council will be celebrating the 75th anniversary of Camp Bonnie Brae in East Otis, MA, the oldest Girl Scout Camp in the U.S.A., with a special day-long event to be held Saturday, August 13th at the camp.

Activities will include tours of the camp, historical exhibits, swimming, boating, hiking, singing, games, crafts, decade photos, as well as special ceremonies, V.I.P. speeches, and the presentation of the Jan Maloney Campership Fund and Master Site Plan.

Registration fee for the all-day event is \$4 per person, with meals optional at \$3 and \$4 for lunch and dinner, respectively. Round-trip bus transportation from Springfield will be available at \$10 per person.

Overnight tent lodging is also available on a first-come, first-served basis at \$2 per person. The registration deadline is August 1st.

Over 500 Camp Bonnie Brae alumnae from all over the country are expected to attend this very special celebration. Founded in 1919, Camp Bonnie Brae is one of the few camps belonging to the American Camping Association's Pioneer of Camping Club that have operated for more than 45 years. The concept of the "buddy system" and the "C.I.T." (counselor in training) program both originated at Camp Bonnie Brae.

For more information on attending the 75th Anniversary of Camp Bonnie Brae (or Camp Edith G. Newell), please contact Pioneer Valley Girl Scout Council at 525-4124 or 1-800-639-7047.

## IRS Has News For Those Who Buy New Homes

The IRS says there's good news and bad news for some people buying new homes. The good news is that a person can frequently postpone taxes on profits realized from the sale of a primary home. The bad news is, losses from such sales are not tax deductible.

When buying a new home costing as much as or more than the adjusted sales price of the old home, taxpayers can postpone paying taxes on any gain. The new home generally must be purchased within two years before or two years after the sale of the old home.

For tax purposes, the amount realized from the house sale is the selling price of the old home minus selling expenses. Such selling expenses include commissions, advertising, and legal fees.

"Fixing-up expenses, such as painting and repairing broken windows, cannot be considered selling expenses, but usually can be used in figuring the part of the gain that can be postponed," said Francine Crowley, Boston IRS District Director. The gain from the sale is the amount realized minus the adjusted basis of the old home.

"For those tax purposes, home is defined as: a house, cooperative apartment, condominium, houseboat, or mobile home," added Crowley.

More information on the buying and selling of homes can be found in IRS Publication 523, "Selling Your Home," and Publication 530, "Tax Information for First-Time Homeowners."

To obtain these free publications, call IRS toll-free at 1-800-829-3676.

Check our classified

Now Picking Our Own **FIELD** Tomatoes (Delicious)

Also From Our Fields...

**Lettuce, Beet Greens, Yellow & Green Squash, Pickles, Cukes, Cabbage, Beets, Green & Yellow Beans, Peppers & Carrots**

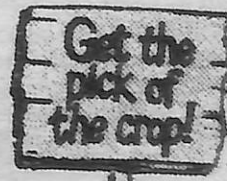
**CORN  
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We're Open - Stop In Today!

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## Ag. Senior Center's Weekly Lunch Menu

**Monday, July 25th:** Pork chow mein, fluffy white rice, summer squash, oatmeal bread, nectarine.

**Tuesday, July 26th:** Turkey vegetable soup, pepper steak on roll, peppers & onions, chocolate pudding pie with whipped topping.

**Wednesday, July 27th:** BBQ pork rib, potato rounds, mixed vegetables, whole wheat bread, apple turnover.

**Thursday, July 28th:** Baked chicken breast, mashed potatoes, butter-nut squash, pumpernickel bread, pineapple chunks.

**Friday, July 29th:** Tunafish salad, potato salad, cucumber/tomato salad, rye bread, jello with fruit.

(Menu subject to change without notice.)

## Storowton Village Getting Ready For Popular Kids Camp

History is more than just names and dates. Give your kids a chance to experience 19th century American history without hitting the books at Storowton Village Museum's Early American Summer Day Camp, located on the grounds of Eastern States Exposition in West Springfield.

Early American Summer Day Camp is open to children ages seven through 12 and will run for two sessions, August 1st-5th and August 8th-12th, from 9:30 a.m. to 3:30 p.m. Spaces are available in both sessions.

This unique experience will take place at Storowton Village Museum, an authentically reconstructed 19th century New England village. Under the guidance of experienced Village staff members, campers will have the opportunity to take on unusual and creative challenges such as paper making, creating a scarecrow, milking a cow, making cheese, and churning butter. These are only a few of the activities kids will participate in as they are transported back in time.

Each day of camp will have its own exciting theme and every day will be a new experience for Early American campers.

**Monday: "Leave Today Day"** - Campers will assume the roles of 19th century Americans by donning the authentic style of dress of their forebearers. Children will meet new friends while trying on the excitement of a different era.

**Tuesday: "Dairy Day"** - On this day, kids will pay a visit to the Gilbert Farmstead, the first building ever to be reconstructed at Storowton Village. Campers will learn about some of the fundamental principals of dairy farming with hands-on activities like cow-milking and butter churning.

**Wednesday: "Handmade Day"** - Campers will learn creative new skills that were a necessity to Early Americans. These unique experiments in 19th century crafting include candledipping, harvesting herbs for homemade herb muffins and making apple cider with a cider press. Children will also spend time exploring villagers' homes and workshops.

**Thursday: "Wool Day"** - Campers will participate in traditional wool production when they witness sheep shearing and participate in wool carding and spinning as they learn the steps that take fleece from sheep to finished cloth.

**Friday: "Show-Off Day"** - The grand finale of this historical week. Campers will show off their new-found knowledge of times past by giving their visiting families a personalized tour of Storowton Village and demonstrating the creative and practical skills they have learned. Children will also put on an Early American performance for visitors on the camp stage that culminates their 19th century experience.

Children will also enjoy a myriad of additional memorable Early American activities and games while at Storowton's Early American Summer Day Camp. Register promptly for the remaining spaces still available.

The cost of each session is \$110 per camper. For more information on this historic experience for your child, contact Dennis Picard at Storowton Village Museum at (413) 787-0136.

## Agawam Rotarians Honor New Police Chief



THE AGAWAM ROTARY CLUB honored one of its own on July 7th at Alexander Restaurant, new Police Chief Robert Campbell. Campbell served as the Rotary Club's president in 1993-94. Campbell is pictured with members of his family. From left - Donald & Jeanette Campbell (parents), Marianne (wife), and children Christine, David, and Jeffrey. Advertiser News photo by Jack Devine.



AGAWAM ROTARY CLUB MEMBERS Kathy Ayre, Andrew Campbell, and new President Rosemary Sandlin congratulate new Agawam Police Chief Robert Campbell at a reception in his honor on July 7th. Advertiser News photo by Jack Devine.

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## New Police Chief Feted By Agawam Rotary



THE AGAWAM ROTARY CLUB held a reception for new Police Chief Robert Campbell at Alexander's Restaurant on Thursday, July 7th. Town officials were also in attendance, including, from left - John P. Stone, superintendent of public works; Christopher C. Johnson, mayor; Campbell; and Richard Light, police captain. RELATED PHOTOS ON PREVIOUS PAGE. Advertiser News photo by Jack Devine.

## Cecchi Boys Make Intersection Pretty



BOB (left) and DAVE CECCHI of E. Cecchi Farms in Feeding Hills donated flowers in barrels to help beautify the intersection on Springfield and Mill Streets in Feeding Hills last week.

Advertiser News photo by Jack Devine.

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## Agawam Obituaries

### James R. Davis

James R. Davis, 77, of 311 School Street, Agawam, a retired service technician for the former Petroleum Supply Inc. of West Springfield, died at home. He was also employed as an air conditioning and refrigeration maintenance technician.

Born in Agawam, he was a lifelong resident. He attended local schools and was a graduate of Agawam High School.

He was an Army veteran of World War II, serving with the 1816th Ordinance Service and Maintenance Company. He served in New Guinea and Southern Philippines. He received the Good Conduct Medal, the Victory Medal, the Asiatic Pacific Theater Campaign Ribbon, and the Philippine Liberation Ribbon.

He was a member of St. John the Evangelist Church, and the Veterans of Foreign Wars.

He leaves his wife, the former Lorraine M. (Willard) Leamy; a son, James M. of Springfield; four daughters, Kathleen L. Sharples of Westfield, Marilyn C. Koziol of Westfield, Diane M. Pariseau of Rowley, and Cheryl E. Davey of Greenfield; two brothers, Alfred of Springfield, and Raymond of Concord, California; four sisters, Mae Davis and Nellie Davis of Agawam, and Helen Brooks and Ramona Horgan of West Springfield; and 11 grandchildren.

A son, Richard D. Leamy, died in 1987.

The funeral was held in the Colonial Funeral Home and in the church, with burial in Hillcrest Park Cemetery.

Memorial contributions may be made to the Leukemia Society of America, Inc., Western Massachusetts Chapter, 31 Elm Street, Suite 552, Springfield, MA 01103.

### Evelyn Guyette

Evelyn (Armstrong) Guyette, 84, of 246 Main Street, West Springfield, died in Springfield's Baystate Medical Center.

Born in schooled in Agawam, she moved to West Springfield in 1954, and was a communicant of Immaculate Conception Church.

Her husband, Eugene Guyette, died in 1986.

She leaves a son, Eugene of Chicopee; three sisters, Edith Gates and Delores Provost of Agawam, and Dorothy Sanderson of Sarasota, Florida; five grandchildren, and seven great-grandchildren.

Her daughter, Geraldine Murphy, died in 1984.

The funeral was held at Curran-Jones West Springfield Funeral Home and in the church, with burial in St. Thomas Cemetery.

Memorial contributions may be made to the American Heart Association, 57 Suffolk Street, Holyoke, MA 01040, or the Multiple Sclerosis Society, 425 Union Street, West Springfield, MA 01089-9972.

## Community Grange To Hold Tag & Bake Sale

Community Grange, 47 North West Street, will hold a tag and bake sale on Saturday, July 23rd, from 10:00 a.m. to 4:00 p.m.

Raffle tickets will be sold, and refreshments will also be available for purchase.

*Check our classified*

## Agawam Restaurant For Sale By Owner

- Seats Approximately 100
- Gross — \$400,000
- Living Quarters — Long-Term Lease

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**Call 567-3366**



## Country Estates Of Agawam Welcomes First Elderly Resident At New Facility

On July 15th, 1994, after receiving its final approval from the Massachusetts Department of Public Health, Country Estates of Agawam—a spacious, 164-bed skilled nursing and rehabilitation center located at 1200 Suffield Street admitted its first resident last Friday, July 15th.

Situated on a magnificent 10-acre site on Suffield Street and in close proximity to Routes 57, 90, and 91, Country Estates will provide 24-hour skilled nursing care and a comprehensive range of supportive and rehabilitative services. With 66,000 square feet of space, the elegant and state-of-the-art facility offers a conducive and functional environment for all of its residents whether they require short-term, long-term rehabilitative, sub-acute, or respite care.

In addition to oversized private and semi-private residents' rooms, Country Estates offers large and well-equipped therapy areas. Along with its Physical Therapy Gymnasium and Occupational Therapy Suite, the staff of Country Estates will be able to utilize a Transitional Apartment in order to retrain residents who will be returning to their homes.

According to Robert Platt, principal owner of the facility, "Every element of Country Estates—the design, the lighting, the amenities, the selection of color and furnishings, and most importantly, the programs—carry out our goal to create a warm environment which affords each resident the maximum level of independence and dignity."

Country Estates of Agawam offers the resident a long list of amenities, including: individual heat and air conditioning along with cable TV and telephone outlets in all resident rooms; patios and a large enclosed courtyard; a beauty salon/barber shop; a gift shop; spacious sitting and living rooms; and a recreational therapy program that will operate seven days a week and will include some evening programs.

Connie Henning, Administrator of Country Estates, announces a Community Open House scheduled for Sunday, August 7th, 1994 from 2:00 to 4:00 p.m.

For further information about Country Estates, please call Gina Blackie, Director of Admissions, at (413) 789-2200.

## West Springfield Boys & Girls Club To Present Annual "Super Scoop"

The West Springfield Boys & Girls Club is holding its sixth annual "Super Scoop." The "all-you-can-eat" ice cream extravaganza is open on Saturday, August 6th from 11:30 a.m. to 5:00 p.m. and Sunday, August 7th from 12:00 noon to 5:00 p.m.

Look for the giant tent on the Park Avenue common across from the IHOP. Adults pay \$3 and children under 12 pay \$2 to enter the tent and eat as much ice cream as they want from seven different ice cream companies.

This year's participants are Hood, Brigham's, Ben & Jerry's, Dairy Mart, Colombo, Friendly's,

and Crowley Foods. Each booth will have four flavors from which to choose. Come sample all of the new flavors that are being introduced at this event. Local celebrities will be scooping during the weekend.

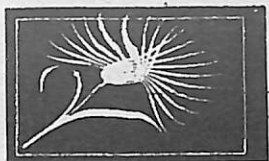
WMAS AM/FM will be providing music. There will be face painting and balloons for the kids. Advance tickets may be purchased for \$2 at the club on 615 Main St., West Springfield.

This is a major fundraiser for the club. All monies will go to the West Springfield Boys & Girls Club for its youth programs.



**COUNTRY ESTATES ADMINISTRATOR** Connie Henning welcomes Angela Desilets, the first resident to enter the new skilled nursing and rehab center. Advertiser News photo by Jack Devine.

*Check our classified pages today!!!*



## Country Estates of Agawam A Skilled Nursing and Rehabilitation Center

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State of the Art Luxury Nursing Facility (Public Invited)  
**Grand Opening Open House**  
Sunday, August 7th - 2:00 To 4:00 P.M.



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- PT Gymnasium & Transitional Apartment

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- Outdoor Patios with Wheelchair Height Gardens
- Social Work Services and Supportive Counseling

**Country Estates of Agawam is a 164 bed skilled nursing facility located on 10 beautiful acres convenient to Routes 57, 90 & 91.**

**For further information please contact**  
**Gina Blackie, RN. Director of Admissions 1200 Suffield Street, Agawam, MA**  
**(413) 789-2200 FAX: (413) 789-2269**



## Local Businesses Recognized By Agawam Beautification Committee

The Agawam Beautification Committee has installed plaques on each planter recognizing the businesses who have agreed to "adopt" them this summer. CHH Engraving donated the plaques that were installed by the Agawam Department of Public Works grounds maintenance crew.

During the spring, nine local businesses and civic organizations volunteered to "adopt" planters throughout Town. "Adoption" means weeding, removal of litter, and in some instances watering the planters. The Beautification Committee, in cooperation with the Agawam Recreation Department, organized the effort.

Given the good response from the community, a new planted area was prepared at the Agawam Country Club. The "Adopters" include Gerry and

Noella Coderre of the Agawam Public Market, Hampden County Chiropractic, Riverside Park, Conrad Fafard, Tim Daggett Gold Medal Gymnastics, Luigi's Pizza and Pasta, Fini's Plant Farm, the Corner Deli, the Agawam Junior Women's Club, and the Rotary Club.

The Beautification Committee also accepts monetary contributions. These funds are used to increase the number of planted areas and may also be used next year to begin a tree planting program.

This year the Beautification Committee received contributions from Lily of the Valley owner Mariann Bishop and the Feeding Hills Women's Club.

*Check our classified pages every week - AAN!!!*



AGAWAM BEAUTIFICATION Committee members, from left - John Zebryk, Zoafia Demko, Helen Lawrenchuk, and George Bitzas admire curbside flowers at O'Brien's Corner. Advertiser News photo by Jack Devine.

### Mercy Hospital Seeks More Blood Donors To Fill Up Bank

Mercy Hospital's Blood Bank reminds residents that giving the Gift of Life is especially important during the summer, when the need for blood increases, and the supply decreases.

Donors are given a free mini-checkup that includes blood pressure, blood iron, and cholesterol testing. As a special incentive in August, all donors receive a roomy Mercy Hospital canvas tote bag ... perfect for the beach, the gym, or shopping.

Donors must be at least 18 (17 with parental consent) and weigh at least 110 pounds. Blood Bank hours are Monday, Tuesday, and Friday, 8:15 a.m. to 4:00 p.m., with Wednesday and Thursday hours extended until 7:00 p.m.

Appointments are recommended. Call 748-9511 for more information.

### Mass. Citizens For Life To Meet On July 26th

The Agawam Chapter of Mass. Citizens for Life will meet on Tuesday, July 26th, at 7:30 p.m. at the Agawam Police Station Community Room.

All are welcome. For more information, please call 789-4117.

#### LEGAL NOTICE

#### LEGAL NOTICE

##### TOWN OF AGAWAM PLANNING BOARD

The Agawam Planning Board will hold a Public Hearing on Thursday, August 4, 1994 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Agawam, MA. The purpose of this hearing will be to hear the petition of the Agawam Planning Board for a change of street name of Lancaster Place.

BY ORDER OF THE AGAWAM PLANNING BOARD  
Charles R. Calabrese, Chairman

Published: July 21, 1994



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## AHS Class Of 1954 Planning 40th Reunion




THE AGAWAM HIGH SCHOOL CLASS of 1954 is currently making plans for a 40th reunion. From left - Betty Baszak, Joan Bonnello, Millie Pohner, Pudgy Phillips, and Delores Cichetti. Advertiser News photo by Jack Devine.

## Cake Decorating At Heritage Hall




DECORATING CUPCAKES at Heritage Hall Nursing Home (South Building) with staff member Nancy Edwards (standing) are residents Catherine Govoni, Pauline Bekes, and Bridie Scully. Advertiser News photo by Jack Devine.


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**AGAWAM — \$104,900**  
Corner Cooley/Walnut  
Great starter 7 Rm home. Recent renovations include vinyl siding, windows, roof, furnace, dining room & bath, w/fenced yard, 2 car garage/storage. Care to hear more details??

**9 Feeding Hills Road, Southwick, Mass. • (413)569-5393**

## Hatheway House Open For Tours On July 24th

Suffield: FREE tours of the historic Hatheway House, 55 S. Main St., Suffield, are for Suffield residents and their guests on Sunday, July 24th, 1:00 to 4:00 p.m.

Sponsored by The Antiquarian and Landmarks Society and the Hatheway House Committee, the free day is to share with the community the results of the extensive restoration work on the house over the last two years, said Claudia Hepner, Hatheway House Committee chairman.

In addition to the free tours, artifacts from the archaeological dig are on display, including oyster and clam shells, a 19th-century brick marked with a handprint, and a wide selection of 18th-century tablewares, including creamware, redware, glazed stoneware, pearlware, and export porcelain.

The Hatheway House is noted for its elaborate late-18th-century French handblocked wallpapers, imported by house owner Oliver Phelps, a land developer who was instrumental in opening up Connecticut's Western Reserve in Ohio.

Phelps added on the north wing, acknowledged by experts as the first example of neo-classical architecture in the Connecticut River Valley, in the 1790's, to show his Suffield neighbors how far he had come from his humble beginnings as a merchant's apprentice.

The Antiquarian and Landmarks Society is a statewide nonprofit historic preservation organization which owns 12 historic houses throughout the state. For a free brochure of these historic houses, write to the Society at 394 Main St., Hartford, CT 06103, or call (203) 247-8996.

## “Country Music BBQ” To Be Held At Christ Lutheran Church

Southwick: The entire community is invited to an authentic “Country Music Barbecue” on Sunday, July 24th from 2:00 to 8:00 p.m. (Raindate: August 14th).

Featuring live country music and home country cooking, the event will be held on the grounds of Christ Lutheran Church, 568 College Highway (Routes 10-57-202), Southwick.

Tickets are available at the Southwick General Store or at Christ Lutheran Church (\$10 adults; \$5 children, includes meal and entertainment).

Linedancing with Rustler's Edge will be featured, and a raffle drawing will be held. Proceeds benefit the Christ Church Children's Ministry.

For information, call 413/569-5151.

## Blandford's Annual Blueberry Bridge Game Slated For August 2nd

The Annual Blueberry Bridge Game will be held at the Blandford Club, Blandford, MA on Tuesday, August 2nd at 12 noon.

Refreshments will be available. There will be door prizes and raffles. Reservations are necessary by July 29th, and may be made by contacting Getta Martin (Westfield) at 568-7195, Betty Sanders (West Springfield) at 788-7252, or Mary Bush Sargent (Blandford) at 848-2787.

Cost is \$5 per person, \$20 per table. Checks payable to the Blandford Social Committee may be mailed to Mrs. Mary Bush Sargent, 21 North Street, Blandford, MA 01008.

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## Church News



### Timeless Truth For Today...

by Roger Martin, Pastor  
Agawam Church  
Of The Bible  
(786-7908)

### What Does Your God Look Like?

Recent polls indicate that over 90 percent of Americans believe in God. When you start talking to people about God, however, you will see that the statistic should be reworded this way: Over 90 percent of Americans believe in gods.

Why? Well, when you talk to people about "god," you will find that "he" takes on very different shape and character from person to person. Rush Limbaugh, in recent conversation with a radio listener, said in effect, "Your God may (such and such), but MY God wouldn't..." In other words, you have your god and I have mine.

The fact is, many Americans believe in god, the concept, rather than God, the person. As so many previous generations have done, we "make" our own gods. Just as others have formed "gods" out of wood or metal, we form our own "gods" in our minds.

We color him various shades of love, from permissive to restrictive. We give him as much power as we feel comfortable with. We add some holiness, often just enough for him to judge others, but not myself. We then define his expectations of us and finally place him nearby or watching "from a distance."

Now, if god is nothing more than a concept or idea, this "god construction" is relatively harmless, but if God is a real, personal being, then

"god shaping" is both foolish and dangerous. Foolish, because real things are defined by what they are rather than what you think they are. If you insist that President Clinton is a 70 year-old, black, female republican, you will get some strange looks. Why? Reality shows your "idea" to be off-base.

If God is a real being, it is very dangerous to define him on your own terms. Why? Well, your understanding of God will affect the way that you respond to him, and if your understanding is wrong, then your response will be as well. For instance, if you "think" God is simply a benevolent "Santa" who has no expectations, only gifts, then you will largely ignore him, except to request a little help now and then. If the "real God," though, does have expectations, then you have some real trouble.

The Bible has these sobering words for the "god-makers" of past generations, as well as our own: "Our God is in heaven; he does whatever pleases him. But their idols are silver and gold, **made by the hands of men.** They have mouths, but cannot speak, eyes, but they cannot see; they have ears, but they cannot hear, noses, but they cannot smell; they have hands, but cannot feel, feet, but they cannot walk ... Those who make them will be like them, and so will all who trust in them." (Psalm 115:3-8, NIV)

TRUTH: Self-made gods are helpless, and people who conceive them and trust them are deceived. Tragically, false concepts of God keep people from trusting the real, living God Who has revealed Himself in the Bible.

The Bible doesn't tell us everything about God, but reveals everything we need to know to respond to Him and thrive as His creation. His mercy, holiness, love, and justice all came together at a cross where He himself took the penalty for sin that you and I deserved. If we repent of our sin and receive the sacrifice of Jesus Christ, then we can have the eternal life with God that we were originally created for. Accept no substitute gods; put your trust in the Original!

## Calendar Of Events At Agawam Cong. Church

Our summer worship is at 9:30 a.m. this Sunday, July 24th, and will continue through September 4th.

Reverend Fuller's sermon this week will be "The Sin of Apathy." \*\*\*

A new member class begins this Sunday, July 24th, at 8:30 a.m. \*\*\*

The next softball game will be Sunday, July 31st, at 4:00 p.m. Meet at the Little League Field at Phelps School.

Bring your glove, bat, ball, and enjoy fun, friends, and food. All ages welcome! \*\*\*

Our church's 175th anniversary is just around the corner. The celebration begins on Friday, September 9th, with a music festival and an anniversary dance.

On Saturday, September 10th, we will have a parade and carnival from 10:00 a.m. to 2:00 p.m., and an anniversary dinner that night.

On Saturday, September 11th, there will be two special worship services at 9:00 and 11:00 a.m., and a special coffee hour with an anniversary cake.

Mark your calendars TODAY!

## Nocturnal Adoration Society To Meet At Sacred Heart In F.H.

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Sacred Heart Church in Feeding Hills to conduct and pray The Office of The Blessed Sacrament on Friday, August 5th, from 7:00 to 11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

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## THE AGAWAM BAPTIST CHURCH

**Invites You  
to Worship in their  
AIR CONDITIONED  
Sanctuary  
9:30 A.M. each Sunday**

The Summer program offers special music provided by local talent, including the ABC Bellringers and messages by interim Minister Harold Martin and guest ministers.

July 24 - "The King of Love" from Psalm 23

July 31 - "The Lord is My Helmet" from Psalm 27

August 7 - "Kindness is the Word" from Ephesians 4  
Holy Communion Sunday

August 14 & 21 - Rev. Gage Hotaling, Retired Minister,  
Church in the Acres

August 28 - "Through All the Changing Scenes" from Psalm 34

September 4 - "Trust In God Eternal" from Psalm 90  
Holy Communion Sunday

The Agawam Baptist Church is located at 760 Main Street, Agawam center.

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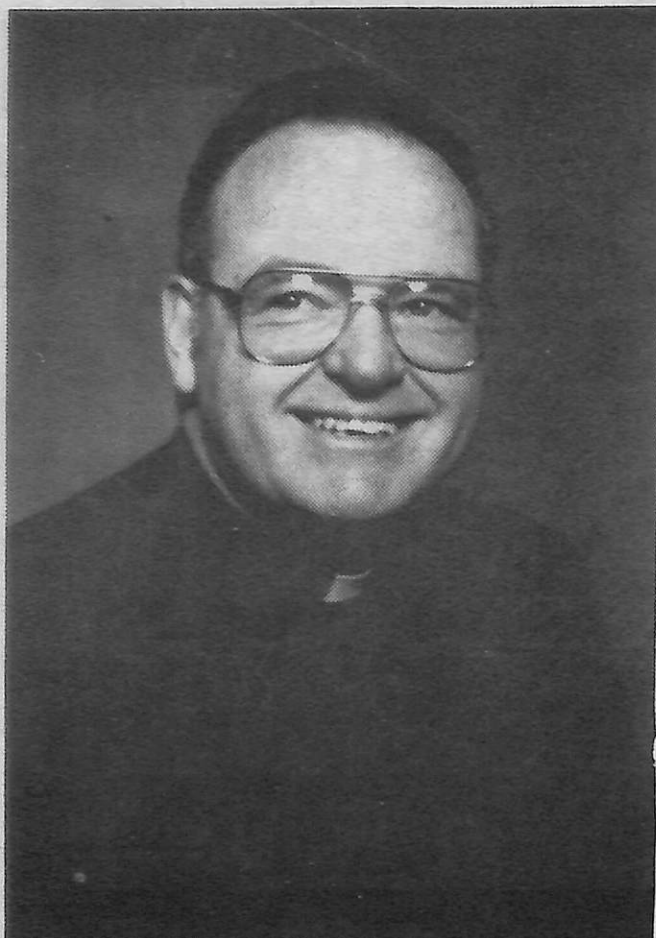
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## Church News - continued...



FATHER HOWARD W. MCCORMICK

### Korean Youth Singers To Visit Valley Comm. Church On July 30th

Valley Community Church will be holding a hymn-sing and a pot-luck supper on Saturday, July 30th.

The fun-filled evening begins at 5:30 p.m. in Dunn Hall at the church with a tummy-filling pot-luck supper. If possible, please bring along your family's favorite dish or dessert to be shared in fellowship.

We will then walk a few steps to The Red Door Theater for a grand hymn-sing led by The Greater Springfield Korean Presbyterian Youth Singers. Be prepared to be caught up in their enthusiastic spirit as you sing along to some all-time favorite hymns.

So mark your calendars, then call your family, your friends, and your neighbors and come on up the hill for a grand ol' time.

Valley Community Church is located HIGH ON A HILLTOP at 152 South Westfield Street in Feeding Hills.

### News & Notes From F.H. Congregational

The sermon title this week is "An' a-One, An' a-Two."

Join us if you can at 10:00 a.m.

\*\*\*

The Christian Education Board is pleased to announce the hiring of a Youth Director. Patsy Traficante will be setting up a program for our youth in the fifth grade and older.

Once this program is in place, she will start a program for our younger children. We welcome Patsy to our church family!

\*\*\*

Bring your children to church on Sunday and they will set sail with Noah's Ark.

Under the direction of Karl Moore, a video based on the story of Noah's Ark is being made during Sunday worship hour. Come on board!

\*\*\*

Please call the church office at 786-5061 to sign up for Vacation Bible School. The cost is only \$5 per child, with a maximum of \$15 per family.

The fun takes place from 6:00 to 8:00 p.m., August 15th through 19th, at the church.

*When mailing classified ads to our office (P.O. Box 263, Feeding Hills, MA 01030), please make sure that you write "Attention: Classifieds" on the outside envelope.*

### Father McCormick At St. John's Church

Reverend Father Howard W. McCormick has recently been assigned to St. John the Evangelist Church as pastor.

Father McCormick is a Springfield native where he attended Sacred Heart School and is a graduate of Cathedral High School, both of Springfield. He is also a graduate of Holy Cross College and Our Lady of the Angels Seminary, Niagara University.

He has served as pastor of St. Mary's Church in Lee, Massachusetts for the past 17 years.

Prior to that post, Father McCormick served as Director of Education for the Springfield diocese, which includes all of Western Massachusetts.

Father McCormick said, "I am looking forward to the opportunity of working with the parishioners of St. John's. May we all grow in our Christian vocation of witnessing Christ and radiating His Love."

### St. Thomas Women's Club Seeks Crafters For Fall Holiday Fair

The Women's Club of St. Thomas Church, West Springfield, is accepting applications from craft-people interested in participating in its second craft fair—The Holiday Fair—to be held Saturday, November 5, from 9:00 a.m. to 4:00 p.m. in the school auditorium.

For further information, please call 737-2166 or 736-4823.

*All the local news with us, each week*

## The Lobsters Are In! Every Thursday Special

### Twin Lobsters

# \$11.95

*Cooked Any Way*

*Includes Soup And Salad*

*Serving 4:00 To 10:00 P.M. Every Thursday*

*Reservations Accepted*

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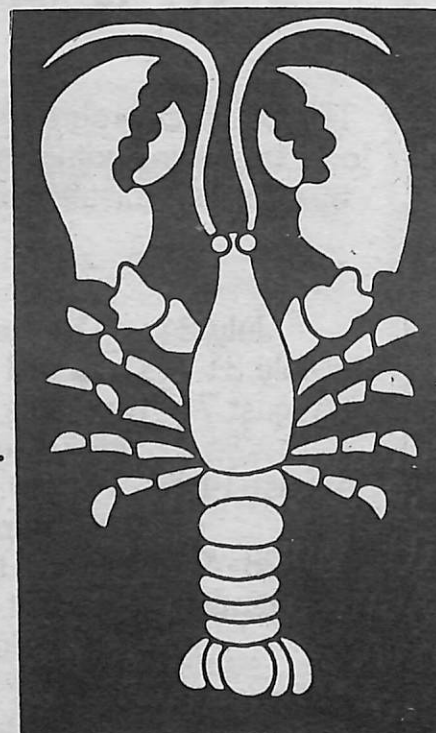
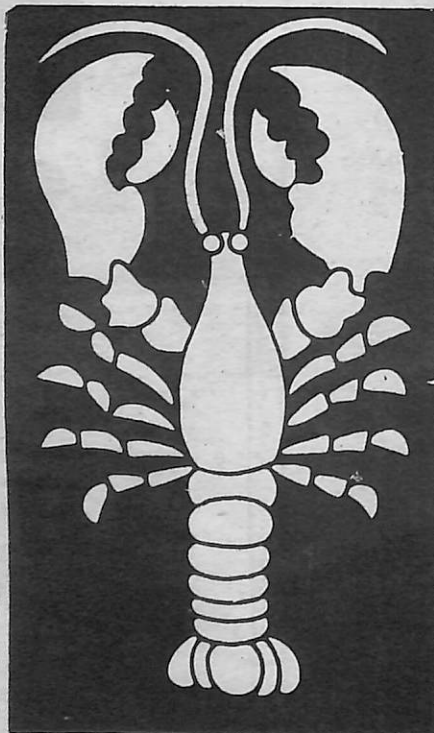
801 Springfield Street  
Feeding Hills

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*Serving Dinner*

Tuesday-Saturday  
4:00 To 10:00 P.M.

Sunday  
3:00 To 9:00 P.M.





**Church News - continued...****Vacation Bible School Slated For August At St. David's Church**

All are welcome to attend the Vacation Bible School to be held August 8th through 12th, sponsored by St. David's Episcopal Church, Feeding Hills. The school will run daily from 9:00 to 11:30 a.m. at the church building on 522 Springfield Street.

The five-day program includes classes for children in pre-school (age four) through grade six, with a maximum of 15 students per class. The biblical theme will be "Come Along With Jesus," focusing on God's plan for all people, calling them to live in peace and harmony with Him and with one another in His world.

Various songs and characters will be studied each day through song-filled, all-school assemblies as well as graded classes. Throughout each morning, students will be engaged in Bible Study, discussion, skits, visual demonstrations, and crafts, as well as a snack and recreation time.

A local missions emphasis will focus on gathering food for the needy through the West Springfield Open Pantry. The school will conclude on Friday, August 12th, with a half-hour presentation to parents and friends on how we can best come along with Jesus.

The school is open to one and all. Registration is limited, and pre-registration is required. Tuition is \$5 per child or \$12 maximum per family.

For further information or to register, please contact the church at 786-6133.

**Sacred Heart Church Slates Annual Tailgate Sale For Sept. 10th**

Sacred Heart Church on Springfield Street, Feeding Hills, is under way in its preparations for its Annual Tailgate Sale.

This event, sponsored by the Rosary Altar Society, will take place on Saturday, September 10th, from 9:00 a.m. to 3:00 p.m. (Rain date will be Sunday, September 11th, from 1:00 to 6:00 p.m.)

If you are interested in renting a space, please call Theresa at 786-4966. If you just want to browse, please keep this date in mind.

**Food N' Fun Festival At Trinity Church Slated For July 28th**

Trinity United Methodist Church, 361 Sumner Avenue in Springfield, is pleased to host guest carillonneur, Sally Slade Warner, as part of its 1994 Carillon Food 'n Fun Festival on Thursday, July 28th at 7:00 p.m.

Ms. Warner has been carillonneur at Phillips Academy, Andover, Massachusetts, since 1975, and at St. Stephen's Episcopal Church, Cohasset, Massachusetts, since 1985.

She holds the Final Diploma of the Royal Carillon School in Mechelen, Belgium and has toured extensively in Europe, Canada, and the United States. She has served on the Board of Directors of the Guild of Carillonneurs in North America, and is one of the Guild's delegates to the International Committee of the World Carillon Federation.

The featured food theme for the evening is "Tutti Fruit'ti." The concert is free, although donations will be accepted for all food items. You are also invited to bring a picnic supper to enjoy on the church lawn. The concert will be presented rain or shine.

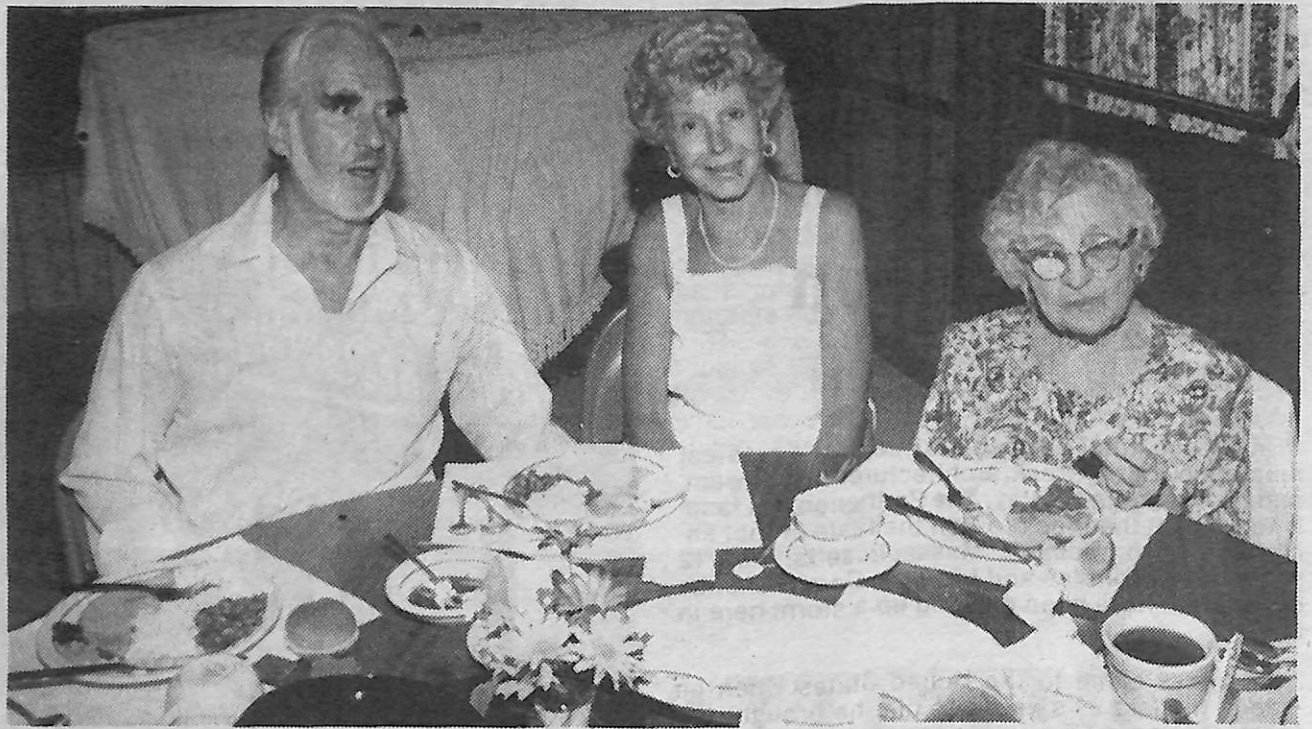
For information, contact Becky Isaacson, Trinity United Methodist Church, 733-4759 or 737-5311.

**West Suffield Cong. Church Seeks Vendors For Fall Harvest Fair**

West Suffield: Crafters and vendors are welcome for the West Suffield Congregational Church's Annual Harvest Fair, to be held Saturday, October 1st from 9:00 a.m. to 4:00 p.m., 1408 Mountain Road, West Suffield.

Booth space is \$25 each. Please send your check to B.J. Getsky, 1125 Mountain Road, West Suffield, CT 06093.

Up to 30 spaces will be rented.

**Buffet Supper At First Baptist Church**

ENJOYING A BUFFET SUPPER on a recent hot Saturday night at the Agawam First Baptist Church are, from left - Harry Meiklejohn, Doris Meiklejohn, and Elsie Durfee. Advertiser News photo by Jack Devine.



REVEREND HAROLD MARTIN and JEANNE WEBSTER were on the serving line for a buffet supper sponsored by the Agawam First Baptist Church. Advertiser News photo by Jack Devine.

**Agawam Congregational Church Gives Bit Of Its History In Celebration Of 175th Year**

Celebrating its 175th anniversary this September is going to be a big event for the Agawam Congregational Church. However, it must be noted that its beginnings were quite humble.

Each week, the church will present the readership of *The Agawam Advertiser News* with a brief history item about its roots in this community:

The Agawam Congregational Church was organized in September 1819, with 13 members.

Worship was held in an building purchased in 1799 by a group of townsmen from a sect in Suffield known as Separatists, and moved to Agawam by oxen and placed on the "Common" about 100 feet west of the present location.

The building was used in common by both the Baptists and Congregationalists and by other town groups. This building was used until the present one was built and dedicated in 1967.

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## Spotlight On Business

### Pananas Family Again Expands The Parthenon

by Holly Pevzner  
Advertiser News Staff

In Greece, the Parthenon is one of the greatest masterpieces of Greek architecture. In Agawam, and now in South Hadley, **The Parthenon** is a family restaurant that has brought the taste of that ancient land to Western Massachusetts. For 12 years now, Leonidas and his wife, Carol Pananas of Agawam have been cooking up a storm here in town.

Leonidas came to the United States when he was in his late 20's and with him he brought the taste of Greece. The Pananas family has lived in Agawam since 1972 and opened their restaurant doors that same year. **The Parthenon** does not limit itself to serving Greek cuisine alone, however. Carol explained that their "huge menu has American food, pizza, grinders, fish, and dinners. We have everything." Also, every evening there are posted dinner specials.

Not many eateries can claim having the same customers for over a decade, but **The Parthenon** can. As Carol said, "The customers stick with us." Through much positive word-of-mouth, **The Parthenon's** patronage has increased over the years. Now that **The Parthenon** has expanded, they have more room for their loyal fans.

#### Business Expanded In 1993

In July of 1993, the Pananas family increased the size of their establishment. Leonidas and Carol purchased the space adjacent to **The Parthenon** once occupied by Belmont Laundry. The restaurant did not simply knock down a few walls and call the expansion a success. Usually businesses raise prices when they relocate or expand. **The Parthenon** did not. "We did something different—we lowered the prices," explained Carol.

In addition to enlarging their Agawam restaurant, the Pananas family has brought their signature style of great food at a reasonable price to 475 Newton Street, South Hadley. **The New Parthenon** is open for business as of June 13th.



**THE PARTHENON**, owned and operated by the Pananas Family of Agawam, is located directly across the street from the Southgate Shopping Plaza on Suffield Street. **MORE PHOTOS ON NEXT PAGE.** Advertiser News photo by Jack Devine.

Whether it be in South Hadley or here in Agawam, **The Parthenon** is packed nightly. To keep up with the high demand and top quality, Leonidas & Carol have approximately 10 employees at each establishment. Be it the regulars or newcomers, the customers keep all those at **The Parthenon** hopping all night.

The restaurant serves both lunch and dinner. But the Friday dinner rush keeps everyone on their toes. If you can't get a hold of anyone between 5:00 and 8:00 p.m. on Friday evenings, they are probably at **The Parthenon**. As Carol says, "They keep us banging off the walls." To keep up with the heavy flow, five cooks and five servers are on hand. Though Friday is "the night" at **The Par-**

**thenon**, the same great food can be found seven days a week. The doors open at 11:00 a.m. each and every day and they don't close until 10:00 p.m.

#### Good Food ... Good Prices

When *The AAN* asked Carol why she thought **The Parthenon** has stayed so successful for so long, she responded, "We have good food and our prices are good." It's that simple.

If you are looking for a nice restaurant to take the family to, try **The Parthenon**. With its homey atmosphere and newly refurbished design, not to mention great food, it is definitely a place to check out.

Beer and wine are served with meals on the premises.



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**Spotlight On Business - continued...****Enjoy The Parthenon!**

CAROL & LEONIDAS PANANAS of Agawam are the proud owners of The Parthenon Restaurant on Suffield Street, Agawam. TWO OF THEIR loyal employees are Amy Hauser and Dolly LaGrange. SEE RELATED ARTICLE AND PHOTO on previous page. Advertiser News photos by Jack Devine.



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**Financial Planning**

by Howard A. Dickstein  
Certified Financial Planner  
IDS Financial Services  
Whitney Place, 14 Bobala Rd.  
Holyoke — 534-3883

**Focus On Long-Term Goals & Use A Disciplined Approach To Take Advantage Of Markets**

Many investors feel a bit nervous following recent volatility in financial markets. Bonds have lost value in share prices because of rising interest rates, and the stock market has taken us on a roller coaster ride because of inflation fears.

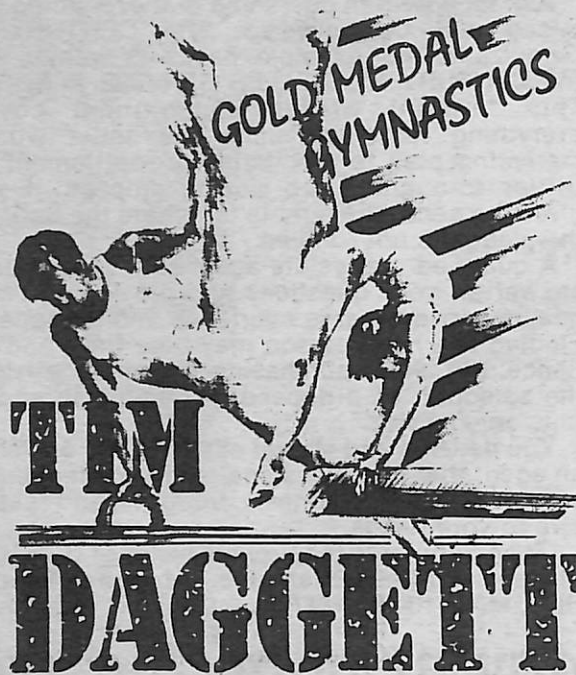
Some analysts predict that this "correction" in prices is not yet over and that we may be heading into a bear market. Other pundits say that the economic indicators are strong, and although the market may be choppy this year, the trend will be a continuation of the upward movement.

What we do know is that none of the experts can predict easily when any short-term gyrations will occur or how far the price swings will go.

No matter what direction the market takes, some of you may be wondering if a nice, quiet bank savings account or certificate of deposit would be a better place to put your money. Certainly watching your investment values fall is uncomfortable or even downright scary, but it would be a mistake to pull out of or avoid financial markets now.

The one-day crash of the stock market in October of 1987, for example, caused many panicky investors to bail out of their positions no matter what the cost. A look at the numbers, however, shows that holding onto stocks—rather than

SEE FINANCIAL PLANNING - Page 22...

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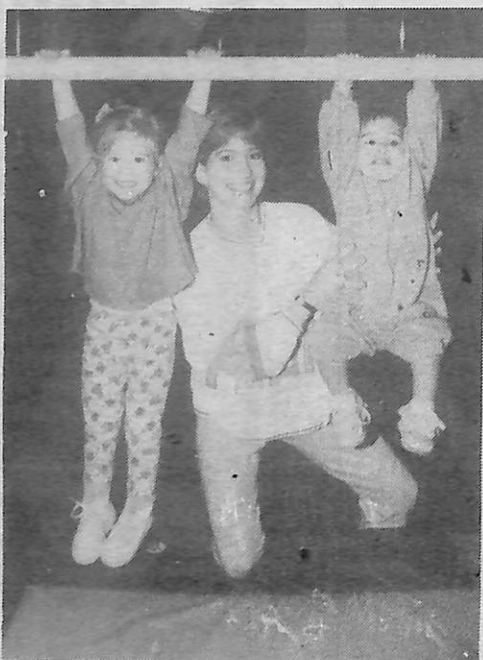
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## Spotlight On Business - continued...



by  
**John Schuler**  
Real Estate  
Consultant



**Newschu Real Estate, Inc.**  
20 Southwick Street, Feeding Hills

## Find An Agent Who Will Meet Your Needs!

Whether you're a buyer, a homeowner selling your current property or relocating to a different part of the country, the assistance and support of a qualified, knowledgeable real estate agent can alleviate many of your concerns and ensure a smooth transaction. A professional agent can market your present residence, help you locate the home of your dreams and assist in making your relocation to an unfamiliar area easier.

To find a trained and knowledgeable sales associate or broker, you may need to look no further than your own neighborhood or home town. Speak with some of the agent's past customers and clients about the quality and integrity of service and performance. Successful real estate agents rely heavily on customer and client referrals and will therefore strive to provide the very best in customer service and satisfaction.

Make appointments to "interview" agents and brokers much like an employer would interview a prospective employee. Inquire about their training, marketing programs and specific service policies. Also determine how much experience they have. Ask them about the type of support they have from the firm they are associated with. More importantly, find out how well they know the area. Ask for references, and check them out.

Your goal is to determine just how knowledgeable the agents are. Question them on financing, closing cost and market conditions, depending on whether you're a prospective buyer or seller, to determine their expertise. If they know their stuff, they should be able to answer your questions effortlessly.

If you're selling your home, learn what they will do if you decide to list with them. How do they plan to market your home? Will they put a marketing plan in writing? Will they provide you with a market evaluation to help you determine the most effective listing price for your property? Will they supply regular progress reports and assist with negotiations once you've received offers?

If you're a buyer, will the agent consult with you to determine your particular real estate needs? Will they help you prepare an offer to purchase, and help facilitate the preparation and completion of all paperwork? Will they keep your best interest in mind, and keep you informed throughout the entire real estate purchase process?

If you're locating to a different part of the country, is your agent connected with a national relocation service that will not only expose your present property to incoming transferees, but assist with your search for a new house?

Ask for a written guarantee that everything promised will be delivered. The CENTURY 21 organization, for example, backs its listings with the CENTURY 21 "SELLER SERVICE PLEDGE." This 11-point written commitment covers everything from furnishing the seller with a marketing plan to monitoring pre-settlement activities throughout the closing process. It also gives the seller the right to terminate the listing if the pledge is not fulfilled.

A qualified real estate agent should be able to answer all your questions and provide you with quality service that is courteous and responsive. Finding the right person may take time and patience, but when purchasing or selling a home, the selection of a dependable agent should be tops on your list.

You deserve and should expect to be served by an agent that is professional and knowledgeable, but is dedicated to honesty, integrity, and responsive to your needs.

(John Schuler is the Broker/Owner of CENTURY 21 Newschu Real Estate, Inc., located in Feeding Hills, MA [413-789-1117].)

## FINANCIAL PLANNING - from Page 21...

dropping out of the market for a year—would have netted a much greater profit because the Dow soon recovered and continued rising.

The markets these days are simply doing—granted, with larger fluctuations than normal—what they usually do. They go up, and they go down.

Given that, how do you, as an investor, cope with the situation you're facing today?

**Focus on the long-term rather than the short-term.** Historically, the stock market has trended upward—although not straight up—over time. Savvy investors, therefore, go against the tide; they see buying opportunities where others might see financial disaster.

While the market may go through various cycles, it has always rebounded and rewarded long-term investors. Patience, rather than panic, pays off.

**Diversify your investments.** Experts say that a prudent strategy is to balance your investment portfolio by distributing money in a variety of investments. This not only helps you meet your financial goals, it also lessens your overall risk.

Diversification works best when it's carefully planned, and a strategy that some professionals use to guide investments is called asset allocation. This system takes a long-term, disciplined approach which balances your risk tolerance with your financial objectives.

**Rely on time-tested investment strategies.** We know that the market will be volatile and unpredictable at times—trying to buy at the lows and sell at the highs just doesn't work. Dollar-cost averaging, for example, may help you smooth out the fluctuations that you will encounter in the market.

With this strategy, you invest the same amount of money at regular intervals, usually monthly, in a particular stock or mutual fund. The result—though there's no guarantee—is that your average cost per share is usually lower than the average market price per share, as long as the value goes up.

**Seek advice from an expert.** A financial planner or advisor, for example, can help you define your financial objectives and put together a plan designed to meet your specific needs. A professional also can offer sound advice amid changing circumstances.

No one can say for sure that the market will recover, but if history is any indication, it will. We can say for certain, though, that the markets will fluctuate short-term.

Your best strategy is to be patient and stay the course. Focus on long-term financial goals, diversify your investments, and be prepared to take advantage of the trends that may work to your benefit.

*Our deadline is Tuesday at noon but we do appreciate those who bring their ads up early. We open weekdays at 6:30 a.m.*

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*Spotlight On Business - continued...***Tuesday Night Bingo At Polish Club Continues To Flourish**

36	37	38	39	40	41	42	43	44	45
51	52	53	54	55	56	57	58	59	60
66	67	68	69	70	71	72	73	74	75



THE TUESDAY NIGHT BINGO at the Polish American Club in Feeding Hills continues to be one of the region's most popular and most successful. Due to the hardworking Bingo Committee members of the club, attendance remains high during the summer months. IN PHOTO BOTTOM LEFT, Pauline George and Marie Fournier howl with delight after their numbers are called; IN PHOTO TOP LEFT, Bingo Committee members Bob Binnenkade (member-in-charge), Ray Pronovost (caller), and Bob Pepek are three good reasons why the bingo runs so smoothly. IN PHOTO ABOVE, Clifford & Marie Saucie, as well as Alberta Pizzi, are regular participants each Tuesday night. The fun begins at 6:00 p.m. Advertiser News photos by Jack Devine.

*Please remember that our deadline is each and every Tuesday at 12 noon!!!*

*Check our classified pages today*

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*Spotlight On Business - continued...*

## Curran-Jones Funeral Homes Honored By Funeral Directors Asso.

Honored for service to the Massachusetts Funeral Directors Association at their recent Annual Meeting were Dick and Brenda Curran of Agawam, representing the Curran-Jones Funeral Homes of West Springfield and Agawam. Also honored was Cynthia Bryant, immediate past District I Governor for the National Funeral Directors Association.

Mr. Curran completed his seven-year tenure on the Board of Directors. He had served as President of MFDA in 1991-1992 and for the past two years on the Executive Board.

The annual meeting was held in June at the Kennedy Library in Quincy, MA.

## Time To Register For Easter Seal Softball; Teams Are Needed

It's time to register for 1994 Easter Seal Softball Games, to be held at Mittineague Park in West Springfield on July 30th and 31st, Blunt Park in Springfield on August 6th, and Mapleshade and Birchland Park Schools in East Longmeadow on August 6th and 7th.

Games are open to any team ready to play softball for the benefit of local people with disabilities.

Marshalls and WWLP-TV22 sponsor the games. Each team receives a trophy and a chance to win prizes ranging from T-shirts to Red Sox tickets.

Proceeds from Easter Seal Softball help bring Easter Seal services to disabled children and adults throughout Massachusetts. Services include swim programs, summer camp, equipment loan, stroke support groups, physical and occupational therapy, speech therapy, home health care, technology for independence, and information and referral service.

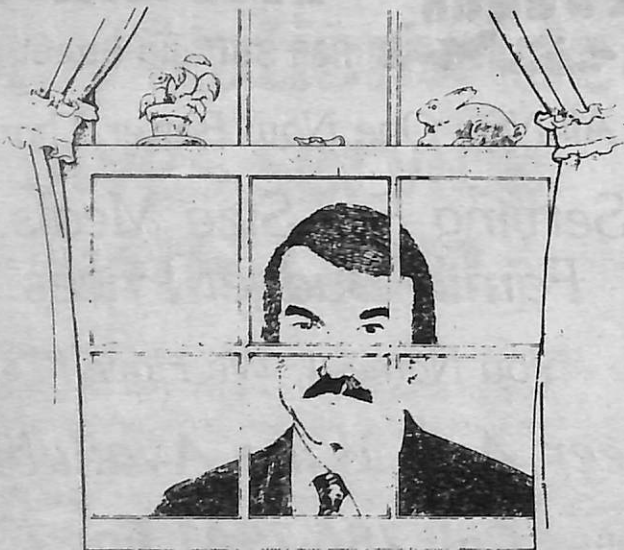
Any business or group can register a team by calling the Easter Seal Softball Hotline at 734-6434 for information.



**HONORED FOR SERVICE** to the Mass. Funeral Directors Association at their recent Annual Meeting were Brenda and Dick Curran of Agawam, representing Curran-Jones Funeral Homes, and Cynthia Bryant, immediate past district governor.

*For copies of photos in this edition, call AAN photographer Jack Devine at his Agawam home — 789-0053.*

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if you see this face  
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Mon. - Tues. - Wed. 9-4  
Thurs. - Fri. 9-5

4 Washington Avenue Extension, Agawam



# For Your Health

## Early Diagnosis Is Best Defense Against Breast Cancer

Studies have shown that a woman's best defense against breast cancer is early diagnosis. While the average woman has a one in nine chance of developing breast cancer, with early detection, the five-year survival rate is 95 percent.

As part of Noble Hospital's on-going efforts to provide the community with convenient up-to-date technology, a new mammography system has been installed that will decrease the waiting time for mammograms at Noble as well as offer imaging flexibility.

Like the mammography system currently in use at Noble, the new system, a Bennett Contour Mammography System, is a dedicated mammography unit that will image the earliest indications of breast cancer with the lowest radiation dose possible.

Both units are licensed by the Commonwealth of Massachusetts as are the mammography technologists at Noble. The Mammography Department is also accredited by the American College of Radiology.

"Because the new machine has a tilting C-arm, it gives us the flexibility to visualize patients who have difficulty standing, and to correlate different views if necessary," said Norma Kudelka, a certified mammography technologist at Noble.

The Bennett Contour Mammography System was recently featured on the *Sally Jesse Raphael Show*.

Noble Hospital now has one of the most advanced diagnostic tools available to visualize abnormalities well before they can be detected during a physician's physical examination or in the course of a breast self-examination.

"We recommend, along with the American Cancer Society, that women begin with a baseline mammogram between the ages of 35 and 39, and have a mammogram every one or two years between the ages of 40 and 49. After the age of 50, women should have annual mammograms," said Ms. Kudelka.

"We urge women to have mammograms as recommended by the American Cancer Society in conjunction with monthly breast self-examination and routine physician exams. We can't stress enough that when cancer is found in the earliest stages, it is the most treatable, often requiring less extensive surgery."

## Eating Tips For On The Road

According to the New England Dairy & Food Council, an estimated 190 million Americans will head out on the highways this summer on vacations.

When hunger strikes while you're in the car, fast food drive-throughs don't have to be your mealtime choice. Supermarkets, sandwich shops, and even a cooler packed in your own kitchen can offer appealing healthy meals on the go.

Last year, Americans spent \$560 billion on food cooked outside the home, most of it on drive-through fast food. Despite their convenience, meals purchased at fast food restaurants, vending machines, and convenience stores have nutrition pitfalls. They are usually high in fat and calories and lacking in calcium and vitamins A and C.

To keep healthy eating on your vacation itinerary, a quick, nutritious meal can be as close to the highway as a sandwich shop or nearby supermarket.

### SANDWICH SMARTS

Whether you're ordering sandwiches at a grocery store deli or a sandwich shop, consider the lower fat options.

#### Lower-Fat Choices:

Lean roast beef; sliced chicken; turkey breast; lean ham; reduced-fat cheese; pasta salad; fruit salad; catsup; mustard; salsa.

You may think all salads are lower in fat than meat sandwiches, but think again. A typical half-cup (4 oz.) of chicken salad made with mayonnaise has 16 grams of fat compared to the same amount of lean roast beef with 9 grams.

To control the fat in any deli meal, choose lean meats, and low-fat cheese. Order dressings "on the side" and use them sparingly. Add lettuce and tomatoes to sandwiches, and you'll boost the vitamins and minerals in the meal.

### ONE-STOP SHOPPING

On your next road trip, take along this shopping list for a lunch break at the supermarket. Use the "Express Check-Out" line, and you'll have a no muss, no fuss meal for the road in minutes.

Choose one food each from Sections 1-4 to build a meal that includes all five food groups:

milk, meat, vegetables, fruits, and grains. Create your own meals on wheels or use the sample menu as a guide.

### SECTION 1: From the Salad Bar

Lettuce; spinach; cabbage; chick peas; hommus; tabouli; pita bread; feta cheese; tomatoes; cottage cheese; veggie sticks; cucumbers. Pick up plastic utensils here to take with you. For best results, wait until you're ready to eat the salad before adding a low-fat salad dressing.

### At the Produce Section

Ready-to-eat salad mix; apples; oranges; bananas; grapes; dried fruit. You can also buy mini pre-packed servings of applesauce, fruit juice, or fruit cocktail in the canned fruit aisle.

### SECTION 2: At the Deli Corner

For nutrition best bets at the deli, the same rules apply as those listed under "Sandwich Smarts."

### SECTION 3: In the Dairy Case

Most Americans do not eat the 2 to 3 servings of high-calcium dairy foods recommended each day. These include: yogurt; string cheese; cheese slices; milk; milkshake; pudding; cottage cheese.

These foods fit easily into a low-fat diet. A cup of non-fat yogurt has no fat. A glass of 1 percent milk has 3 grams of fat. Read the food labels to find the choice that's best for you.

### SECTION 4: Bites from the Bakery

Bagels; bread; English muffins; tortillas; whole wheat crackers; pitas; rolls; muffins.

### OPTIONAL: Grab n' Go Goodies

Rice cakes; pre-popped popcorn; pretzels; animal crackers; vanilla wafers; fig bar cookies; pre-packed servings of dry cereal.

These treats are easy for kids to eat in a car, and are lower in fat than most snack foods.

### SAMPLE ONE-STOP-SHOPPING MEAL

Section 1: tossed salad with low-fat dressing

Section 2: sliced turkey

Section 3: chocolate milk

Section 4: kaiser roll

Utensils: fork and napkin from salad bar

Goodies: animal crackers, raisins

SEE ON THE ROAD - Page 26...

### DO YOU...

- ☐ diet but, can't lose weight?
- ☐ struggle with extra pounds?
- ☐ need to boost metabolism?
- ☐ have high cholesterol?
- ☐ fight high blood sugar?
- ☐ have little energy?
- ☐ want to slow aging?



If so, you need a nutrition check-up with registered dietitian, **NANCY DELL**. She will work with you to design an eating plan that meets your **INDIVIDUAL** health needs, food likes, and your lifestyle...so, eating well will be **EASY** for you. You may have seen Nancy's nutrition reports on **NEWSCENTER 22**. Now, you can benefit from her expertise. **CALL FOR AN APPOINTMENT OR MORE INFORMATION at 413-786-2957.**



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**For Your Health - continued...****ON THE ROAD - from Page 25...****PACKING FOODS FOR THE ROAD**

To break out of the fast food rut while traveling, take some nutritious foods with you in a cooler. The following list will help you build meals that are nutritious and safe.

Choose one selection from each category. Then add water, milk, fruit juices, or fresh fruit to form a well-balanced meal.

**Build Your Best Sandwich****BREAD**

Whole grain, white, rye, pita, challah, 7-grain, French, sourdough, focaccia, bagel, English muffin, tortilla, matzo.

**SPREAD**

Honey mustard, cranberry sauce, steak sauce, hommus, grainy mustard, Italian dressing, herb cheese, chutney, pesto, salsa, plain yogurt, jelly.

**FILLING**

Honey-baked ham, roasted turkey, sliced London broil, cucumbers and carrots, lean roast beef, cheddar and tomato, lettuce and sprouts, roast chicken, roasted peppers, mozzarella and tomato, peanut butter, feta cheese and cucumbers, flaked tuna/chicken.

When hunger strikes during your next road trip, look beyond fast food restaurants to healthier alternatives you can bring home or buy at sandwich shops or a nearby supermarket. These nutrient-packed meals will help you keep hunger at bay and nutrition in mind while eating on the road.

## **“Better Breather” Support Group To Meet At Mercy Hosp.**

On Wednesday, July 27th, the “Better Breather” support group for people with C.O.P.D. (asthma, chronic bronchitis, or emphysema) will meet at Mercy Hospital, Medical Staff Room, Joseph Deliso Conference Center, 271 Carew Street, Springfield, from 1:00 to 3:00 p.m.

Marie Burns, Director of the Western Massachusetts office of the New England Organ Bank, will be speaking about lung transplantation.

These meetings are free of charge and open to anyone who is affected by lung disease, including their families and friends.

For more information, call the American Lung Association, 737-3506, or Mercy Hospital Respiratory Department, 748-9610.

## **Breastfeeding Program At Baystate Medical On Tues., August 2nd**

Baystate Medical Center will present a free seminar on “Breastfeeding Women & Work” on Tuesday, August 2nd, from 5:00 to 7:00 p.m. in the Wesson Women & Infants Board Room.

The evening seminar will be conducted by Dr. Jean Sheeley, a member of Baystate Medical Center's Pediatrics staff. Dr. Sheeley, a working mother, will explain how working women manage breastfeeding their babies while maintaining a full-time job.

To register for the seminar, call The Professionals at 784-2255 or 1-800-377-HEALTH. From 5:00 to 6:00 p.m., there will be an exhibit of the latest breast pumps, free women's health tests, and brochures on breastfeeding. Dr. Sheeley's presentation will follow at 6:00 p.m.

Women who attend the seminar will be able to talk with Baystate's lactation consultants. Parking is free and refreshments will be available.

**When mailing classified ads to our office (P.O. Box 263, Feeding Hills, MA 01030), please make sure that you write “Attention: Classifieds” on the outside envelope. This will ensure that your classified ad gets into the next edition of our paper as soon as possible...**

## **NovaCare Rehab Facility (START) Expands Occupational Therapy**

NovaCare Outpatient Rehabilitation (formerly S.T.A.R.T. Physical Therapy) has expanded its occupational therapy services to include its Wilbraham center, located at 2377 Boston Road.

MaryLynn Jacobs, MS, OTR/L, CHT, director of hand/occupational therapy services, will oversee the services at the Wilbraham center, as well as her current patient load at the 3400 Main Street facility in Springfield.

NovaCare Outpatient Rehabilitation is the na-

tion's premier provider of outpatient rehabilitation services including physical and occupational therapy. NovaCare operates more than 280 centers in 25 states with five centers throughout the Massachusetts area, including Wilbraham, Springfield, Natick, and Feeding Hills.

For additional information on NovaCare Outpatient Rehabilitation or to schedule an appointment, call (413) 788-6195.

*Check our classified pages every week*



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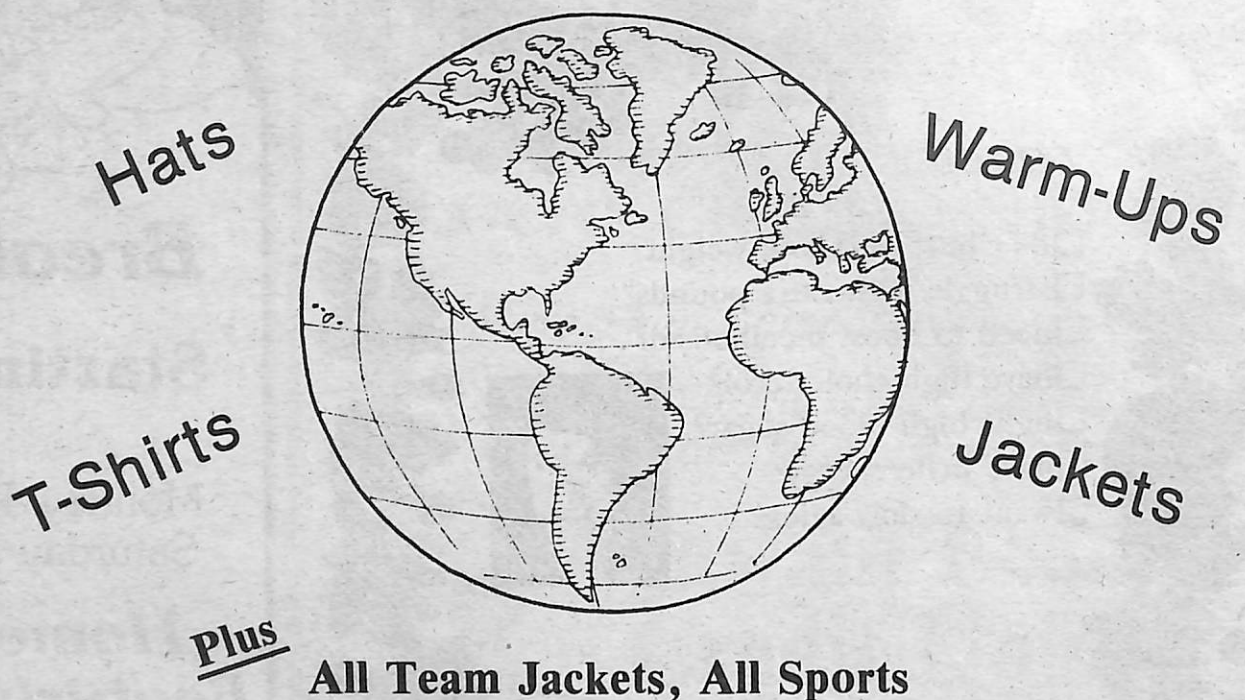
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Coke, Diet Coke (12 Pk.) . . . . .	\$3.99 Plus Deposit
Pringles Chips . . . . .	99¢ Can
Very Fine Chillers (20 Oz.) . . . . .	79¢
Chase & Sanborn . . . . .	\$1.99 (1 Lb. Can)
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Kingsford Charcoal . . . . .	\$2.99 (5 Lb. Bag)
Old Spice Deodorant Stick . . . . .	99¢
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*For Your Health - continued...*

## Important Information On Hearing Aids From Mercy Hospital

### What's That Whistling Noise?

Whistling, squealing, screeching, beeping. These words all describe feedback—that annoying sound that can happen when something comes very close to the hearing aid, something as simple as a hand, a hat, a telephone, or even when someone is hugging you.

Feedback occurs because there is not an airtight seal between your ear and the hearing aid. Inaudible sound leaks from the hearing aid, bounces off the surface close to it (hand, telephone, etc.), and then bounces back to the hearing aid.

The sound then becomes reamplified and causes the hearing aid to feedback. Feedback will also occur when the volume of the hearing aid is set too high, if the hearing aid or earmold is not seated properly in the ear, and because of cerumen (wax) in the ear.

Any hearing aid will produce feedback when something is very close to it—it is the normal function of the device. However, if you are unable to adjust the volume loud enough before feedback starts, or if it happens with any head or jaw movement, contact your audiologist.

Your audiologist will determine if the feedback is being caused by a loose or poorly fitting earmold or hearing aid; if the earmold tubing needs to be changed; if it is "internal" feedback (a malfunction of an internal component of the hearing aid); or if it is merely being caused by wax in your ear.

In most cases, feedback is normal, but be aware of the instances when it's not. Your audiologist may be able to help.

\*\*\*

### Troubleshooting Hearing Aids

If sounds through your hearing aid are weak or scratchy, or if you cannot hear sound at all, you may be able to correct the problem yourself by following these suggestions:

- **Check the battery.** First, determine that the battery is the right size, then, if possible, use a battery tester to make sure it is not dead. If it is, properly insert a new battery, and make sure the battery door is closed completely.

- **Check the earmold** if you have a behind-the-ear hearing aid. Examine the tubing for wax or moisture; if wax is present, separate the earmold from the hearing aid, then wash the earmold with mild soap and water. Air-dry the earmold overnight, to allow for thorough drying. If water or moisture is in the tubing, use a forced air blower to remove or evaporate it.

- **Use the wax loop** if you have an in-the-ear hearing aid. Do not blow into the aid, but with the loop, gently clean the sound opening of any wax or debris.

- **Check the switch.** Make certain the switch is in the "M" (microphone) position and not the "I" (telephone) or "O" (off) positions.

If problems persist, contact your audiologist.

For additional information, contact Mercy Hospital at (413) 748-9704.

## Hearing Checks At Mercy Hospital

Free hearing screenings and hearing aid checks provided by Mercy Hospital's Weldon Mobile Hearing Center will be conducted at the Agawam Senior Center on July 29th, beginning at 9:00 a.m.

In addition, full diagnostic hearing tests, evaluations, fittings, sales and service of hearing aids and assistive listening devices can be scheduled on a fee-for-service basis.

The hearing van's audiology equipment is operated by nationally certified audiologists from the Weldon Hearing Center at Mercy Hospital.

For an appointment, call the Agawam Senior Center at 786-0400.

*Please remember that our deadline is every Tuesday at noon. We do, however, appreciate those who bring in their copy on either Friday or Monday. Thanks. Please publicize your event at least one week in advance.*



## Food for Thought

by Nancy Dell  
Registered Dietician

### The Hot Dog Headache

Summertime is hot dog season. But if you're prone to headaches, one trigger for your headaches may be hot dogs, as well as salami, bacon, ham, and other meats that contain sodium nitrite or nitrate. According to neurologists at the University of California at San Francisco, eating foods with nitrites can bring on headaches for

nitrite-sensitive people.

In one test, the researcher gave a headache sufferer an odorless, tasteless solution containing 10 milligrams or less of sodium nitrite or a look-alike solution without nitrite. He did not know which solution he was drinking. Sixty-one percent of the time he drank the nitrite solution, a headache developed. He never got a headache from the look-alike drink.

Hot dogs won't lead to headaches for everyone. And some sensitive people may tolerate one hot dog, but get a headache if they eat more than one.

If headaches ruin many of your days, keep a food log to see if any foods may trigger them. Some common headache culprits include caffeine, chocolate, cheese, alcohol, MSG, bananas, raisins, and red plums.

*Nancy Dell, MS, RD is a registered dietitian in private practice. For more information on foods that trigger headaches, you can call for an appointment at (413) 786-2957.*

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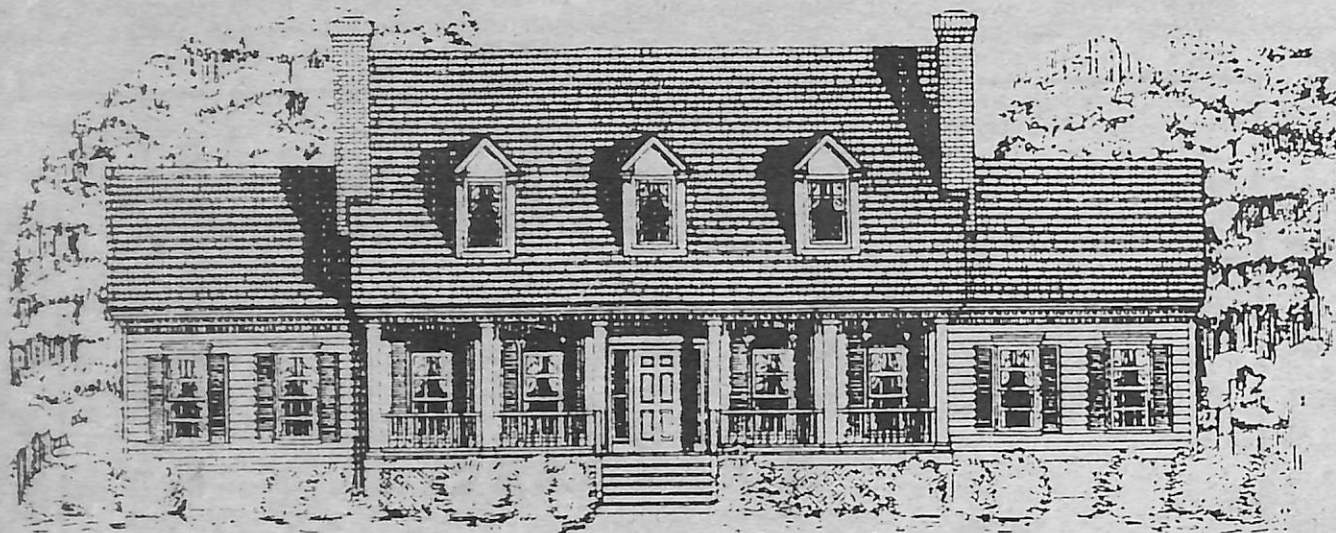
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Westfield, MA  
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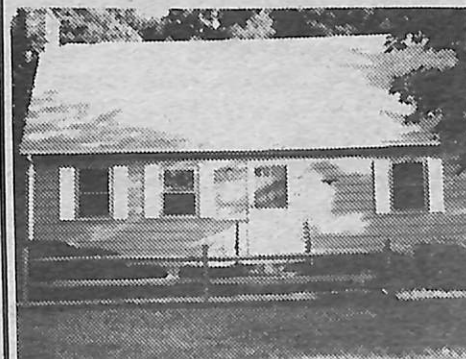
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For information call — 789-9890 Barry Boccasile 786-3518

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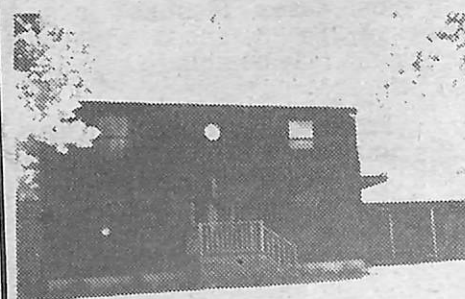
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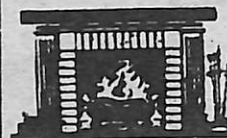
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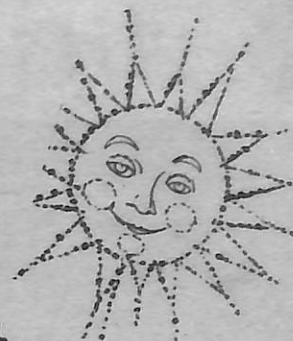
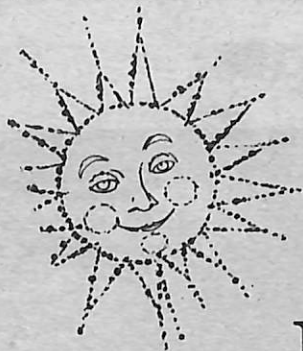
Owner moving South! 7 room home with 2  
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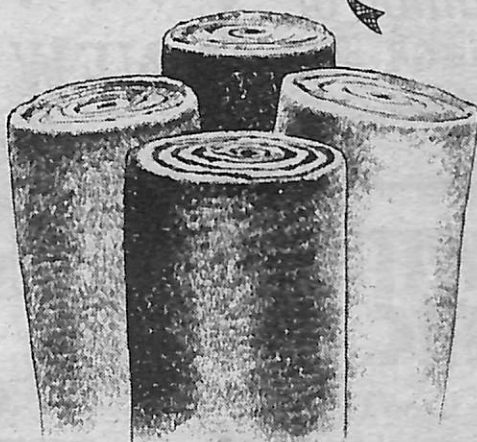
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# Arts



THE CAST OF "To Broadway With Love" performs a tune for an audience at the Agawam Junior High. Advertiser News photo by Jack Devine.



"MRS. CONNECTICUT" is introduced to the crowd at the Agawam Junior High who attended the "To Broadway With Love" performance sponsored by Riverside Park. Advertiser News photo by Jack Devine.

## Riverside Park Elated Over Success Of "To Broadway With Love"

On June 17th, 18th, and 19th of this year, Riverside Park presented its first in a series of musical productions called "To Broadway With Love," under the direction of Rev. Arthur Wendel.

People are curious as to how this combination came to be. Here's the formula: Take a giant in the entertainment business and a Roman Catholic priest that wants to teach the whole world to sing, and it equals Riverside and the Reverend.

"Rev. Wendel has a voice that can bring down the house," says Edward J. Carroll, Jr., owner and operator of Riverside Park. "Not only does he sing but he can teach others, and people who never thought of singing are found performing and doing things they didn't know they were capable of ... and they are good at it. We had phenomenal talent in our first show, and Riverside is very proud of this program."

Rev. Wendel first developed this concept while living at St. Alphonsus College in Suffield, CT, right next door to Riverside. He offered voice lessons to the public, and Riverside's own Patti Carroll and Judy Lemay were among the many who participated.

"He spent a great deal of time with us and

taught us about singing as a form of expression and growth in the community," said Patti Carroll. "My dad was very community-minded when he molded Riverside, and he would be very happy about our 'Friends in Harmony' program."

Even though Rev. Wendel has since been transferred to Canandaigua, New York, he works through the talents of the students he enabled while he was here and the show must go on!

Riverside and Rev. Wendel hope to continue to create "Friends in Harmony" in different towns and combine them for different community shows.

"It's all about enabling people to grow individually and collectively in music and friendship," said Rev. Wendel in a telephone interview. "I applaud Riverside Park for the time and effort they are willing to put back in the surrounding communities. They have made a long-time dream of mine come true by sponsoring these shows."

Riverside is happy to be working with La Renaissance in East Windsor, CT, and will showcase the local community talent in their dinner theater facility in September and October of this year.

For copies of his photos in this edition of the AAN, contact photographer Jack Devine at 789-0053; he'll be glad to help you!

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1-800-829-1040.

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- 67 Compass heading
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## Pisano's Picks...

ON VIDEO

by Louis Pisano

### Phil's Faves

Ric Sardella had his chance at picking films, so why not let the "film guru" himself, Phil Benoit, select a few for you, too! (In case any of you AAN readers might have forgotten, Phil's "Philm Review" was the predecessor [of sorts] of "Pisano's Picks ... On Video.")

#### \* *The Trip To Bountiful*

Director: Peter Masterson. 1985. Rated PG. 1 hour and 45 minutes. Starring: Geraldine Page, John Heard, Carlin Glynn, Richard Bradford, and Rebecca DeMornay.

Imagining travelling to a town you know very well, only to find out that it no longer exists! Imagine if it were your hometown.

This is the story behind *The Trip To Bountiful*. The late Geraldine Page won an Oscar for Best Actress in 1986 for her portrayal of an old woman who travels from her domicile (living with her son and daughter-in-law) to return to Bountiful, the town she grew up in.

She soon meets up with Rebecca DeMornay during her commute, and what follows is a celebration of life. We learn that Bountiful no longer exists, and this mysterious and intriguing film unfolds superbly. Not only did Geraldine Page certainly deserve her Oscar, but the stunning accuracy with which the film's time frame (the late 1940's) is brought to life adds more appeal to this enthralling picture.

I highly recommend this film, which also means I agree with Mr. Benoit (believe it or not). And with a maze of overhyped rubbish to choose from nowadays, this *Trip To Bountiful* might as well be a trip to heaven! **4 STARS.** (16 years and up.)

#### \* *Monty Python and The Holy Grail*

Director: Terry Gilliam. 1974. Rated PG. 1 hour and 30 minutes. Starring: Terry Jones, Graham Chapman, John Cleese, Terry Gilliam, and Michael Palin.

The infamous Monty Python gang tries its hand at the legend of King Arthur. The ludicrous situations that you can imagine are side-splittingly funny throughout this riotous film.

The offbeat humor presented is in first-class

order by these British masters of merriment. Moronic characterizations add most of the laughs to this film.

There is, however, one major flaw: the film becomes tedious at sporadic intervals. The laugh-inducing scenes are so much fun that when they dissipate again, the wait seems endless.

Fortunately, enough classic humor is created to make the film worth noting. My favorite scene involves a "mere flesh wound." Watch for it, and I promise you that you will laugh so hard you'll fall off the couch!

So, *Monty Python and The Holy Grail* moves slowly at times, but the genuine gut-felt laughing that is indeed in-between makes some of the skits undeniably unforgettable. **3 STARS.** (17 years and up.)

#### \* *The Living Daylights*

Director: John Glen. 1987. Rated PG. 2 hours and 10 minutes. Starring: Timothy Dalton, Maryann D'Abo, Jeroen Krabbe, Joe Don Baker, John Rhys-Davies, Art Malik, and Desmond Llewellyn.

The underrated Timothy Dalton made an impressive debut as Ian Fleming's great spy hero, James Bond, in this adventure film about a defecting Soviet agent and arms distribution.

Whereas most of the other Bond flicks exploited all kinds of far-fetched gadgetry, this picture focuses more on realism. Instead of using a larger-than-life protagonist, the filmmakers opted to make the central character more of an intelligent schemer versus the usual master of contraptions.

Of course, it must be noted that unless Sean Connery and Roger Moore had not portrayed the super agent before, there would be no way to compare the actors' different approaches to the role and, in particular, Dalton's intense and memorable depiction of the character.

There is enough espionage and intrigue in *The Living Daylights* to make it a worthy entry in the popular 007 series. Even though he ultimately made only two appearances as this world-famous spy, Timothy Dalton's debut in this film will convince you that he made a first-rate Bond ... James Bond! **3 STARS.** (16 years and up.)

(EDITOR'S NOTE: If you have any suggestions for movie-related themes that you'd like to see discussed in this column, send them to Lou in care of *The Agawam Advertiser News*, P.O. Box 263, Feeding Hills, MA 01030.)

(WRITER'S POSTSCRIPT: I want to know what you think about "Pisano's Picks ... On Video." Send me your thoughts, ideas, and even your letters of damnation in care of the aforementioned address. See you next week!)

## New Audio And Videotapes At Ag. Public Library

Just in time for your summer listening and viewing pleasure, the Agawam Public Library is pleased to announce recent additions to its audio-visual collection.

New videotapes include *All Dogs Go To Heaven*; *The Best of On the Road With Charles Kuralt*; *The Fugitive*; *Jane Fonda's Yoga Workout*; *Mrs. Doubtfire*; *No More Headaches*; *Presumed Innocent*; plus new titles in the popular *Kidsongs* series, as well as copies of many of our "veteran" titles that have worn out.

For those of you who like to "hear" a good book, the library has added many new fiction and non-fiction books-on-tape.

New titles include *D-Day: June 6, 1994* by Stephen Ambrose; *The Book of Virtues* by William Bennett; *Murder on the Orient Express* by Agawam Christie; *Remember Me* by Mary Higgins Clark; *Embraced by the Light* by Nancy Eadie; *K is for Killer* by Sue Grafton; *The Chamber* by John Grisham; *Cape Cod Mystery Theater - Volumes II and III*; *Stop the Insanity* by Susan Powter; *Standing Firm* by Dan Quayle; *Family Blessing* by LaVyrle Spencer; plus many, many more.

And, for those patrons who prefer to listen to music, we have added new compact discs to our collection, including classical, jazz, popular, and show music.

A sampling of new CD titles include soundtracks from *Gypsy* (Bette Midler), *Remains of the Day* (Richard Robbins), and *Schindler's List* (John Williams). Country music fans will be interested in *Love in a Small Town* (K.T. Oslin) and *Take Me As I Am* (Faith Hill).

Added to the library's New Age titles are *December* (George Winston) and *Live at The Acropolis* (Yanni). Connoisseurs of outstanding vocalists will be interested in *Toni Braxton* (Toni Braxton), *Circle of One* (Oleta Adams), *Steppin' Out* (Tony Bennett), and *Heart to Heart* (Diane Schurr and B.B. King).

And, last but not least, new classical titles include Rosussel: *Symphony No. 3* and Ravel: *Bolero* (Detroit Symphony Orchestra), and Shostakovich: *Symphony No. 14* (Gothenberg Symphony Orchestra).

Thanks to the generosity of the Rotary Club of Agawam, more new classical compact discs will be arriving shortly.

For additional information, contact the Agawam Public Library at 789-1550, or stop by the library at 750 Cooper Street, Agawam, Massachusetts.

## Stanley Park Concert Series Slates Troubadour For Program On Sunday, August 7th In Pavillion

Stanley Park's Concert Series will feature the troubadour singer songwriter, Dave Mallett, on Sunday, August 7th, in the sheltered pavilion from 6:00 to 8:00 p.m.

A native of Maine, Mallett has been living in Nashville for the last few years. Mallett got his musical start early in life, when he and his brother would perform at local county fairs, grange halls, and school auditoriums.

Mallett went on to college to study theater and dramatic arts, and it was in his final year at col-

lege that he decided to hit the road and follow his path as a musician and composer.

He began writing material for other artists. To date, his songs have been covered and performed by over 100 artists, including Hal Ketchum ("Old Soldiers, Daddy's Oldsmobile"), Kathy Mattea ("Summer of My Dreams"), Emmylou Harris ("Red Red Rose"), Mary Stuart ("Home Town Heroes"), Pete Seeger, Peter, Paul and Mary, and even the Muppets.

Mallett's talent of combining compelling lyrics

and beautifully crafted melodies was soon recognized and in 1978, with the help and encouragement of producer Paul Stookey of Peter, Paul and Mary fame, he recorded his first album of original material. The new release, "This Town," finds Mallett reflecting on the contrast of life in America today.

This program is free of charge.

For further information on Stanley Park's Sunday Night Concert Series, call the Park office at 413-568-9312.

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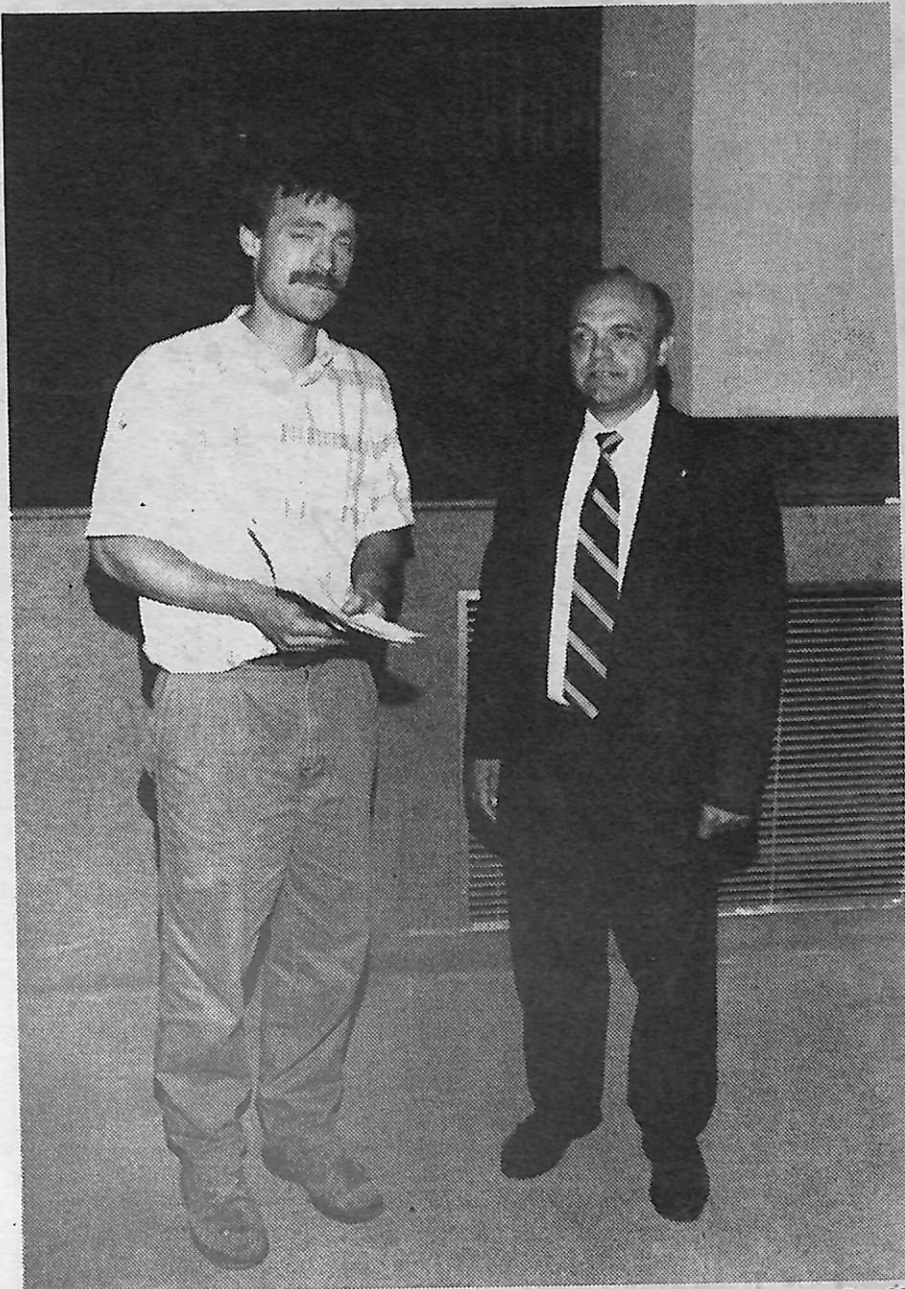
We would like to take this opportunity to congratulate Shirley on her decision to join our firm. Shirley is a life-long resident of the Agawam/Feeding Hills area and has been in the real estate business since 1981. Shirley looks forward to continuing to serve her customers and clients with all their real estate needs.





## Education

### Staff Members At Agawam High Recognized



**WILLIAM ZAENGLE** receives the "Orange and Brown Staff Appreciation Recognition of Achievement Award" from Principal Russell Furtado. Advertiser News photo by Jack Devine.



**THE ORANGE & BROWN** "Staff Appreciation Recognition of Achievement Award" recently was presented to Everett "Tal" Talmadge of the Agawam High Science Department for his 35 years of service to the Agawam Schools. Presenting the award is Kenneth Dean, Science Department chairman. Advertiser News photo by Jack Devine.

### William Zaengle Of Agawam High School Named As "Orange & Brown" Winner

William "Bill" Zaengle is the winner of the May-June 1994 Orange and Brown Outstanding Performance Award at Agawam High School. Bill is a member of the Technical Education Department.

Bill has long been recognized for his quiet demeanor and dedication to his students. Comments on the nomination included:

"Caring, intelligent, and level minded," "Makes learning fun," "Goes beyond what is expected of

him," "Listens to 'us' when we have a problem," "Understands what it's like to be a teen in the 90's," "Devoted teacher," "Trusts and respects students," "Great 'Autoland' teacher," "A good friend to all."

The Staff Appreciation Committee is pleased to award Mr. Zaengle with the final Orange and Brown Award for the 1993-94 school year.

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## Agawam Summer Band To Present Evening Concert On July 28th

The morning and afternoon groups of the Agawam Summer Band will present their Evening Concert in the Senior High School Circle on Thursday, July 28th, at 6:30 p.m. In the event of weather problems, the program will be held in the Senior High School Auditorium.

The public is invited to the concert, which is free and will include selections by members of last year's fifth grade band in the first section, and students from the Middle and Junior High Schools in the second part.

Mr. Darcy Davis, former Agawam Music Director, is filling in as program director this summer, along with members of the regular teaching staff: Mrs. Norma Turcotte, Mrs. Laura Cassenelli, Mr. Steve Glover, and Gina Vergnani, as well as a number of helping students from the Junior High and Senior High Schools, including: Justin Cas- inghino, Michael Perry, T.J. Gontczaruk, Michael Baggetta, Mario Santillo, Evan Konopka, Brian Landry, Tim Faust, Matt Feato, and Genevieve Rose.

\*\*\*

In a new venture this year, the groups will also present programs at Heritage Hall Nursing Home during the final week of the program. The morning group will play in front of the South Building from 11:15 to 11:45 a.m. on Tuesday morning, July 26th; the afternoon group will play between the North and West buildings on that same day from 2:00 to 2:30 p.m.

Among selections to be performed by the morning band will be: "Sittin' On The Dock Of The Bay," "The Instrument Song," "Huntington Overture," "When The Saints Go Marching In," "Blues Prelude," "Yankee Doodle Dandy," and the marches "Lancer" and "New Cadets."

The afternoon band will include among their selections: "Camel Train," "Meet The Flintstones," "Alexander's Ragtime Band," "Carolina In The Morning," "Jazz Prelude," "The Sound of Music," "William Tell Overture," and the marches "Advance Guard," "General Lee," and "His Honor."

## AHS & Jr. High Gyms Opening July 25th For Recreation

With monies from the Drug-Free Schools Grant, a summer program will be run for Junior High School and Senior High School students.

Beginning on Monday, July 25th, and running through Friday, August 19th, the high school gymnasiums and high school grounds will be opened for supervised activities. The programs will begin at 8:00 a.m. and run until 12:00 noon.

During the first week, activities will be conducted indoors; during the three remaining weeks, activities will be conducted outdoors. Activities will include (but are not limited to) the following: basketball, field hockey, football, soccer, softball, tennis, volleyball, and wrestling.

Each Wednesday during this summer program, there will be a presentation on a health-related issue.

Week one will be a presentation on "Diet and Nutrition"; week two will be a presentation on "Designing Your Own Fitness Program"; week three will be a presentation on "Building Self-Esteem"; and week four will be a presentation on "The Benefits of Living an Alcohol- and Drug-Free Life."

There will also be two two-week "Smoking Cessation" programs conducted. The first program will run from July 25th through August 4th, and the second program will run August 8th through August 19th.

The time slot for this program is tentatively set for 11:00 a.m. to 12:00 noon daily. The program will be conducted in the Faculty Dining Room of Agawam High School.

## UMass-Lowell Names Two Local Students To Dean's List

Feeding Hills residents Debra J. Bull and Christian B. Grych were among University of Massachusetts Lowell students included on the Dean's List for the 1994 spring semester.

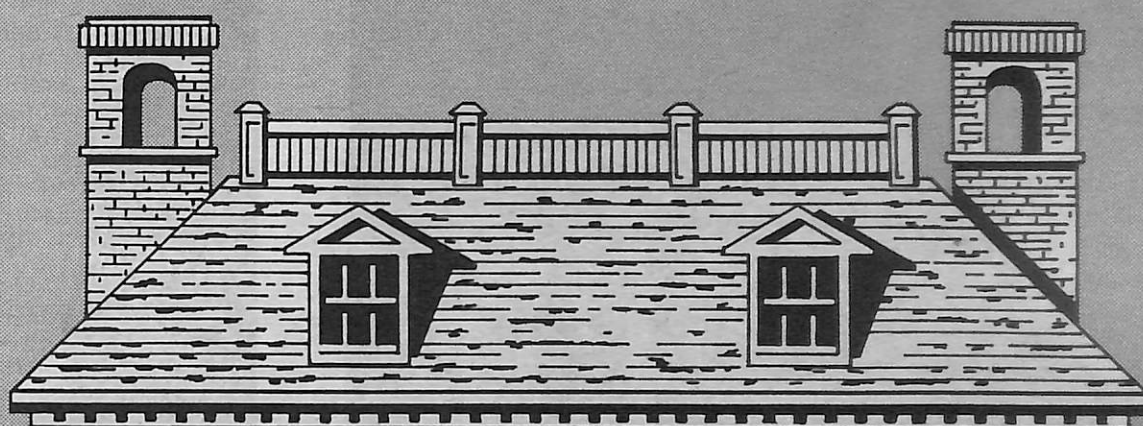
A grade point average of at least 3.0 with a grade no lower than B/C must be attained for inclusion on the Dean's List.

The University of Massachusetts Lowell, second-largest of the five campuses in the University system, currently enrolls 13,000 undergraduate and graduate students in six colleges: Arts and Sciences, Education, Engineering, Fine Arts, Health Professions, and Management.

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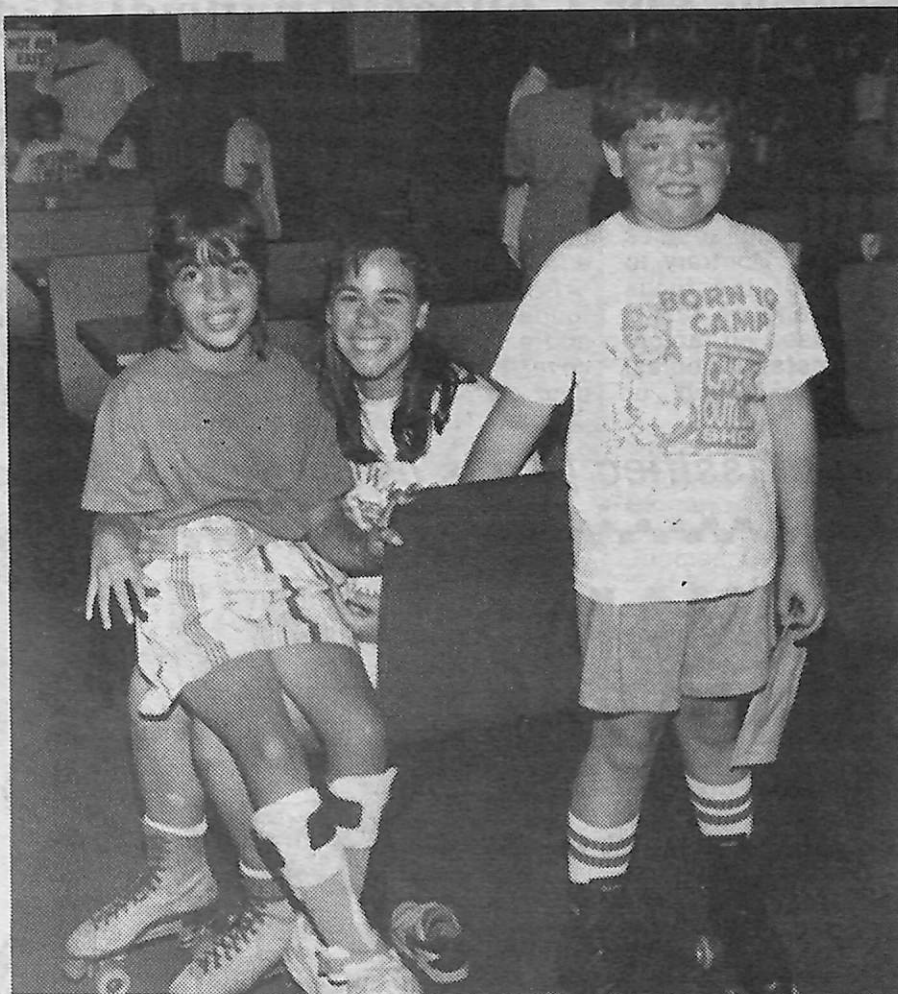


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## Camp Rainbow Heads For The Rollaway



**CAMP RAINBOW CAMPERS** Jessica Batista and Michael Dimauro with one of their counselors, Annie Bianca, enjoy a morning skate at the Rollaway Skating Rink on Main Street. Advertiser News photo by Jack Devine.



**CAMP RAINBOW CAMPERS** Amanda Leopardi and Michael Gottardi receive assistance from counselors Michele Urbinati and Melissa Murphy as they embark on the morning of rollerskating at the Rollaway Skating Rink. Advertiser News photo by Jack Devine.

## Agawam Residents Receive Degrees From AIC

American International College awarded more than 485 undergraduate and graduate degrees during its 109th commencement exercises, May 22nd, in the Springfield Civic Center.

Agawam residents earning degrees included Dorsey Cokkinias, Ilene D. Conklin, Michelle L. Elliott, Joao Ferreira, Jr., Paula C. Fieldstad, Dawn M. Fontaine, Michael R. Grandfield, Mary O. Hume, Diane Kieras, Cheryl A. Kozel, Kirk M. Quintin, Martino Santaniello, Jr., Ronald J. Szoka, Traci Trudel, and Mary Vazquez.

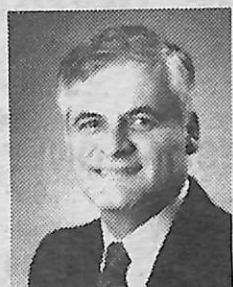
During the ceremony, AIC President Harry J. Cournotes was honored by the trustees for serving as president of the College for 25 years. He is the longest serving four-year college president in New England.

President Cournotes awarded honorary degrees to Isa K. Mushahwar, director of experiential biology research at Abbott Laboratories, in Chicago, and Jane Pratt Fitzpatrick, of Stockbridge, Massachusetts, founder of Country Curtains.

AIC, founded in 1885, offers degrees in the Schools of Arts and Sciences, Business Administration and Psychology and Education, and the Division of Nursing. AIC is accredited by the New England Association of Schools and Colleges, the National Council for Accreditation of Teacher Education, and the National League for Nursing.



**CAMP RAINBOW COUNSELORS** Karen Modzelewski (left) and Nicole Blais lace-up the rollerskates of Doug Walters at the Rollaway Skating Rink. Advertiser News photo by Jack Devine.



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## Publication Is Now Available To Help With The Search For College Financial Aid

Each year individuals preparing to go to college or graduate school face the dilemma of how to pay for tuition, room & board, textbooks, lab fees, and other expenses. That's because college costs have skyrocketed and continue to increase yearly, putting extra strain on family budgets and assets.

Yet there are over 375,000 funding sources available to assist these students. Contrary to popular belief, over 80 percent of the funds available to students do not depend on family need or high grades. Many are based on factors such as the student's interests, hobbies, academic focus, age, ethnic background, or parent's work or military service.

Remarkably, over \$6.6 billion of this funding goes uncollected each year simply because people do not ask for it, according to a report by the National Commission on Student Financial Aid. Now a new academic funding publication, updated for 1994, is available to help step students through the process and to outline their options and identify sources for assistance.

For information on how to receive academic funding and scholarships, send a Number 10, self-addressed, **double** stamped envelope, plus \$1 to cover handling, to the National Academic Funding Administration, 26 Coe Drive, Suite 1300, Durham, New Hampshire, 03824.

*Check our classified pages every week*



SARAH HART

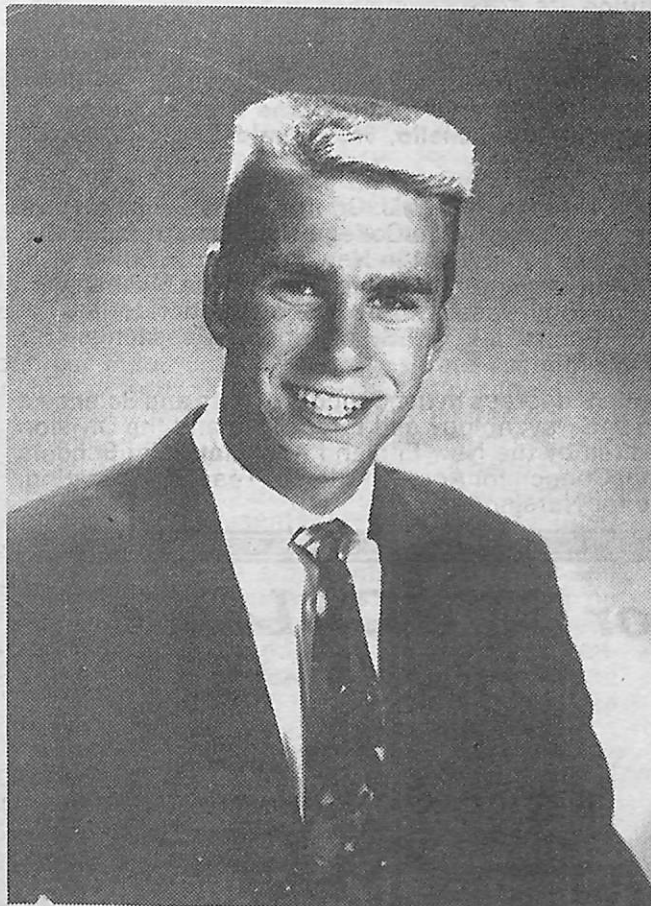
### Sarah Hart Heading For UMass This Fall

Sarah Hart, daughter of Mr. & Mrs. Gregory Hart of Hartland Hollow Road, West Granville, will attend the University of Massachusetts at Amherst in September.

She recently graduated from Southwick-Tolland Regional High School, where she was vice-president and treasurer of her class, a member of the National Honor Society and its treasurer.

In sports, she managed the varsity baseball team and played on the varsity field hockey team. Recently, she was awarded a scholarship from the Granville-Tolland Citizen Scholarship Fund.

Sarah is the granddaughter of Mr. & Mrs. Paul Harrison, Jr. of 67 Debra Lane, Agawam, and great-granddaughter of Mrs. Fernando Balboni of the same address.



BRENDAN GALLAGHER

### Brendan Gallagher Receives Diploma

At the 213th commencement exercises of Phillips Exeter Academy, Brendon Lawrence Gallagher, son of Thomas and Carolyn Gallagher, 460 Pine Street, Feeding Hills, was awarded a diploma from the school's principal, Kendra S. O'Connell. He was one of 351 members of the class of 1994.

A one-year student, Brendon was named to the Academy's Honors List for both the winter and spring semesters. He was active in athletics at the coeducational, independent school, earning a varsity letter in basketball.

He will attend Trinity College, Hartford, Connecticut, in the fall.

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\*\*\* **Super Special — Sunday, July 24th Only** \*\*\*

Chase & Sanborn Coffee (11.5 Oz. Can) .....	\$1.39 (Limit 6)
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## So Long, Smith



**ON THE LAST DAY OF SCHOOL** at James Clark School, staff secretary Sandy Hollister (left) and third grade teacher Shirley Lertora say so long to their longtime boss, Smith Rovelli, who was joined by his wife, Barbara, and son, Todd. Advertiser News photo by Jack Devine.

## Financial Aid Night At Agawam Library On July 26th

College Financial Aid Night will be presented July 26th from 7:00 to 8:30 p.m. at the Agawam Public Library Community Room.

Noted financial aid advisor Chester R. Dziardziel will address the seven factors which determine a student's financial aid and ultimate cost of college.

The seminar is free of charge and open to the public. It will be of special interest to parents of high school students. Seating is limited. For more information, call 786-4470.

The library is located next to the intersection of Route 57 and Cooper Street, adjacent to the Agawam High School.

## Dinosaur Sleepover At Science Museum

Families are invited to a dinosaur sleepover at the Springfield Science Museum from 6:00 p.m. on Saturday, July 30th, to 9:00 a.m. on Sunday, July 31st.

Campers will learn about some present day "dinosaurs," silkscreen their own t-shirts, hunt for dinosaurs in the museum, and enjoy a pizza party in the evening. A light breakfast will be provided in the morning.

Children must be between five and 12 years of age and accompanied by one or more adults. Those interested should register for the program before July 17th. The cost is \$25 for nonmembers and \$20 for members.

For more information and registration forms, contact Laurie MacDonnell, Camp-in Coordinator, at 413-733-1194.

The Springfield Science Museum is located at the Quadrangle on the corner of State and Chestnut Streets in downtown Springfield. Summer hours are Wednesday through Sunday, noon to 4:00 p.m.

Admission is \$4 for adults, \$1 for children six through 18, and free for children under six and members of the Springfield Library and Museums. The single admission fee includes entry to all four museums at the Quadrangle.

## Agawam Students Meet Requirements For Physical Fitness Testing

The following local students are among those who have met all minimum requirements for test two of the Physical Fitness Testing:

Brett Adamczyk, Matt Albano, Dan Balbony, Mike Carney, Dan Castonguay, Andrew Dean, Henry Dekastrozze, Mark Engleman, Julio Espada, Dave Federico, Jason Flood, Jason Gagne, Ryan Gilbert, Kevin Harrington, Larry Hoague, Mike Hogan.

Alan Houghtaling, Dan Jock, Brendan Kilrain, Dennis Nelson, Ron Ogulewicz, Wayne Paradysz, Nick Penna, Matt Perry, Pat Renna, Charlie Roberts, Rich Rodriguez, Chris Rousseau, Rob Santaniello, Jason Sirois, Aaron Skowrya, Matt Slattery, Galen Sprague, Dave Strole, Dave Thomas, Chris Wayte, Dereck Rook, Don Dezielle.

Mike Beaudry, Ryan Beaulieu, William Bellico, Rob Bousquet, Geoff Ciak, Brett Demers, Jon Dumas, Norm Gagne, Mark Graveline, Ryan Grealis, Jamal Hankerson, Jason Hanscom, Dan Hendrix, Doug Janik, Ian Lane, Kevin McKay, Bryan O'Quinn, Jeff Ogorzalek, Anthony Planzo, Andrew Pond, Ryan Progulske.

Brian Rivers, Eric Robinson, Phil Silva, William St. Peter, Andrew St. Jean, Brad Tilden, Ryan White, and Mike Wing.

## "Lottery Winners" In The Agawam Library's Summer Reading Club

Congratulations to the 10 lucky readers who won prizes in the first week's Summer Reading Club lottery drawing at the Agawam Public Library!

Amanda Hamel won a week's free enrollment at Fitness First Kid's Kamp and Kara Reynolds won free lessons from Hwang's School of Tae Kwon-Do.

Other winning readers were Brian Howes, Hilary Golas, Christina Sticco, Justin Lepard, Joey Bushey, Philip Gildersleeve, Erin Marsh, and Kristan Heaton.

\*\*\*

Lucky winners in the Agawam Library's second weekly lottery are Matthew Greco, Alex Alvanos, Liza Gottardi, Karen Gottardi, Mary Lou Gottardi, Zev Vogel, Jim Wisniewski, Heather Kennell, Corey Federico, and Alex Shibley.

There will be another drawing Friday, July 22nd, and everyone is invited to come to the library lobby and see the Summer Reading Club display.

Members now number almost 1,000 kids, and this may be the all-time record year for Reading Club participation!

## There's Still Time To Join Readers At Agawam Library For Summer

There is still time for Agawam and Feeding Hills children to join the Summer Reading Program or Read-To-Me program at the Agawam Public Library.

The library reached a milestone on Friday, July 15th, when the 1,000th child signed up to participate in this year's activities.

Why are so many children joining? Maybe it is because this year, the library is able to offer so many prizes through the generosity of the many Agawam and Feeding Hills businesses who have donated games and gift certificates to be used in the weekly prize drawings.

Maybe so many children have joined because they enjoy reading so much—reading unlocks an entire world of fun, adventure, and imagination to readers of all ages.

Maybe so many children are joining because parents realize the importance of having children

read throughout the summer. Studies have shown that children who read during the summer maintain more of their reading skills, and begin the new school year better prepared to learn.

Maybe so many children are joining the reading program because parents are looking for something that is enjoyable for the children and does not cost a lot of money. (The Summer Reading Program and Read-To-Me program are both completely and totally FREE OF CHARGE!)

If you are a child who has not yet joined, or if you are a parent of a child who has not joined the library's reading program—IT IS NEVER TOO LATE TO BECOME A PART OF THE FUN AND ADVENTURE!

For more information, call the Agawam Public Library at 789-1550, or stop by in person to become a part of a record-breaking summer!

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## Sports

### Tri-County Baseball...

## Agawam Auto School Wins Two, Loses Two

by Brian Colby  
Advertiser News Correspondent

Agawam's own Tri-County team, **Agawam Auto School**, had a rollercoaster of a past week by winning two games against **Fenton's Athletic Wear** and the **Westfield Platters**, but then dropping both games in a doubleheader to the now first-place **Oliver**.

However, Agawam is still high in the running at a close second in the division with a few weeks to go before the playoffs.

The first game against the Westfield Platters was not much of a challenge for the men of Agawam Auto, as pitcher Jimmy Walker shut out the Platters in a decisive 7-0 victory. Agawam was out of the gate early as they posted two runs in the first when Brian Doyle walked and Ray Burgess doubled him in; Burgess would later score on a wild pitch and an error, putting Agawam up 2-0.

In the second, it would be more of the same as Jed Brietbart would reach on a fielder's choice and scored on a single by Doyle. Doyle would also score later on a triple by Bob Altobelli, making Agawam's lead 4-0.

The sixth would also be an interesting inning for Agawam, as back-to-back hits by the Wooley brothers (Jay and Nate) would be plated on a Brietbart double. By the time the smoke cleared, Agawam Auto School had buried the Westfield Platters 7-0 as Jimmy Walker of Agawam scattered four hits in seven innings against the Platters.

The next game of the week was Agawam Auto against the strongmen of Fenton's Athletic Wear, but the Agawam fans never feared in this one as a two-hit shutout helped Agawam take a 4-0 victory to the bank.

Brietbart opened this one up by reaching base in the first on an error, and then after a stolen base and a throwing error, Brietbart crossed the plate to put Agawam up early 1-0. The game would be quiet most of the way until the sixth when Agawam would put up three runs on a hit by Doyle, a double by Burgess, a double by Altobelli, and an RBI single by Frank Mochak to put Agawam up 4-0 (which is how it would end on that fine sunny day).

After two impressive wins like these, you'd think the Agawam boys would be ready when the tough Oliver team came into town for the doubleheader, but as it was, Agawam was swept by Oliver.

Agawam dropped from first place to a close second behind none other than Oliver, but never fear — this tough Agawam team has bounced back from worse losses, so look for them to be playing tough as the season winds down to the playoffs.

## Amaral Jr. Golf Tourney Held At Oak Ridge



**THE JOSEPH F. AMARAL MEMORIAL JUNIOR OPEN** was held at Oak Ridge Golf Club on Friday, July 15th. Over 150 junior golfers, ages 9-18 participated in this annual event held in memory of longtime Oak Ridge Golf Club employee, member, and friend - Joseph F. Amaral. **IN TOP PHOTO**, tournament director Mike Corgan and tournament host Jay Amaral presented the 16-18 year-old winners with their prizes - Daryl Lynch, 1st, 70; Dave Burstein, 2nd, 73; and Jay Poirier, 3rd, 73. **IN PHOTO BELOW**, Corgan and Amaral presented prizes to the 10-12 year-old division winners - Jon Nuger, 1st, 41; Drew Canan, 2nd, 44; and Alex White, 3rd, 47. **MORE PHOTOS ON NEXT PAGE.**



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## Amaral Memorial Tourney Big Hit At Oak Ridge



TOURNAMENT DIRECTORS of the Joseph F. Amaral Junior Memorial Golf Tournament, Mike Corgan and tournament host Jay Amaral, present 13-15 year-old division winners with their prizes - Larry Nuger, 1st, 67; Cort Duda, 2nd, 73; and Mark LaTourelle, 3rd, 75. IN PHOTO BELOW, tournament host Jay Amaral presents the 1994 Joseph F. Amaral Scholarship to Daryl Lynch. The tournament was held at Oak Ridge Golf Club. RELATED PHOTOS ON PREVIOUS PAGE.



OAK RIDGE GOLF CLUB PRO Jim Modzelesky presents plaque to Marissa Kulig, winner of the Open Division of the Joseph F. Amaral Junior Memorial Golf Tournament. RELATED PHOTOS ON PREVIOUS PAGE.

### AAN Golf Tip Of The Week... The World's Greatest Golfers Share Their Tips To Mastering The Game

Compiled by Jim Modzelesky, PGA  
Oak Ridge Golf Club, Feeding Hills, MA

JUDY RANKIN  
The 1974 Colgate European Open

#### TAKE EVERYTHING BACK IN ONE PIECE

When you're playing under pressure, there's a tendency to let your arms and hands control the pace of your swing, and usually that means that you'll swing too fast and won't coordinate your arms with the rest of your body.

I always tried to prevent this by taking everything—the clubhead, my hands and arms, and my upper and lower body—back in one piece. When I did that, I found I had really good rhythm and timing.

The truth is that everyone fights tension on the course, no matter how many times you've been in contention. I always struggled to get my emotions under control, and I found that if I could just find a way to relax my forearms and hands I could generally make a pretty good swing.

To keep from getting jerky on the backswing, I'd try to drag the clubhead away from the ball. This would keep me from jerking the clubhead inside or cocking my wrists too early in the backswing.

It would probably be imperceptible to most people, but it was something that I tried to do when the heat was on. If you study photographs or films of players like Byron Nelson or Bob Jones, you'll notice they did the same thing.

I don't know if I ever accomplished this better than at Sunningdale, in England, in the 1994 Colgate European Open. I had just gotten a new driver. It had a Penna head and a graphite shaft, which hardly anyone was playing with at the time.

I was just learning to control the shaft, and I found that if I swung almost leisurely, I could really drive the ball beautifully. I never tried to force the club. I just let it do the work for me.



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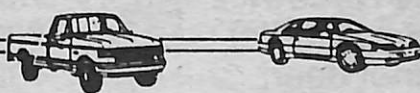
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## Agawam Men's Softball...

## Paul's Lounge Squeaks By Desi's Lounge, 7-6

by Brian Colby  
Advertiser News Correspondent

In Men's Slo-Pitch Softball action this week, the men of **Paul's Lounge** and **Desi's Lounge** battled it out through seven innings until Paul's pulled off a 7-6 victory to put them at 11-15 and in a "must win" situation for the rest of the games if they hope to make the playoffs.

Paul's came out shooting in the first as two sac fly's plated two runs. Ken Whitehead and Doug Perry both had hits in the first. Desi's would be quiet in the first and second innings, as they would go down in order.

In the top of the third, Whitehead would get another hit, as would Charlie Valentine to drive him in. This would put Paul's Lounge up 3-0 going

into the bottom of the third; however, this lead wouldn't last for long.

Desi's would get five base hits and four runs to put them on top. Jimmy Carmel, Vix Bodziak, Walt Willard, and John Carmel all had hits that inning.

\*\*\*

In the top of the fourth, Paul's would be stifled as a base hit by Bob McDonald would be wasted, and Desi's would pull off a beautiful 6-4-3 double play to end the threat.

The bottom part of the fourth inning would be even more disastrous for Paul's, as Desi's would put up two more runs to make the lead 6-3.

As the fifth rolled around, Paul's just couldn't plate anybody. Luckily for Paul's, it was the same

story for Desi's in their part of the fifth.

So, the score stood 6-3 in Desi's favor going into the sixth. Paul's would get a lead-off walk by Doug Perry to start the sixth frame, and a base hit by Vinny Cremonti would plate him. A sac fly by McDonald would score two to put Paul's back in it at 6-6!

Desi's would be shut down by some nice defensive plays in the bottom of the inning. In the top of the seventh, Ken Whitehead would sac fly the winning run home for Paul's.

Paul's Lounge would play good "D" in the bottom of seven, and they would hold on to win 7-6 and to keep their playoff chances alive.

## Agawam Men's Softball League

(Standings As Of 7/17/94)

NATIONAL DIVISION	W	L
Copper Door	19	4
Cortina Tile	14	7
Cabin	14	7
Plainfield/Scrubbers	11	10
Bobby's Lounge	11	9
E.B's	10	10
Sam's Sports Bar	10	12
Agawam Spirit Shoppe	8	13
Dante Club	6	15
Joey's Pizzeria/Pub.	5	17
Bobby's Iron Ducks	5	17

AMERICAN—NORTH	W	L
Italian Sporting Club	17	6
Elbow Lounge Sharks	15	6
Agawam Moose Club	15	7
Village Lounge	12	8
Winn Liquors	10	10
Scoreboard Lounge	9	10
Abbett Tax Consultants	9	12
Balise Honda	9	13
Balzer's Tool Coating	7	16
Powers Cafe	4	18

AMERICAN—SOUTH	W	L
Bertelli's Liquors	21	0
Buccaneer Lounge 2	18	4
Pink Cadillac Productions	17	4
Bobby's Lounge	16	6
Michael Anthony's	14	9
Bio Care	14	10
Heritage Hall	11	12
Coast To Coast	10	11
Lessard Property Mgt.	10	10
Southworth Paper Co.	9	15
Paul's Lounge	9	15
Buccaneer Lounge 1	8	13
Teddy Bear Pools	7	15
Professional Traffic Systems	6	16
Agawam Tire/Auto	4	18
Desi's Place	3	18

## Wrestling Booster Club Schedules Car Wash For Saturday, July 23rd

On Saturday, July 23rd, the Agawam High School Wrestling Booster Club will hold a car wash at the Agawam Middle School from 9:00 a.m. to 3:00 p.m. The purpose of the car wash is to raise money to purchase new warm-ups for the AHS wrestling team next season. The cost is only \$2 per car.

The Booster Club invites all current wrestlers and their families to participate, and is hopeful that many alumni wrestlers and their families (as well as all of Agawam's fine wrestling fans) will show up to have their cars washed by next year's wrestling team. Thank you for your support.

## Agawam Soccer School



SPONSORED BY:

The Agawam High School  
Soccer Booster Club and  
The Agawam Soccer Association

## AGAWAM SOCCER CAMP

Each camp day will be divided into four parts:

1. The fundamentals of the game, trapping, passing, dribbling, shielding, shooting.
2. Physical conditioning and mental alertness.
3. Tactical training on offensive and defensive build up and break down.
4. Playing the game, cool down period and stretching.

### THINGS TO BRING TO CAMP

Shorts, shin guards, WATER, soccer shoes,  
two (2) colored shirts (1 dark, 1 light),  
A POSITIVE ATTITUDE AND A WILLINGNESS TO LEARN.

Location: Phelps Elementary School

Time: 12:30 to 3:30 p.m.,

Monday through Friday

Date: August 1 to August 5, 1994

### TUITION

Grades 1-6

\$40

Family rates, 2 persons

\$70

3 or more

\$30 each

### DISCIPLINE PROBLEMS

Will not be tolerated. Players will be  
dismissed without refund if such problems arise.

### CAMP DEMONSTRATORS & GROUP LEADERS

Will be made up of various High School  
Varsity and Junior Varsity players.

### FURTHER INFORMATION

AND REGISTRATION FORMS

CONTACT:

Dee Nacewicz	786-2280
Jane Knodler	786-1455
Elinor Jean	786-4368
Ann Boskiewicz	786-4541





**SACRED HEART ATHLETIC ASSOCIATION CYO Champs** - back row, from left - Coach Mike Hanscom, Ryan Buynicki, Mike Martin, Jerry Graves, Ed Torres, Stan Dewberry, Joe Divirgillio, and Assistant Coach Norm Dion. Front row - Vin Buoniconti, Shawn Biebel, Brian St. Jean, Jesse Kelleher, and Matt Dion.

## SHAA CYO Team Crowned State Champs In Spring Boys' Basketball League

This past spring, the fifth and sixth grade team from Sacred Heart AA of Feeding Hills was crowned CYO League Champions, Western Mass. Champions, and eventually, State Champions.

They were also the New England runner-up, losing their only game of the season to a strong Hartford, Connecticut team.

The team was coached by Mike Hanscom and Norm Dion, while Mike Martin and Brian St. Jean served as co-captains.

The boys would like to thank Father Kenneth Tatro, pastor of Sacred Heart Church, for letting them represent the parish.

## "Cruise Night" Held On Tuesdays In Enfield

The Crankers Antique Car Club, a non-profit organization, invites the public to attend "Enfield Cruise Night" every Tuesday night at the Porter & Chester Institute main parking lot.

This "Cruisin' Back to the 50's" event is free and open to the public from 6:00 to 9:00 p.m.

Classics, customs, muscle cars, and street rods are just some of the models on display.

Directions: Take I-91 to Exit 46. Go left at the end of the ramp. Take your first left onto Weymouth Road. The parking lot will be one mile on your right.

## Youth Football Sign-Ups Available At Park & Rec. Dept.

Players who missed the recent sign-up for the Agawam Youth Football Association will be able to register at the Agawam Park and Recreation Department office. To be eligible, players must reside in Agawam.

The Junior Division consists of players in grades four to six. Sixth graders may not turn 13 prior to January 1st, 1995.

The Senior Division consists of players in grades seven and eight. Eighth graders may not turn 15 prior to January 1st, 1995.

Sign-up fees are \$75 per player, \$100 per family (two players). For additional information, call 786-3846.

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## Agawam Women's Softball League (Final Standings)

"A" DIVISION	W	L
* P & L - Our Hideaway	18	3
* R - Desi's Place	17	4
T.J.'s Sporthouse	10	11
Southworth Paper Co.	4	16
Buccaneer Lounge	3	18

"B" DIVISION	W	L
* L - Bad News Bears	18	5
Jessica's Lounge	16	7
Club 57	14	9
Buccaneer Lounge	12	11
Desi's Place	12	12
New England School Supply	10	14
Bobby's Lounge	7	15
Ames Plumbing Supply	3	19

- \* L - League Winners
- \* P - Playoff Winner
- \* R - Playoff Runner-Ups

## Wheelchair Tennis To Be Taught At Clinic With F.H. Resident

Tennis and recreational enthusiasts are invited to attend a Wheelchair Tennis Clinic at the Grande Meadows Tennis & Health Club in Longmeadow on Wednesday, July 27th from 6:30 to 8:30 p.m.

The event, co-sponsored by Quickie Designs and Cerebral Palsy & Developmental Services of Western Mass., is free and open to the public.

Throughout the event, the newest line of sports equipment by Quickie will be on display, along with demonstrations presented by Hudson Home Health Care. Wheelchair tennis instruction will be conducted by Randy Snow, 10-time U.S. Open Tennis Champ and gold medal winner at the Paralympics in Barcelona. Snow will be assisted by Denise Roy, a Feeding Hills native, the 1993 Women's Division-B U.S. Open Tennis Champ.

Individuals of all ages and abilities are encouraged to "get out there" and try something new! If you would like further information, please call Denise at 788-9695.

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# Fran's Restaurant Raises \$500 For Camp Rainbow



FRAN MULCAHY, owner of Fran's Restaurant in Feeding Hills Center, sponsored a golf tournament at Crestview Country Club to benefit Camp Rainbow, the town's special needs summer camp. IN PHOTO LEFT, Fran is pictured with local linkster Bob Barbarini; IN PHOTO RIGHT, some of those who participated in the event included Mary Rose Sitek, Alfred Johnson, Jackie Johnson, and Tracey Sitek. Fran's presented Camp Rainbow with a \$500 donation. Advertiser News photos by Jack Devine.

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## Sportsmen's Corner

—By Bill Chiba—  
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The weather finally broke from unbearable heat to a cool wind and small rain squalls once in a while during the morning hours. Angie Borgatti and I arrived at Big Benton at 8:00 in the morning and was surprised to find the boat launch area almost filled with cars and relatives.

We had to move a trailer and put it sideways before I could drive into a position to back my trailer to the brook ramp. Some people are just inconsiderate and have the "Hurray for me and the hell with you" attitude. It takes all kinds.

We figured to fish early and set 12:00 noon as our deadline for pulling up anchor and heading home.

On a previous trip, we found a "glory hole" located about 25 yards in front of a cottage that was empty at the time. This morning, there was quite a bit of activity as the owners were hammering and sawing, working on their cottage. Angie Borgatti uttered, "It figures, spend most of your vacation time working on the cottage instead of relaxing and enjoying what the lake has to offer."

"It seems to be the case," I followed up. Well, we started to catch perch, sometimes having a double on the two rods we both were using. Finally a voice from shore broke into our revelry. "What are you catching out there? We didn't know there was that many fish in front of the cottage."

"Perch, you want some for dinner?" replied Angie. "No, thanks," came the reply. "When we have 25 apiece, we are going to call it quits." Angie replied laughingly, "We are from Germany and come over here every summer to enjoy our month's vacation. It usually takes the first week to repair minor damage from the weather and then it is heaven to swim and sail around the lake. If you want a perch dinner, we will clean them for you and you can keep right on working up to the time it comes to cooking them," I offered.

"Thanks anyway, we are having steak when I can get around to preparing them."

At noon, we pulled up the anchors and headed for the ramp. I had nearly 25 perch and Angie had well over that. It felt good getting home around 1:00 in the afternoon. We both agreed this timetable should be ours from now on.

**Great Barrington Rejects Gun Control Proposals**  
The Selectmen and citizens and Great Barrington soundly voted to reject two gun control proposals. The first of these was identical to gun ban legislation approved in early May by the U.S. House of Representatives, while the other would have urged adoption of a statewide gun buy-back program funded by exorbitant new annual fees on gun owners, ammunition, and firearms.

### AIC Coach Jim Powell To Hold Hoop Camp For Grades 5-12

Feeding Hills resident Jim Powell, head coach of the nationally-ranked American International College men's basketball team, will be holding his "Shamrock Basketball Camp" for grades five through 12 from August 14th to August 19th.

Anyone interested in attending and/or wishing further information should contact Jim Powell at AIC, 747-6340, or at his home, 789-3252.

*When mailing classified ads to our office (P.O. Box 263, Feeding Hills, MA 01030), please make sure that you write "Attention: Classifieds" on the outside envelope.*

They are hitting from all corners. Thank the Lord we have judges that believe in the Constitution of the U.S.

A Texas corporation, Clayton Production Corp. (a Delaware corporation largely owned by a family of Calyton W. Williams, Jr., a wealthy Texas oilman and former gubernatorial candidate), Marion and Mary Scott, and Salt Creek Ranch.

The corporation made a blatant attempt to roll back the clock to feudal times when the Lord of the Manor owned everything that roamed across, blew across, flowed across, or stood atop or under the land, including the wildlife, and they called it "property rights." Of course, we National Wildlife Federation members are hunters, anglers, property owners, business people—a cross-section of America. But our members also have a tradition of caring for the land and waters, of stewardship, of good faith toward neighbors.

Fortunately, Judge Brimmer of the U.S. District Court in Wyoming has, in essence, thrown the Clayton case out of court.

#### "Shooter's Bible" A Real Classic

The very first *Shooter's Bible* was published in 1924 by Stoeger Publishing Company and has deserved the designation of a "classic" ever

since. Revised annually, it contains perhaps the most detailed information on current firearms available.

The *Shooter's Bible* includes the latest specifications and retail prices of handguns, rifles, shotguns, and blackpowder arms presently manufactured by major U.S. and foreign gun-makers. Add to this a rich collection of articles covering a wide array of topics of interest to gun enthusiasts, plus up-to-date data on optics, reloading equipment, accessories, ammunition, and ballistics.

I am not an expert on guns and never wanted to be, but I find myself answering and finding information about guns and ammunition throughout the year from readers. You guessed it—I refer to the *Shooter's Bible* and it has not let me down one time. Every serious hunter or target shooter should have a volume readily accessible in their bookcase. The *Shooter's Bible* has earned its well-deserved reputation as "The world's standard firearms reference book."

The 1995 *Shooter's Bible* is available at \$21.95 at better sporting goods stores and booksellers, or postpaid from Stoeger Publishing Co., 55 Ruta Court, South Hackensack, New Jersey 07606.

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## One-Stop Redemption Blue Jays Shine In Sacred Heart Baseball

One Stop Redemption (Blue Jays) had an outstanding year in the 10-12 Sacred Heart division. The combination of veteran players Joe, Matt, Barry, Scott, Eric, Corey, and Dennis with promising rookies David, Shawn, Brandon, Chris, and Jeff united together in an all-out team effort to achieve an undefeated season.

In League Play, the Blue Jays mounted an impressive 15-0 record, and 3-0 in the Playoffs. Coach Ward and Coach Albano were exceptionally pleased with the heart and determination exhibited by the aforementioned young athletes.

Throughout the season, the team had four come-from-behind victories, proving their "never-give-up attitude." They are truly to be commended for their hard work.

## Brightside Golf Classic To Be Held At Three Locales On August 8th

"Bigger and Better Than Ever" could be the best way to describe the 14th Annual Brightside Golf Classic, set for Monday, August 8th.

Each year, the tournament is one of the biggest and most successful in the area, and provides hundreds of local golfers the opportunity to pitch in and help out families and children (as well as an excellent excuse to get out and have a great time on the links).

The Golf Classic will again be played on three of the top courses in the area: Twin Hills in Longmeadow, Crestview in Agawam, and Springfield Country Club in West Springfield.

The 1993 version of the tournament saw almost 350 golfers teeing off to help the children and families helped by Brightside.

A new feature this year is the first-ever Women's Division. The participation of women in the tournament has increased each year, so a new division with separate prizes was formed.

Last year's Brightside Golf Classic raised more than \$75,000 dollars to help Brightside continue providing much-needed programs and services to families and children in our community.

Space is still available for both players and sponsors for this year's tournament. To get more information on the tournament or to register, contact Brightside Special Events Coordinator Diane Hessinger at (413) 788-7366, ext. 4271.

*When mailing classified ads to our office (P.O. Box 263, Feeding Hills, MA 01030), please make sure that you write "Attention: Classifieds" on the outside envelope. This will ensure that your classified ad gets into the next edition of our paper as soon as possible...*

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MEMBERS OF ONE-STOP REDEMPTION, the undefeated champs of the SHAA 10-12 league. Team members are (top left to bottom right) - Coach Wayne Albano, Joey DiVirgillio, Scott Harlin, Barry Ward, Matt Albano, Corey Hopkins, Dave Baker, Coach Barry Ward, Eric Mancini, Brandon Hill, Dennis Nelson, Jeff Thibodeau, and Shawn Gaffney. Missing - Chris Robitaille.

## Little League All Stars Alive At Presstime

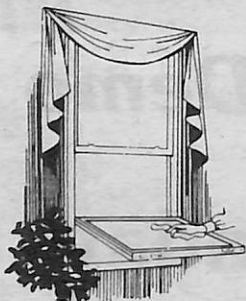


MEMBERS OF THE AGAWAM LITTLE LEAGUE All-Star Team were still alive at presstime in the district tournament. Back row, from left - Coach Paul Federico, Manager Pete Buoniconti, and Coach Ken Kelleher. Middle row - Brad Theriaque, Mitch Wilson, Jason Sirois, Mike Martin, Vinny Buoniconti, Tony Leclair, Brian St. Jean, and Russell Smith. Front row - Joe Valenti, Nick Griffin, Corey Federico, Jesse Kelleher, Shawn Biebel, and Derek Mercadante. Advertiser News photo by Jack Devine.

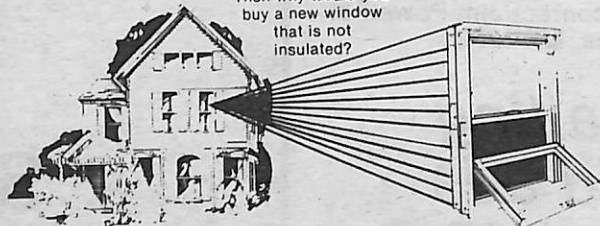
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that is not  
insulated?



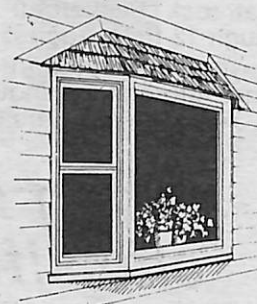
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# Agawam AA Piranhas Defeat Pittsfield

The Agawam AA Piranhas swim team traveled to Pittsfield on June 29th, 1994 to compete against a strong Pittsfield YMCA team. The result was a 340-244 Agawam victory with the following achievements:

## Boys' 8 & under:

In the 100-yard medley relay, the team of Ben Bruso, Jeffrey Lagasse, Jamie Lewin, and Sean Bruso placed first.

Ben Bruso, third in 100-yard individual medley.

Jeffrey Lagasse, third in 25-yard butterfly.

Jamie Lewin, third in 50-yard freestyle.

Ben Bruso, third in 25-yard backstroke.

Ben Bruso, second, and Jamie Lewin, third in 25-yard breaststroke.

The team of Chad Miller, Sean Bruso, Matt Miller, and Jamie Lewin placed first in the 100-yard freestyle relay.

## Girls' 8 & under:

The team of Lauren Fox, Jillian Fox, Bethany Reid, and Julia Weisgerber placed first in the 100-yard medley relay.

Jillian Kos, first, and Lauren Fox, third in 100-yard individual medley.

Jillian Kos, second, and Julia Weisgerber, third in 25-yard butterfly.

Lauren Fox, third in 25-yard backstroke.

Bethany Reid, second in 25-yard breaststroke.

In the 100-yard freestyle relay, the team of Lauren Fox, Julia Weisgerber, Bethany Reid, and Jillian Kos placed first; the team of Kristen Wojcik, Talia Scalise, Kelly Follis, and Ami Sullivan placed second; the team of Katherine Simison, Courtney Garret, Becky Lewin, and Lisa Whitehead placed third.

## Boys' 9-10:

In the 200-yard medley relay, the team of Daniel Adamski, Brian McGuire, Joseph Santaniello, and Paul Lagasse placed first.

Joseph Santaniello, first, and Josh Lewin, third in 100-yard individual medley.

Brian McGuire, first, and Josh Lewin, second in 50-yard butterfly.

Daniel Adamski, first, and Michael Follis, third in 100-yard freestyle.

Daniel Adamski, second, and Paul Lagasse, third in 50-yard backstroke.

Joseph Santaniello, first, and Brian McGuire, second in 50-yard breaststroke.

The team of Brian McGuire, Daniel Adamski, Paul Lagasse, and Joseph Santaniello placed first in the 200-yard freestyle relay; the team of Chad Farrington, Michael Follis, Josh Lewin, and Matt McGrath placed third.

## Girls' 9-10:

In the 200-yard medley relay, the team of Hilary Golas, Amanda Fox, Christina Climo, and Erin Simison placed first; the team of Ashley King, Kyleigh Egan, Kara Gilhooly, and Lucy Young placed third.

Hilary Golas, second in 100-yard individual medley.

Amanda Fox, first in 50-yard butterfly and in 100-yard freestyle.

Hilary Golas, second in 50-yard backstroke.

Christina Climo, third in 50-yard breaststroke.

The team of Hilary Golas, Erin Simison, Christina Climo, and Amanda Fox placed first in the 200-yard freestyle relay; the team of Lucy Young, Brittany Theriaque, Kyleigh Egan, and Kara Gilhooly placed second.

## Boys' 11-12:

In the 200-yard medley relay, the team of Matt Smith, Tom Casiello, Jeffrey Rivkin, and Nathan Adamski placed first.

Jeffrey Rivkin, first, and Nathan Adamski, second in 200-yard individual medley.

Jeffrey Rivkin, first, and Thomas Casiello, second in 50-yard butterfly.

Thomas Graveline, first, Thomas Casiello, second, and Michael Whitehead, third in 100-yard freestyle.

Jeffrey Rivkin, first, Nathan Adamski, second, and Michael Whitehead, third in 50-yard backstroke.

Thomas Casiello, first, and Thomas Graveline, second in 50-yard breaststroke.

The team of Nathan Adamski, Michael Whitehead, Thomas Graveline, and Matt Smith placed first in the 200-yard freestyle relay.

## Girls' 11-12:

In the 200-yard medley relay, the team of Katie Theroux, Caitlin Weisgerber, Shannon Costa, and Kimberly Sullivan placed first; the team of Jennifer McGuire, Jennifer Reid, Alicyn Siano, and Shaunessy Egan placed third.

Kimberly Sullivan, first in 200-yard individual medley and in 100-yard freestyle.

Caitlin Weisgerber, first in 50-yard butterfly.

Katie Theroux, third in 50-yard backstroke.

Caitlin Weisgerber, second, and Shannon Costa, third in 50-yard breaststroke.

In the 200-yard freestyle relay, the team of Katie Theroux, Caitlin Weisgerber, Shannon Costa, and Kimberly Sullivan placed first; the team of Jennifer Reid, Alicyn Siano, Jennifer McGuire, and Lauren Kunkler placed third.

## Boys' 13-14:

Matt Slattery, third in 200-yard individual medley, in 100-yard freestyle, and in 100-yard backstroke.

## Girls' 13-14:

The team of Kelli Kunkel, Danielle Deforge, Eileen Daly, and Kelly Robinson placed first in 200-yard medley relay; the team of Christy Roberts, Melissa Sparver, Gina Cellili, and Jillian Abow placed second.

Eileen Daly, second, and Melissa Sparver, third in 200-yard individual medley.

Eileen Daly, first, and Kelli Kunkel, third in 100-yard butterfly.

Kelli Kunkel, second in 100-yard freestyle.

Jillian Abow, first, and Kelly Robinson, second in 100-yard backstroke.

Danielle Deforge, first, and Kelly Robinson, second in 100-yard breaststroke.

In the 200-yard freestyle relay, the team of Jillian Abow, Kelly Robinson, Eileen Daly, and Kelli Kunkel placed first; the team of Katherine Ziemba, Marci Rackliffe, Christy Roberts, and Melissa Sparver placed second.

## Boys' 15-18:

Jonathan David, first in 200-yard individual medley and in 100-yard backstroke.

Chad Abdow, first in 100-yard butterfly and in 100-yard freestyle.

Jonathan David, first, and Chad Abdow, second in 100-yard breaststroke.

## Girls' 15-18:

Rachel Niemiec, first in 200-yard individual medley, in 100-yard freestyle, and in 100-yard backstroke.

Tara Rivkin, second in 100-yard breaststroke.

*If you would like copies of his photos in this edition of The AAN, please contact photographer Jack Devine at his Agawam number — 789-0053. Jack has all of the negatives and will be glad to help you.*

*All the local news with us, each week*  
**ADVERTISER NEWS**

## NOTICE— Business Reopens



Martin Milillo, owner of  
**Precision Alignment** in  
Agawam, Massachusetts, is  
reopening under the name of  
**Alignments By Marty.**

His new location is located  
in the Sliech Auto Body complex at  
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## Agawam Little League All-Stars Are Off To A Good Start

Each year, hundreds of thousands of youngsters across the country and around the world play Little League baseball. Upon the completion of each league's regular season, 14 players are selected to represent their league in an international All-Star Tournament, culminating in Williamsport, Pennsylvania, with the Little League World Series.

This year's Little League All-Stars representing Agawam are: **Shawn Biebel, Vinny Buoniconti, Corey Federico, Nick Griffin, Jesse Kelleher, Tony LeClair, Mike Martin, Derek Mercadante, Jason Sirois, Russ Smith, Brian St. Jean, Brad Theriaque, Joe Valenti, and Mitch Wilson.** They are managed by Peter Buoniconti, and the coaches are Paul Federico and Ken Kelleher.

To date, these 11 and 12 year-olds have taken three giant steps down "the road to Williamsport" with a 3-0 record in the tournament.



**BRIAN ST. JOHN**, the pitching "ace" for the Agawam Little League All-Stars. Advertiser News photo by Jack Devine.

### Game 1: Agawam 5, Southampton 1

It's common knowledge in baseball that pitching and defense win ballgames. This was certainly the case in Agawam's first game of the tournament.

Southampton pitcher Stefan Cressoti pitched a very fine ballgame, allowing just six Agawam hits. But this would not be good enough, for the game would belong to Agawam's Brian St. Jean.

St. Jean, the ace of the Agawam pitching staff, would be unhittable, literally. The hard-throwing righthander would strike out 11 hitters on his way to a complete game "no-hitter."

Southampton's only run would come in the second inning. With two outs, an Agawam throwing error on a play at first would allow the hitter to reach second base. The Southampton runner would then try to take third base on a ball which got a few feet away from the catcher. The catcher's throw to third would be wide and end up in leftfield, allowing the runner to score.

Agawam would get on the scoreboard first. Second baseman Jesse Kelleher (the lead-off hitter)

would start the tournament off right for Agawam with a base hit up the middle in the bottom of the first inning. Third baseman Derek Mercadante and St. Jean would follow with base hits to load the bases with no outs.

A fly ball to rightfield would record Agawam's first out. Shawn Biebel would then lift a short fly ball to centerfield. Southampton's Eddie Fournier would make a great catch while tumbling in. Kelleher would tag from third and slide head-first just under a perfect throw to the plate. Agawam would do no more scoring in the inning.

With the score tied 1 to 1 in the bottom of the third, St. Jean would come to the plate with Mercadante on base. There was no question when the ball left the bat—a home run to make it Agawam 3, Southampton 1. Agawam would add two more runs in the fifth, as Nick Griffin would hit a home run with Joe Valenti aboard.

### The final score was Agawam 5, Southampton 1. Game 2: Agawam 21, West Springfield 1

Agawam would again feature dominating pitching along with an offensive explosion by the entire Agawam team. Lefthander Shawn Biebel would throw three innings of one-hit ball, followed by three innings of no-hit relief by Vinny Buoniconti, Mike Martin, and Joe Valenti.

West Springfield's run would come in the second inning. After a two-out walk, the West Side batter would hit one just inside the rightfield foul line. Although this would score a run, it would show Agawam's great defense as rightfielder Mike Martin would make a strong throw to short-stop Brian St. Jean, whose relay to third baseman Derek Mercadante would cut down the hitter trying to reach third. The execution on this play would make any baseball purist smile.

On the offensive side, Agawam would collect 15 hits and show this is a team of 14 fine athletes, all of whom get the job done. Agawam would flex their muscles as Mike Martin, Brian St. Jean, and Vinny Buoniconti would all play long ball and connect for home runs.

St. Jean, Buoniconti, Russ Smith, Brad Theriaque, and Tony LeClair collected two hits apiece. Lead-off hitter Jesse Kelleher would reach base six times in six plate appearances, scoring five runs. Biebel, Jason Sirois, Mitch Wilson, and Kelleher would also add hits for Agawam.

### Game 3: Agawam 6, Amherst 3

Talking to the fans before the game, no one could ever remember an Agawam team beating Amherst in a Little League game. This would be the game that would tell the Agawam coaches just how good their team was.

When the Agawam team arrived at 2:30 p.m. for the 4:00 p.m. game, Amherst was taking a very rigorous batting practice, their players yelling and cheering on every pitch. The temperature was 90° and very humid. The Agawam team chose to take an easy batting practice, then relax in the shade before the game. The players were told by the coaches, "We'll let them win batting practice and we'll win the game."



**MITCH WILSON** in action for the Agawam Little League All-Stars. Advertiser News photo by Jack Devine.

Agawam again had Brian St. Jean on the mound. St. Jean would limit the always-tough Amherst team to three hits while walking none. He would also record seven assists while striking out seven.

While most Agawam hitters were frustrated at the plate, Jason Sirois had a field day going three for three. Agawam would again get on the scoreboard first with a big second inning, as they scored four runs on one hit, four walks, and an Amherst error.

Amherst would not lay down as they would answer back with a big three-run homer by catcher Mike Cook in the third inning. This would have the fans on both sides of the field biting their nails as the score was Agawam 4, Amherst 3.

St. Jean would take over from there and retire the next nine Amherst hitters in a row. Agawam would add single runs in the third and fifth innings to close out the score at Agawam 6, Amherst 3.

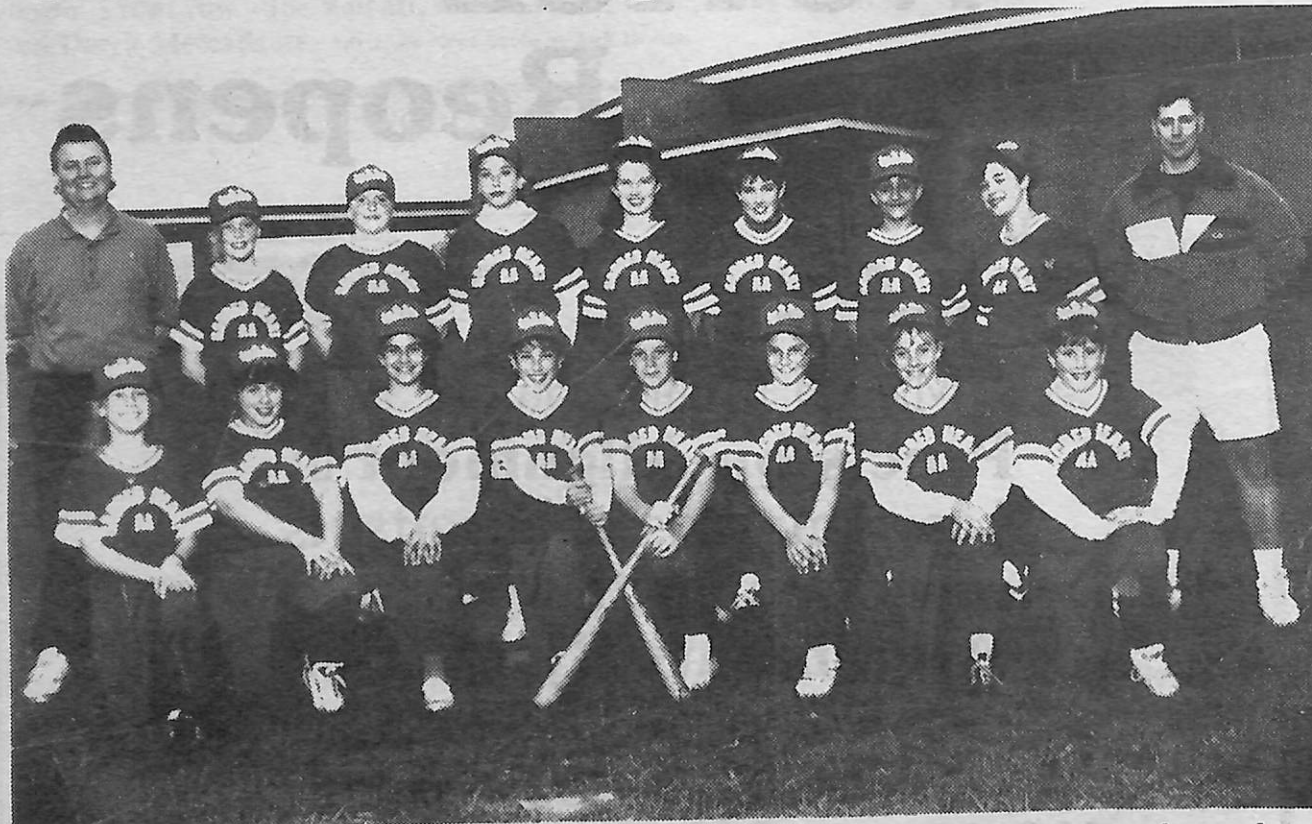
Agawam's next game was against Westfield on Wednesday, July 20th (presstime), at home. This is a semi-final game: if they won, they would become eligible to play in the championship game on Monday, July 25th, away at a field not yet determined; if they lost, they would play Friday, July 22nd, at the Agawam Little League Field.

Check out the sports pages of your local paper for the Little League schedule, and come out and watch some fine baseball. Good luck, guys!



**VINNY BUONICONTI** of the Agawam Little League All-Stars. Advertiser News photo by Jack Devine.

## Casa Di Lisa Wins Regular Season In SHAA



**WITH THEIR 9-1 RECORD**, the Orange Flames of Casa Di Lisa Restaurant were the regular season champions in the 10-13 girls' softball league of the Sacred Heart Athletic Association. Front row - Jessica Charest, Katie Vancini, Karen Baruffaldi, Danielle Cardin, Laura Charest, Amanda Brown, Tiffany Blackman, and Kelly Curry. Back row - Coach Roger Cardin, Lisa Collins, Allison Piano, Sheree Cardin, Marisa McLaughlin, Liz Curry, Bassem Yusef, Debra Hill, and Coach Rick Curry.



# RACING AT Riverside Speedway

## Dan Avery Becomes Four-Time Modified Winner For '94 Season

On Saturday, July 16th, at Riverside Park Speedway in Agawam, Massachusetts, a crowd of 7,984 race fans turned out for the "Nutmeg Collectors Matchbox Car Night," which also marked the third event in the NAPA Championship Series.

The Modified race produced the first four-time winner, **Dan Avery** in the Porter-Chester Pontiac. Dan Meservey led the first four laps of the Reliable Fabrication Modified feature; on lap five, Dave Berube drove by and looked like an easy winner—until lap number 27, that is, when Avery worked Berube over to take the lead.

Three more cautions took place for minor spins with Ted Christopher, Ed Spiers, and Ed Kennedy. Avery still did not have it easy, thanks to Jerry Marquis and Reggie Ruggiero dicing for position lap after lap; meanwhile, Dave Berube never let either one of them out of his sight, and Meservey dropped back to fifth.

At the checker, it was Dan Avery (Porter-Chester) over Reggie Ruggiero (John Haymond Law), Jerry Marquis (Judkins' 2x), Dave Berube (Leather Auto), and Doug Meservey (Citgo Super Premium).

Sixth through 10th went to Stan Greger (Brady Cavalier), Brian Schofield (sponsor wanted), Chris Kopec (McDonald's), Ed Spiers (Bink Auto Glass), and Steve Park (Universal Auto).

Avery stated, "We had a hidden hero in this crew, Chuck Balboni; he was doing double duty. We really want the title. This team has won four races, but the week after we always have bad luck."

He also thanked the fans for their support, and now he is also eligible to have his car as a Nutmeg race collectible Matchbox car to celebrate the victory.

\*\*\*

For 14 laps, Dave Berube led the Reliable Race Cars' Pro Stock feature. Then **John Lobo** came from the middle of the pack to take the lead.

While this was going on up front, drivers like Tom Fearn, Ed Carroll, and Tom Carey all got into mix-ups. Still, John Lobo was smooth at the front of the pack and was hunted down by two-time feature event winner Lou Prior.

Prior, meanwhile, was pressured lap after lap by Bill Lauridsen, who turned in another great run for Bumper To Bumper.

As the checker was waved in the NAPA Series Special, first-place winner John Lobo was followed by Lou Prior (Mizzy), Bill Lauridsen (Bumper To Bumper Auto), Dave Caruso (Bianca Reg.), and Barry Gray (Meadows Motors).

Rounding out the top 10 in this competition were Jim Bainfield, Ted Hebert, Kevin Czarnecki, Eddy Carroll, and Dan Grasso.

\*\*\*

In the NAPA Auto Parts NEMA Midget Event, **Babe Shaw** secured his first win (which was a popular victory) over Joe Paine, Mike Seymour, Barry Cannon, and Pal Lawless.

Sixth through 10th went to Gle Cabral, Pete Pernesiglio, Doug Cleveland, and E.J. Douville, and Russ Stoehr.

\*\*\*

Matt Bushior led the first two laps of the Nutmeg Late Models, then **Paul DiPisa** charged by; he was as smooth as can be in the lead, and ultimately secured the victory with ease.

Second place was earned by John Seybold, followed by Rick Hartenstein, Ted Chalmers, and Gary Fioramonti. Sixth through 10th were Gee Perry, Fred LaForge, Joe Czarnecki, Glenn Griswold, and Wayne Coury.

Paul DiPisa was thrilled with his victory in this division, and he gave credit to his family team for the win.

\*\*\*

**Roy Houle** from Stafford Springs, Connecticut, secured his second win in the Strictly Stocks. Proving that smooth driving pays off, Chuck Alessio came in second, followed by Scott Neleber, Bruce Battles, and Vinny Buonocore.

Rounding out the top 10 were Jeff Connors, Todd Owen, Rob Valerio, Tom Dileo, and Herb Carlon.

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## Riverside Park Speedway Standings (As Of July 16th, 1994)

### MODIFIEDS

Reggie Ruggiero	302
Dan Avery	276
Chris Kopec	276
Steve Park	244
Stan Greger	236
Bobby Gegetsas	164
Brian Schofield	164
Doug Meservey	158
Bruce D'Alessandro	150
Eddy Spiers	150
Brian Miller	148
Richard Savary	138
Tom Jensen	118
Dave Berube	112
Jim Houghton	110

### PRO STOCKS

John Lobo	266
Dave Caruso	264
Tom Fearn	226
Tom Carey	220
Eddy Carroll	206
Lou Prior	178
Bill Lauridsen	172
Ed Carroll	158
Barry Gray	150
Jeff Horn	134
Ted Hebert	122
Sumner Chapman	120
Dave Berube	110
Jim Banfield	96
Scott Bouley	92

### LATE MODELS

Gee Perry	302
Gary Fioramanti	274
Chuck Docherty	272
Ted Chalmers	244
Fred LaForge	224
Marty Leary	194
Glenn Griswold	180
Joe Czarnecki	148
Rick Hartenstein	136
Rocco Mozziotto	114
Steve Fifield	114
Wayne Coury	106
Gene McClain	100
Brian Merchant	92
Mike Bushior	88

### STRICTLY STOCKS

Rob Valerio	340
Chuck Alessio	322
Roger Fujimoto	292
Scott Neleber	270
Herb Carlon	238
Al Leone	216
Vinnie Buonocore	204
Roy Houle	202
Bruce Battles	192
Ken Marques	184
Todd Owen	182
Joe Arena	168
Jay Miller	138
P.J. Pelc	130
Larry Bouchard	126

### PRO 4 MODIFIEDS

Jerry Solomito	128
George Savary	106

Mike Petrizzo	92
Joe LeMay	90
Renee Dupuis	80

## NAPA Championship Series (Thru 4 Events)

### MODIFIEDS

Reggie Ruggiero	72
Chris Kopec	60
Dan Avery	54
Steve Park	44
Brian Schofield	40

### PRO STOCKS

Dave Caruso	66
John Lobo	62
Tom Carey	52
Lou Prior	48
Tom Fearn	44

### LATE MODELS

Gee Perry	68
Gary Fioramanti	64
Ted Chalmers	58
Fred LaForge	48
Paul DePisa	46

### STRICTLY STOCKS

Chuck Alessio	66
Rob Valerio	54
Roy Houle	54
Bruce Battles	44
Roger Fujimoto	38

## Snap-On-Tools Championship Series (After 2 Events)

### MODIFIEDS

Reggie Ruggiero	50
Dan Avery	48
Bruce D'Alessandro	42
Steve Park	32
Chris Kopec	30

### PRO STOCKS

Barry Gray	50
Ed Carroll	44
Sumner Chapman	38
Tom Fearn	28
Eddy Carroll	26

### LATE MODELS

Ted Chalmers	40
Gee Perry	36
Marty Leary	32
Fred LaForge	32
Rocco Mazziotto	30

### STRICTLY STOCKS

Roger Fujimoto	40
Chuck Alessio	34
Allan Sudyka	28
Dave Ellison	26
Larry Bouchard	26



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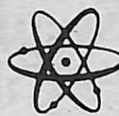
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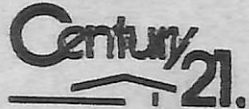
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